

ACADEMIC PRACTICES @ UNIVERSITY OF JYVÄSKYLÄ

Elisa Heimovaara International Coordinator Faculty of Education and Psychology



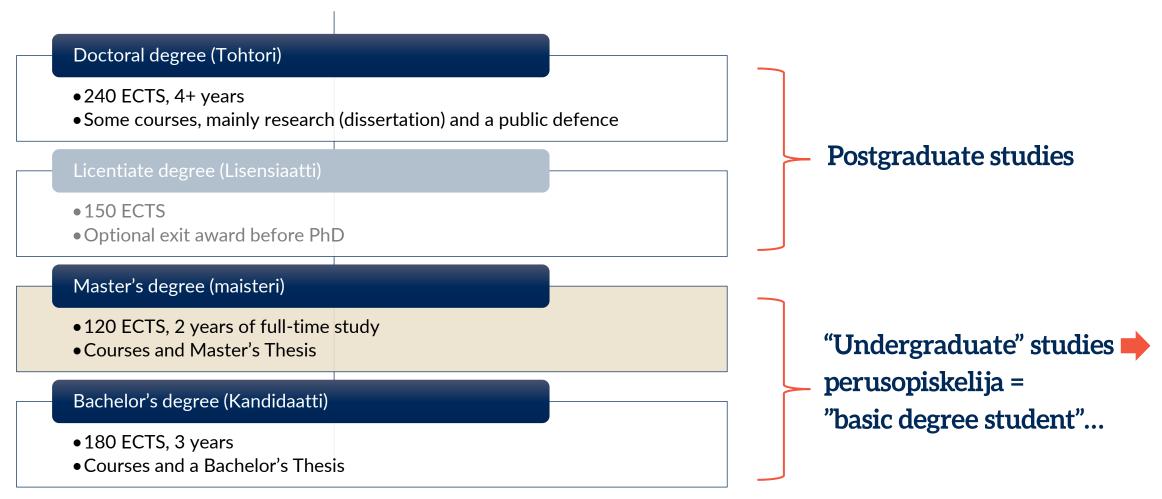
JY. Just add U.

- 1. Basics
- 2. Planning your studies
- 3. Registering for courses
- 4. Modes of study
- 5. Written assignments
- 6. Examinations
- 7. Grades
- 8. Contact with the staff
- 9. Questions



Academic degrees in Finland in a nutshell





Course credits (ECTS)



What is included in a credit?

All the "learning" for the course:

- Contact teaching, e.g. lectures/seminars/demos...
- Group/pair work
- Exams, essays, assignments and the time to prepare
- Any other independent work

For example: a 5 cr course is 135 hrs of work (17 **full 8 hr** working days), including all the work

ECTS = European Credit Transfer and Accumulation System

1 ECTS = 1 JYU credits or opintopiste (op)

= 27 hrs of work

An academic year = 1600 hrs of work

= 60 credits

A semester = 30 credits

Academic calendar



Autumn semester 2025

- I period: 1.8. 26.10.2025
- II period: 27.10. 31.12.2025
 - Christmas break 19.12. 8.1.2025

Spring semester 2026

- III period: 1.1. 15.3.2026
 - teaching starts on 8.1.2026
- IV period: 16.3. 24.5.2026
 - Easter break: 30.3. 6.4.2026
- Summer period: 25.5 31.7.2025 (holiday; very limited teaching)

- JYU is closed on national bank holidays:
 - Finnish Independence Day (6 December)
 - Christmas (24-26 December)
 - New Year's Day (1 January)
 - May Day, "vappu" (1 May)
 - Ascension Day (14 May in 2026)
 - Mid-Summer's Eve, "juhannus" (20 June in 2026)
- July: Finland is "closed" (from Mid-Summer's Eve (juhannus) in late June to early August)



1. Planning your studies

- Sisu?
- Personal Study Plan
- Choosing your courses



Sisu?



- The master study data system
- Both in Finnish and in English; choose your language
- For students:
 - Course descriptions
 - Personal Study Plan through "Structure of Studies" (exchange studies at EDUPSY)
 - Registration for courses (completion methods) and exams
 - Official Transcript of Records and Certificate of Registration
- Keep your e-mail address and other contact information up-to-date!
- Technical problems with SISU → contact SISU support (HelpJYU Service Portal)
- Full instructions: https://www.jyu.fi/en/for-students/instructions-and-masters-students/ instructions

7 29.8.2025 JYU SINCE 1863

Personal study plan in Sisu



- Your plan for the whole stay
- In "Structure of studies" in Sisu
- The overall structure i.e. the outline (and possible compulsory parts) of the Study Plan is already in Sisu. However...
- ... A lot of optionality too...
 - from your own Department and/or Faculty
 - also from other Faculties and the Centre for Multilingual Academic Communication (Movi)
 (check availability and possible restrictions)
 - Consult your home university too
- A tool for you: keep track of which studies are "to do" and which studies have already been completed

3 29.8.2025 JYU SINCE 1863

Choosing a course

- All courses can be found in Sisu (translated in English) but not all courses are open for you! Always check the
 course info and the Completion Methods: is it actually available for you and is it taught in English? Check:
 - Language of learning
 - Subject specific restrictions (e.g. JSBE by level)
 - Level (course code!)
 - Prerequisites?
 - Sometimes teaching is in Finnish but int'l students are allowed to complete the course by independent study in English (alternate year delivery, for example)
- Courses at the Centre for Multilingual Academic Communication (Movi)
 - French? Swedish? Academic writing, courses in intercultural communication and plenty more!
 - https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/studies-at-movi
- Study Guide with all curricula, e.g. Creating Careers (Joint studies)
- Courses available in English listed at:
 - https://www.jyu.fi/en/apply/student-exchange/courses-for-exchange-students
 - An easy access list of courses delivered in English across Faculties
 - Some courses (clearly marked available to "all") are available to students from other faculties

Course codes can guide you



The first 3 digits of the code usually express the host subject (in Finnish), the 4th digit expresses the level of studies:

Example: PSYS1234 = A Master's level Psychology course

Examples of subjects:

- PSY = psykologia (=Psychology)
- TIE = tietotekniikka (= Computer Science)
- XEN = X for Movi, English language

Levels:

- xxxPxxx = Perus = BA/BSc basic (1st year)
- xxxAxxx = Aine = BA/ BSc intermediate (2nd-3rd year)
- xxxSxxx = Syventävä = Master's level (Advanced)
- xxxJxxx = Jatko = Doctoral level
- xxxMxxx = other studies
- xxxOxxx = orientation studies,xxxYxxx = general studies



2. Registering for courses

- Course and completion method
- When to register?



How, where, when, what?



- In Sisu
- A course is designed for a full curriculum period for several years (2024-2028) but teaching schedules are decided annually!
 - You register for a certain **completion method** (of a course) available during that **semester**
- Courses may have more than one completion methods
 - Taught and independent option
 - Different completion methods for different groups (e.g. language courses for different programmes)
- A course may have separate registration for lectures/exams/demos!
- Please cancel your registration if you change your plans!

29.8.2025 JYU SINCE 1863

When to register for courses?



- When your University user license is fully functional and you can access Sisu
- Registration deadlines vary and you may not be able to register yet for courses which start later in the academic year
- Registration period and deadline for a course can be found in the Completion Methods tab of the Course Description in Sisu
- Course registration
 - 1. Include courses in your Study Plan, i.e. Structure of Studies → schedule
 - 2. Register for those courses which you will be timing for that period/semester
- Study Plan is for the **entire** duration of your studies and the course registrations are done as and when the time is to take them!

Separate session on Sisu!

13 29.8.2025 JYU SINCE 1863

Important to Notice



- Possibly overlapping schedules; no ready-made timetables for students
- **Do not miss the first lecture**; all the important information is given there! If not possible, please ask!
- Academic quarter of an hour...14:00 or 14:15?
- Attendance requirements vary; check with the lecturer!
- Class sizes vary (10-400)!
- Teaching methods vary!
- Depending on your Faculty, courses available also online, possibly including small group meetings

29.8.2025 JYU SINCE 1863



3. Modes of study

Vary from Faculty to Faculty, programme to programme and course to course



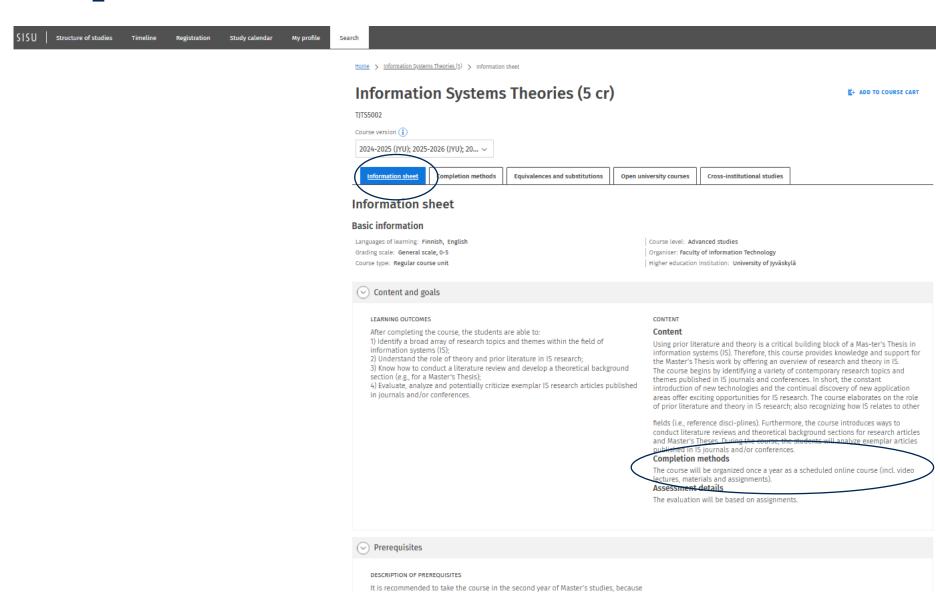
Teaching methods



- Courses can have different completion methods, i.e. how to complete the course (e.g. participating in teaching/independent study)
- Courses may include different teaching methods such as
 - Seminars
 - Demos/labs or practical work
 - Group work, working in pairs
 - Presentations
 - Online teaching/support
 - Lectures
 - Book exams
 - Assignments, essays and reports, learning diaries
- https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/completing-studies

Example of a course outline





the course provides knowledge and support for stu-dents' Master's Thesis work (especially regarding the litera-ture/theory section of a Master's Thesis).

Completion method

completion of all the assignments. Continuous assessment based

on self-reflection, peer and instructor feedback. Specific



My profile Structure of studies Timeline Study calendar Search **Integrated Research Communication** XENX009 | Version: 2020-2021 (JYU); 2021-2022 (JYU); 2022-2023 (JYU) V **Completion methods** Substitutions Information sheet METHOD 1 PART OF THE COMPLETION METHOD Online teaching, For IS/COIN students 16.9.2022-28.4.202 SELECT Small group teaching, DMCC 20.9.2022-10.11.2022 SELECT Small group teaching, EDUMA 5.10.2022-4.5.2023 SELECT Teaching (4–5 cr) Small group teaching, BIF International Master's degree program SELECT 5.10.2022-7.2.2023 Small group teaching 16.11.2022-5.5.2023 SELECT Show more Completion method 1 ASSESSMENT CRITERIA RECURRENCE OF TEACHING Regular attendance, active participation, and successful The teaching is not set to recur



4. Written assignments

- Cultural differences
- Plagiarism
- Al



What to pay attention to?



- Great cultural differences on
 - Structure
 - Style
 - Referencing
 - https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/information-seeking-and-research-data-management/library-tutorial/how-to-cite
- Be aware of your own background and differences in academic culture and writing conventions!
- Submission methods may vary but mainly by Moodle
- Check deadlines

Academic misconduct



Fraud means:

- Cheating (e.g. talking!) on an exam;
- Copying an assignment;
- Giving a fellow student your work to present it as their own;
- Taking an exam for someone else;
- Fabricating measurements or other findings.

Plagiarism means:

- Copying someone else's work either directly or in a modified form (incl. summarizing or translations)
 without properly naming the source!
- It must be clear for the reader at all times which part of the text is borrowed, what is the cited publication/material, and to which section of the publication or material the citation refers to (e.g. page numbers).

REFERENCES!

 Consequences: automatic fail, disciplinary discussion, notifying home university

JYU Code of conduct for academic misconduct...



- Ethical guidelines for studying and the handling of academic misconduct: https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/regulations-and-directives-guiding-studies/dealing-with-academic-misconduct
- Ensure you **know** how to avoid misconduct!
- Plagiarism detection software is in use

Use of AI



University's general guidelines for the use of artificial intelligence (AI) applications (2023): <a href="https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/regulations-and-directives-guiding-studies/using-ai-based-applications-in-studies-jyus-instructions-and-guidelines
and-guidelines

- 1. Using Al-based applications to assist in studies is allowed in principle
 - E.g., for making drafts, structuring topics, understanding concepts or to assist in language and text issues for further work by you!
- 2. The teacher gives final instructions on the use of the AI applications
- 3. Al is not a scientific source!
 - Al is not a scientific source! You must always clearly state if you are using text produced by an Al application. You must always refer to the **original source** according to required reference practices. The use of Al must also be indicated in the bibliography.
- 4. The student is responsible for the content of the text they hand in!
 - Be careful if you use Al. It cannot be used in assignments where linguistic presentation is part of the assessment criteria. Directly quoting the text produced by the language model without using references is plagiarism. The plagiarism detection programmes will detect the use of Al.
- 5. If generative AI have been used in completing assignments/theses, the application and how it was used, must be mentioned
 - assignment can be, e.g., an exam answer, an essay, or a thesis. State the use of AI for the text, its topic or language issues in the introduction. If the description is very long, you can also use a separate attachment to report it.
- 6. Further guidelines from your Faculty/programme!



5. Exams

- Lecture exams
- E-exams
- Book exams
- General exams
- No oral exams (excl. languages)



About exams



- Not all courses have exams; subjects vary a lot
- Retakes are available if you do not pass, or you wish to raise your grade
- After 2 no-shows/failed exams, you must consult the teacher about the possibility to take the exam
- Only a certain number of books are available in the University library; please plan ahead...

Different types of exams

Lecture exams and book exams



Lecture exams (luentotentti)

- A part of the course; for most courses at the end of a course/period
- Dates for exams and re-exams stated in Sisu in the course description
- Registration for Tentti (= exam) in Sisu
- If you cannot attend: discuss with the teacher beforehand!

Book exam (kirjatentti)

- Book exam can be:
 - a) a part of a course with contact teaching or
 - b) the **only mode of studying** of an independent study course, i.e. no lectures, just books to study!
- Can be done in eExam or Moodle, for example

29.8.2025 JYU SINCE 1863

eExam and a general examination



eExam

- An electronic exam that you can take independently in an eExam room
- Some (not all) exams can be taken as eExams
- Locations in Agora and Lähde
- You can choose the time for the exam from the reservation calendar
 - Mon-Fri 8:00-20:00 and even on Saturday till 16:00
- Registration in the eExam system
- E-exam Guide

General exam (yleinen tentti)

- Only used in the Faculty of
 - Information Technology
 - Mathematics and Science
 - Jyväskylä School of Business and Economics
- Organized once a month
- For each general exam date there is a list of exams (courses) you can take that date, registration in Sisu
- https://www.jyu.fi/en/for-students/instructionsfor-bachelors-and-masters-students/completingstudies/general-examinations



6. Grades

Grades within two weeks of submission, results in Sisu

- 1-5 scale
- Re-assessment



Grades



- The full scale 1-5 is used
- Failed or dropped courses do not show on the ToR
- Some courses may be graded Pass/Fail
 - not possible to change the grading scale;
 check whether your home university accepts
 Pass
- Re-assessment has no effect on the final grade,
 i.e. there are no automatic reductions on grades
 due to a resit

| | University of Jyväskylä scale | ECTS grading scale |
|--|----------------------------------|--------------------|
| | 5 (excellent) | Α |
| | 4 (very good) | В |
| | 3 (good) | С |
| | 2 (satisfactory) | D |
| | 1 (sufficient) | E |
| | 0 (fail) | FX, F |
| | | |

About grades



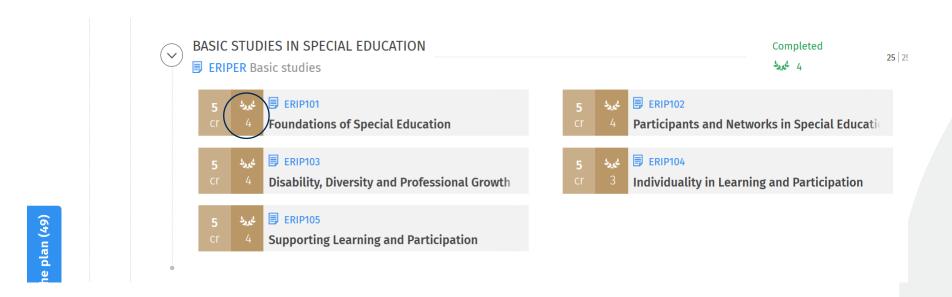
- "Normal distribution" is NOT used, i.e. all students can get a 5, if they do well
- No University level assessment criteria
- **Grades and credits do not have any connection**, i.e. all students will receive the same number of credits for the same amount of work; only the quality work is assessed by different grades
- Students are not usually compared with each other on the basis of their grades
- Students are allowed to improve their grades through reassessment
 - the best grade will prevail

29.8.2025 JYU SINCE 1863

Where to find the results?



- Results are published within 2 weeks of completing an assignment or exam.
- Results will appear in SISU study plan & in the Completed Credits section (My Profile → Completed credits)

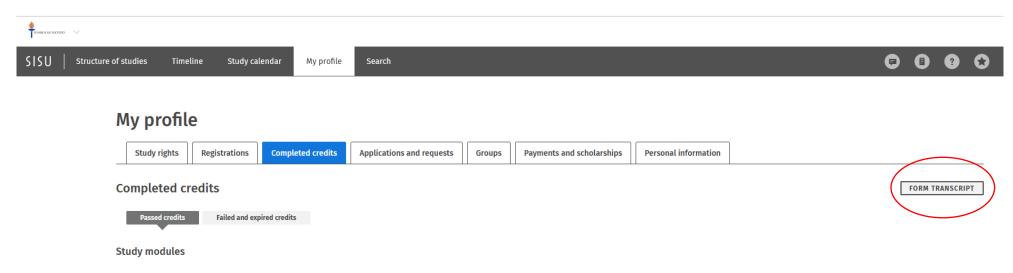


Transcript of records



- Includes all courses you have successfully completed at JYU
- Includes credit values and grades
- Does **not** include courses you have failed or cancelled

You can get a digitally signed, official
 ToR at any time by downloading it
 from Sisu





7. Contact with the staff

- JYU Main page: https://www.jyu.fi/en / Contacts
- Administration through HelpJyu
- Rights and responsibilities
- Please be patient; please do not expect an immediate response



Academic atmosphere



- Low hierarchy: casual but respectful relationship between students and staff
- Students often call their teachers by their (first) names, not by their titles
 - The informal "you=sinä", is generally used instead of the formal address, "You =te"
- You can contact teachers/professors directly
- You can ask for feedback about your performance directly from teacher
- Feedback collected at the end of each course
- Staff often have weekly appointment hours or appointments are agreed by e-mail
- E-mail conduct: be precise (help us to help you!)
 - state the **topic** clearly in the subject field, e.g. mention the code/name of the course or other important details
 - use your **first and last name** as written in Sisu
- Please allow enough time for the staff to answer your e-mails, do not expect an immediate answer
- HelpJYU used by student services (not teachers)

34 29.8.2025 JYU SINCE 1863

Academic freedom and responsibility



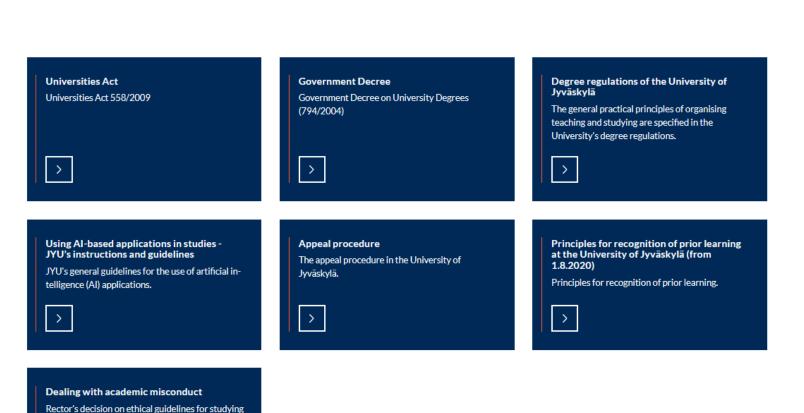
- Freedom and right to think and learn and make choices in your studies...and teaching!
- Flexibility in the system
- Responsibility to plan & organise: be in charge!
- No strict control over students
 - ... but this does not mean that there are no rules!
- Expectation of mature and independent behaviour
- Remember to ask if something seems unclear
- With freedom comes responsibility...

29.8.2025 JYU SINCE 1863

Regulations and directives guiding studies



- Studies are regulated by national legislation and internal JYU decisions
- https://www.jyu.fi/en/forstudents/instructions-for-bachelorsand-masters-students/regulationsand-directives-guiding-studies



29.8.2025 JYU SINCE 1863.

and the handling of academic misconduct at the

University of Jyväskylä (21.8.2023).

Where Can I Find Information? Who Can I Ask?



- Study: https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students
 - all information is readily there
- HelpJyu Service Portal: https://help.jyu.fi/ Tools tab on the University website
 - Administrative matters, such as exam arrangements, fees, certificates...
- Your programme staff, esp. Study Advisor/international coordinator (most of you will meet them on Thursday!)
- Course teachers



- Your peers in your community
 - Tutors, Student Union (Subcommittee for International Affairs), Subject Associations, ESN

37 29.8.2025 JYU SINCE 1863

Goodies at your service!



- There may be bumps on the road: you're not alone!
- The Goodies, i.e. wellbeing advisers, are there for you when you need someone to talk to
 - Trained members of staff to offer support
 - Come with any issue or problem, "big or small"
 - Always confidential
 - Here to find solutions to your situation together or to just "lend an ear"
 - More about the Student Life concept, the Student Compass and Goodies at:
 https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/student-wellbeing
 - Separate session!

29.8.2025 JYU SINCE 1863

Keep informed!



- JYU For students: https://www.jyu.fi/en/for-students
 - All guidance from **new student handbook to graduation**
- JYUsletter all the current news/events/general deadlines etc. Read it!
- Mailing lists for international students/exchange students
- Faculty/Departmental mailing lists for all students
 - Automatic for all degree students, not routinely translated and not all information is relevant to you
- Facebook
 - ESN Jyväskylä...

29.8.2025 JYU SINCE 1863



8. Questions

- Ask!
- Get involved!
- Explore!
- Enjoy!



