

CALL FOR ABSTRACTS

Football is Medicine Conference 2025: Football is for All, Football is for Life

Start of submissions: 12 June 2024

Deadline for submissions: 30 September 2024 (23.59 EEST)

Start of registrations: 1 October 2024

[Submit your abstract \(click here\)](#)

The Organising and Scientific Committees of the **7th Football is Medicine Conference** invite scholars, students, coaches, practitioners in sport clubs, physical education teachers, physicians, and providers in the sport service chain to submit abstracts that explore the conference's core themes (1) **Football for all across the life span** and (2) **Implementation and impact: Bridging the gap between science and practice**.

The core themes are intended to prompt discussions about the growing evidence showing the potential of football and other team sports in getting people of all ages and abilities to be more physically active in safe and enjoyable ways. This also aims to support healthy ageing and prevent and manage non-communicable diseases. By involving stakeholders ranging from coaches through researchers to representatives of municipalities, discussions will also revolve around opportunities and barriers to translating a large body of research evidence into practical applications.

We welcome presentations on **academic studies** as well as **best practices** related to these main themes, but we also encourage contributions from a wide range of topics and contexts related to football and other team sports. **Early career researchers** are invited to submit abstracts as well. Further, we hope **football practitioners** in different roles across all football formats will share their experiences and good practices.

GUIDELINES FOR ABSTRACT SUBMISSION

Abstracts must be written in English and submitted via the Kongressi online platform.

You need to provide the following details:

- Title
- Contributor names and affiliations
- Preference for an *oral presentation* (10 minutes), *pitch oral presentation* (4 minutes) or *symposium* (approx. 75 minutes). A symposium is a session delivered by 3-6 participants on a certain topic or theme.
- A 200-word (oral / pitch oral) or 400-word (symposium) abstract
- Positioning the abstract along five categories, selecting a maximum of 2 areas per category. If none of these apply, select 'Other'.

1. **Life span** | What stage(s) of life does your paper focus on?

children; youth; adult; senior; other

2. **Approach** | What perspectives and/or design inform your research?

*physiological; psychological; social; cognitive; management;
implementation; intervention; piloting new activities; other*

3. **Objective** | What are the goals of the football activities you are studying?

prevention; treatment; rehabilitation; performance; other

4. **Context** | In what setting does your study take place?

special population; recreational; competitive; elite; other

5. **Type** | Will you present an academic paper or a practical case?

scientific; best practice

If you submit a **scientific abstract**, please follow this structure:

- Background and relevance of the study
- Purpose
- A brief description of the methods used
- A summary of the results obtained
- A discussion / conclusion
- Potential practical implications

If you submit a **best practice abstract**, please structure your text as shown below. Best practice papers highlight and present good practices, new solutions and answers to various themes or questions.

- The context and relevance of the case or project
- Purpose and target group of the case
- A brief description of the case
- Discussion and learning points

If you submit an abstract for a **symposium**, please follow these procedures.

- A symposium is a **lecture room or practical session** organised and delivered by 3-6 researchers or practitioners on a certain topic or theme.
- It is scheduled for approx. 75 minutes. One possible structure of the symposium: The Chair of the symposium introduces the symposium background and theme (15 min), three presenters each have 15 minutes to present, and, in the end, the Chair leads an open discussion (15 min).
- Please submit the entire symposium by preparing a 400-word **overarching abstract** summarising the proposed topic's nature and significance, as well as providing a preliminary structure for the symposium, a brief description of each talk, and name of presenters.
- If you're interested in the symposium, please feel free to contact the conference coordinator (footballismedicine2025@jyu.fi) for more information.

Please note:

The Scientific Committee reserves the right to decide on the presentation type and suitable session for the talk. There will be no opportunity to present remotely/virtually in as the conference is held fully on-site.

To get the abstract published in the abstract book, the participant is required to pay the registration fee and participate in the on-site conference.

[Submit your abstract \(click here\)](#)

The receipt of your abstract submission will be confirmed by e-mail.

Should you have any questions, do not hesitate to contact us.

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