



RESEARCH NOTIFICATION – SCHOOL PROFESSIONAL

The finished research notification and privacy notice are submitted to the JYU Registry Office for information (kirjaamo@jyu.fi)

1. The English version of the Youth Compass program and invitation to participate in research

We ask you to participate in a study called *The Youth Compass in class study*, which investigates the feasibility, acceptability and impact of the English version of the Youth Compass in the classroom.

You are invited to the study because you are a teacher/school professional in an English-speaking class of a comprehensive school that has volunteered to participate in the study.

This research notification describes the study and related participation. The privacy notice provides information on the processing of your personal data.

Participation in the study requires that you are teaching/working with adolescents in the 7th–9th grade or first year of upper secondary school (approximately adolescents 13–17 years old) and that you are participating in the study with a class/small group of students.

The study will involve about 200–240 students and approximately 8–10 teachers/school professionals.

This is a single study, and you will not be contacted again later.

2. Voluntariness

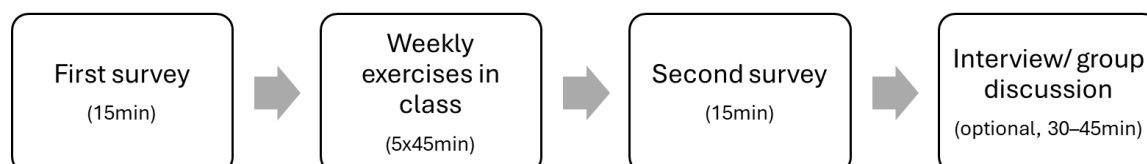
Participation in this study is voluntary. You can refuse to participate in the study, stop participating or cancel your previously given consent, without stating any reason for this and at any time during the study. This will have no negative consequences to you. You will not be put in any unequal situation within your school class irrespective of your willingness or refusal regarding participation in the study.

If you stop participating in the study or if you cancel your consent, the personal data, samples and other information collected on you up to that point will be used as part of the research material as far as it is necessary to ensure relevant research outcomes.

3. Progress of the study

The aim of the Youth Compass program is to teach adolescents well-being skills. You as a school professional will administer the Youth Compass online program to the class and let your class work independently and in small groups on the program once a week during a 45-minute lesson for five weeks (5 x 45 minutes). You will also answer to short surveys before and after the Youth Compass intervention and, possibly, participate in an interview regarding the Youth Compass program.

Phases of the study



If an adolescent (or their legal guardian) does not consent to their participation in the Youth Compass study, you will be asked to give the adolescent other tasks during the lessons used for the study. You will be responsible for administering the tasks.

4. Possible benefits from the study

You can benefit from the study, e.g. by learning skills how you can support adolescent well-being in school. In addition, your participation and feedback are valuable as they benefit science, and you can help us to develop new, feasible, and acceptable solutions to support adolescents.

5. Possible risks, harm, and inconveniences caused by the study as well as preparing for these

Participation in the study is not expected to cause any risks or harm. In case you notice a student experiencing discomfort, we recommend discussing it privately with the student or guide them to contact a counsellor, school psychologist, or nurse.

6. Study-related costs and compensations to the subject as well as research funding

The study is funded by the Research Council of Finland. The students and teachers participating in the study will receive a small reward as a thank-you for their participation.

7. Informing about research results and research outcomes

The study will yield scientific publications, theses as well as conference and seminar presentations. Research results will be provided for you regarding your own results or the study in general.

Research participants cannot be identified from the results or publications.

8. Insurance coverage for research subjects

The University of Jyväskylä has insurance for its activities and research subjects.

In the case of research conducted remotely, the insurance of the University of Jyväskylä compensates only for damage that is directly related to the assigned research task and that has occurred during the actual guided research task. The insurance does not cover accidents that occur during breaks.

The insurances of the University of Jyväskylä are not valid in the case of research conducted remotely if a research subject's home municipality is not in Finland.

The set of insurance includes a malpractice insurance, an operational liability insurance, and an optional insurance against accidents. During the research activities, the subjects are covered by the insurance for accidents, damages and injuries inflicted by an external cause. The accident insurance is valid during measurements and on trips integrally connected to them.

9. Contact person for further information

Professor Noona Kiuru
Principal Investigator
University of Jyväskylä (JYU)
Department of Psychology
P.O. Box 35
40014 University of Jyväskylä
noona.h.kiuru[at]jyu.fi
040 805 4740