



## STATEMENT ON THE NEED FOR AN ETHICAL REVIEW

**[name of the PI]** has requested the JYU Human Sciences Ethics Committee to assess if research *[title of the study]* requires an ethical review and a positive statement from the Committee before the study can be commenced.

According to the Finnish Advisory Board on Research Integrity (TENK), which is an expert body under the Ministry of Education and Culture, the researcher must request an ethical review statement from a human sciences ethics committee, if their research contains any of the following:

1. Participation in the research deviates from the principle of informed consent,
2. the research involves intervening in the physical integrity of research participants,
3. the focus of the research is on minors under the age of 15, without separate consent from a parent or carer or without informing a parent or carer in a way that would enable them to prevent the child's participation in the research,
4. research that exposes participants to exceptionally strong stimuli,
5. research that involves a risk of causing mental harm that exceeds the limits of normal daily life to the research participants or their family members or others closest to them or
6. conducting the research could involve a threat to the safety of participants or researchers or their family members or others closest to them.

The Chair and Secretary of the Ethics Committee have assessed the issue and concluded that this study does not need to be reviewed according to the TENK guidelines. Therefore, an ethical review and statement of the Committee is not needed.

According to the Medical Research Act (984/2021), before any medical research is undertaken, an ethics committee must have given a positive statement on the research plan. Based on the definitions in the Medical Research Act, the JYU Ethics Committee considers that this study does not constitute research within the meaning of the Medical Research Act.

*The document has been electronically signed by*

Professor Janne Avela  
Chair

Dr. Raija Oikari  
Secretary