

CONFLICT RESOLUTION IN EMOTIONAL SITUATIONS – LEARNING FROM CLOSE RELATIONSHIPS

MEASURES

QUESTIONNAIRES

Depression: BDI-II

Beck, A. T., Steer, R. A., & Brown, G. K. (1996) Manual for Beck Depression Inventory-II San Antonio, TX: Psychological Corporation

Anxiety: BAI

Beck A. T., & Steer, R. A. (1993). Manual for the Beck Anxiety San Antonio, TX: Psychological Corporation

Substance abuse: Audit

Bush, K., Kivlahan, D. R., McDonell, M. B., Fihn, S. D., Bradley, K. A., & Ambulatory Care Quality Improvement Project (ACQUIP). (1998). The AUDIT alcohol consumption questions (AUDIT-C): an effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158(16), 1789–1795.

Marital satisfaction: Dyadic adjustment scale (DAS)

Spanier, G. B. (1989). Dyadic adjustment scale. Toronto: Multi-Health Systems.

Conflict resolution styles

Kurdek, L. A. (1994). Conflict resolution styles in gay, lesbian, heterosexual nonparent, and heterosexual parent couples. *Journal of Marriage and the Family* 56(3), 705–722.

Emotional contagion

Doherty, R. W. (1997). The emotional contagion scale: A measure of individual differences. *Journal of nonverbal Behavior*, 21, 131-154.

Inclusion of other in self (IOS)

Aron, A., Aron, E. N., & Smollan, D. (1992). Inclusion of other in the self scale and the structure of interpersonal closeness. *Journal of Personality and Social Psychology*, 63(4), 596.

Empathy: BES-A

Carré, A., Stefaniak, N., d'Ambrosio, F., Bensalah, L., & Besche-Richard, C. (2013). The Basic Empathy Scale in adults (BES-A): factor structure of a revised form. *Psychological Assessment*, 25(3), 679.

Alexithymia: TAS-20

Bagby, R. M., Parker, J. D., & Taylor, G. J. (1994). The twenty-item Toronto Alexithymia Scale—I. Item selection and cross-validation of the factor structure. *Journal of Psychosomatic Research*, 38(1), 23–32.

Measures of attachment styles:

Carver, C. S. (1997). Adult attachment and personality: Converging evidence and a new measure. *Personality and Social Psychology Bulletin*, 23(8), 865–883.

Interoceptive awareness: MAIA-2

Mehling, W. E., Acree, M., Stewart, A., Silas, J., & Jones, A. (2018). The multidimensional assessment of interoceptive awareness, version 2 (MAIA-2). *PloS one*, 13(12), e0208034.

Positive and negative affect scale: PANAS

Watson, D., Clark, L. A., & Tellegen, A. (1988). Development and validation of brief measures of positive and negative affect: the PANAS scales. *Journal of Personality and Social Psychology*, 54(6), 1063.

Therapeutic alliance: Session Rating Scale (SRS)

Duncan, B. L., Miller, S. D., Sparks, J. A., Claud, D. A., Reynolds, L. R., Brown, J., & Johnson, L. D. (2003). The Session Rating Scale: Preliminary psychometric properties of a “working” alliance measure. *Journal of Brief Therapy*, 3(1), 3–12.

Therapy outcome: Outcome Rating Scale (ORS)

Miller, S. D., Duncan, B. L., Brown, J., Sparks, J. A., & Claud, D. A. (2003). The outcome rating scale: A preliminary study on the reliability, validity, and feasibility of a brief visual analog measure. *Journal of Brief Therapy*, 2, 91–100.

Miller, S. D., & Bargmann, S. (2012). The outcome rating scale (ORS) and the session rating scale (SRS). *Integrating Science and Practice*, 2(2), 28–31.

Therapeutic alliance (WAI)

Munder, T., Wilmers, F., Leonhart, R., Linster, H. W., & Barth, J. (2010). Working Alliance Inventory-Short Revised (WAI-SR): psychometric properties in outpatients and inpatients. *Clinical Psychology & Psychotherapy: An International Journal of Theory & Practice*, 17(3), 231–239.

Therapy outcome: CORE-OM

Evans, C., Connell, J., Barkham, M., Margison, F., McGrath, G., Mellor-Clark, J., & Audin, K. (2002). Towards a standardised brief outcome measure: Psychometric properties and utility of the CORE-OM. *British Journal of Psychiatry*, 180(1), 51–60.

Helpful Aspects of Therapy (HAT)

Elliot, R. (2012). Qualitative Methods for Studying Psychotherapy Change Processes. In D. Harper & A. R. Thompson (Eds.), *Qualitative research methods in mental health and psychotherapy: A guide for students and practitioners* (pp. 69–81). Wiley-Blackwell

INTERVIEW PROTOCOLS

Psychiatric disorders: Adult MINI

Sheehan, D. V., Lecrubier, Y., Sheehan, K. H., Amorim, P., Janavs, J., Weiller, E., ... & Dunbar, G. C. (1998). The Mini-International Neuropsychiatric Interview (MINI): the development and validation of a structured diagnostic psychiatric interview for DSM-IV and ICD-10. *Journal of Clinical Psychiatry*, 59(20), 22–33.

Attachment: Adult attachment interview (AAI)

Van IJzendoorn, M. H. (1995). Adult attachment representations, parental responsiveness, and infant attachment: a meta-analysis on the predictive validity of the Adult Attachment Interview. *Psychological Bulletin*, 117(3), 387.