



RESEARCH NOTIFICATION – ADOLESCENT AND LEGAL GUARDIAN

The finished research notification and privacy notice are submitted to the JYU Registry Office for information (kirjaamo@jyu.fi)

1. The English version of the Youth Compass program and invitation to participate in research

We ask you/the child in your care to participate in a study called *The Youth Compass in class study*, which investigates the feasibility, acceptability and impact of the English version of the Youth Compass in the classroom.

You are invited to the study because you are studying in an English-speaking class of a comprehensive school that has volunteered to participate in the study.

This research notification describes the study and related participation. The privacy notice provides information on the processing of your personal data.

Taking part in the study requires that the participant (you or the child in your care) is in the 7th–9th grade or in the first year of upper secondary school (approximately 13–17 years old) and is not receiving concurrent psychiatric or psychological treatment.

The study will involve about 200–240 adolescents and approximately 8–10 teachers/school professionals.

This is a single study, and you will not be contacted again later.

2. Voluntariness

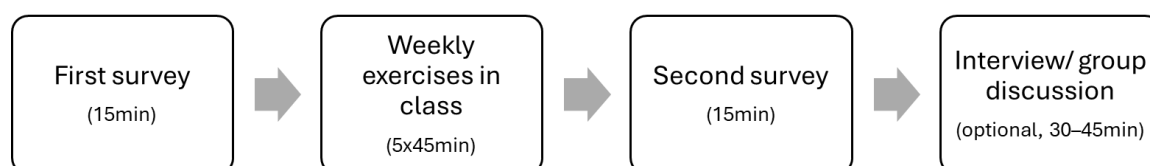
Participation in this study is voluntary. You can refuse to participate in the study, stop participating or cancel your previously given consent, without stating any reason for this and at any time during the study. This will have no negative consequences to you. You will not be put in any unequal situation within your school class irrespective of your willingness or refusal regarding participation in the study.

If you stop participating in the study or if you cancel your consent, the personal data, samples and other information collected on you up to that point will be used as part of the research material as far as it is necessary to ensure relevant research outcomes.

3. Progress of the study

The aim of the Youth Compass program is to teach adolescents well-being skills. A school professional (e.g., teacher, special education teacher, curator, or study counsellor) will administer the Youth Compass online program to the class and you will work independently and in small groups on the program once a week during a 45-minute lesson for five weeks (5 x 45 minutes). You will also fill in surveys (15 min each) before and after the Youth Compass intervention and, possibly, participate in a focus group discussion (30–45 minutes) regarding the Youth Compass program. Maximum six students per class will be able to participate in the group discussion and you will be asked separately if you'd like to participate.

Phases of the study



If you or your guardian does not consent to your participation in the Youth Compass study, you will receive other tasks during the lessons used for the study. The teacher of each class will be responsible for administering the tasks.

4. Possible benefits from the study

You can benefit from the study, e.g. by getting information about your well-being and learn skills to support your well-being. In addition, your participation and feedback are valuable as they benefit science, and you can help us to develop new, feasible, and acceptable solutions to support adolescents.

5. Possible risks, harm, and inconvenience caused by the study as well as preparing for these

Participation in the study is not expected to cause any risks or harm. However, it is possible that some survey questions may cause you discomfort. If you need to talk to someone about the discomfort you may experience, you can always turn to a teacher, counsellor, school psychologist, or nurse.

6. Study-related costs and compensations to the subject as well as research funding

The study is funded by the Research Council of Finland. The adolescents and teachers participating in the study will receive a small reward as a thank-you for their participation.

7. Informing about research results and research outcomes

The study will yield scientific publications, theses as well as conference and seminar presentations. Research results will be provided for you regarding your own results or the study in general.

Research participants cannot be identified from the results or publications.

8. Insurance coverage for research subjects

The University of Jyväskylä has insurance for its activities and research subjects.

In the case of research conducted remotely, the insurance of the University of Jyväskylä compensates only for damage that is directly related to the assigned research task and that has

occurred during the actual guided research task. The insurance does not cover accidents that occur during breaks.

The insurances of the University of Jyväskylä are not valid in the case of research conducted remotely if a research subject's home municipality is not in Finland.

The set of insurance includes a malpractice insurance, an operational liability insurance, and an optional insurance against accidents. During the research activities, the subjects are covered by the insurance for accidents, damages and injuries inflicted by an external cause. The accident insurance is valid during measurements and on trips integrally connected to them.

9. Contact person for further information

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