

Welcome to the orientation week!



Any questions about Monday's topics?

Guidelines for participants



- **Zoom participants:**
 - Keep camera off and mic muted.
 - Ask questions via the chat.
 - Zoom link can be found on the orientation website
- **Participants in Auditorium C1:**
 - Possibility to ask questions at the end of each session.
 - Raise your hand and a microphone will be given to you.
- The sessions are recorded.



Timetable



- Orientation on 5 & 7 January
 - 6 January is a national holiday; the university is closed and the orientation is paused
- Important information for all new students, be present on campus/Zoom.
- Slides and recordings of the sessions will be uploaded to the orientation programme website within a week
- Faculty infos are held on campus on Wednesday 7 January



Today's programme, 5 January



- Auditorium C1
 - 9:00 – 10:00 Welcome session
 - 10:00 – 10:30 Student Union JYY
 - **10:30 – 10:45 Break**
 - 10:45 – 11:30 Student housing
 - 11:30 – 12:00 Academic practices
 - **12:00 – 13:15 Lunch break**
 - 13:15 – 14:00 SISU & Course registration
 - 14:00 – 14:30 Adapting to a new culture
 - **14:30 – 15:30 Coffee & tea**
- International Office Info Desk and Student Union in the C-building lobby today!



Today's programme, 7 January



- Joint sessions in Auditorium C1
 - 9:00 – 9:30 University chaplain
 - 9:30 – 9:50 Public health care services
 - **10:30 – 10:45 Break**
 - 10:45 – 11:15 MOVI
 - 11:15 – 11:40 uMove
 - **12:00 – 13:15 Lunch break**
- Faculty infos for new students
 - 13:30 ->

Tuesday 10:00 – 11:00 and Thursday 12:00 – 13:00
University Library Lähde, 1st floor, room B154 Kuvasto



Faculty infos

Campus map - <https://navi.jyu.fi/>



- After the lunch break, each faculty will host a **faculty info**. Each info has its own location and time.
 - Faculty of Education and Psychology **14:15–16:00** at RUU D104 Helena
 - School of Business and Economics **13:30–15:30** at Ag B222.1 Gamma (second floor)
 - Faculty of Mathematics and Science **14:15–** at Fys3
 - Faculty of Sport and Health Sciences **13:30–** at L314
 - Faculty of Information Technology **13:30–15:30** at Ag D121.1
 - Faculty of Humanities and Social Sciences (see below)
 - Department of Language and Communication Studies **14:00–16:00** at OPK141
 - Departments of Social Sciences and Philosophy, History and Ethnology, Music, Art and Culture Studies **14:00–16:00** at L207

Welcoming words by Aukusti Heilakka

Chairperson of the Student Union's Board 2026



JYVÄSKYLÄN YLIOPISTO
UNIVERSITY OF JYVÄSKYLÄ

Introductions – International Office staff



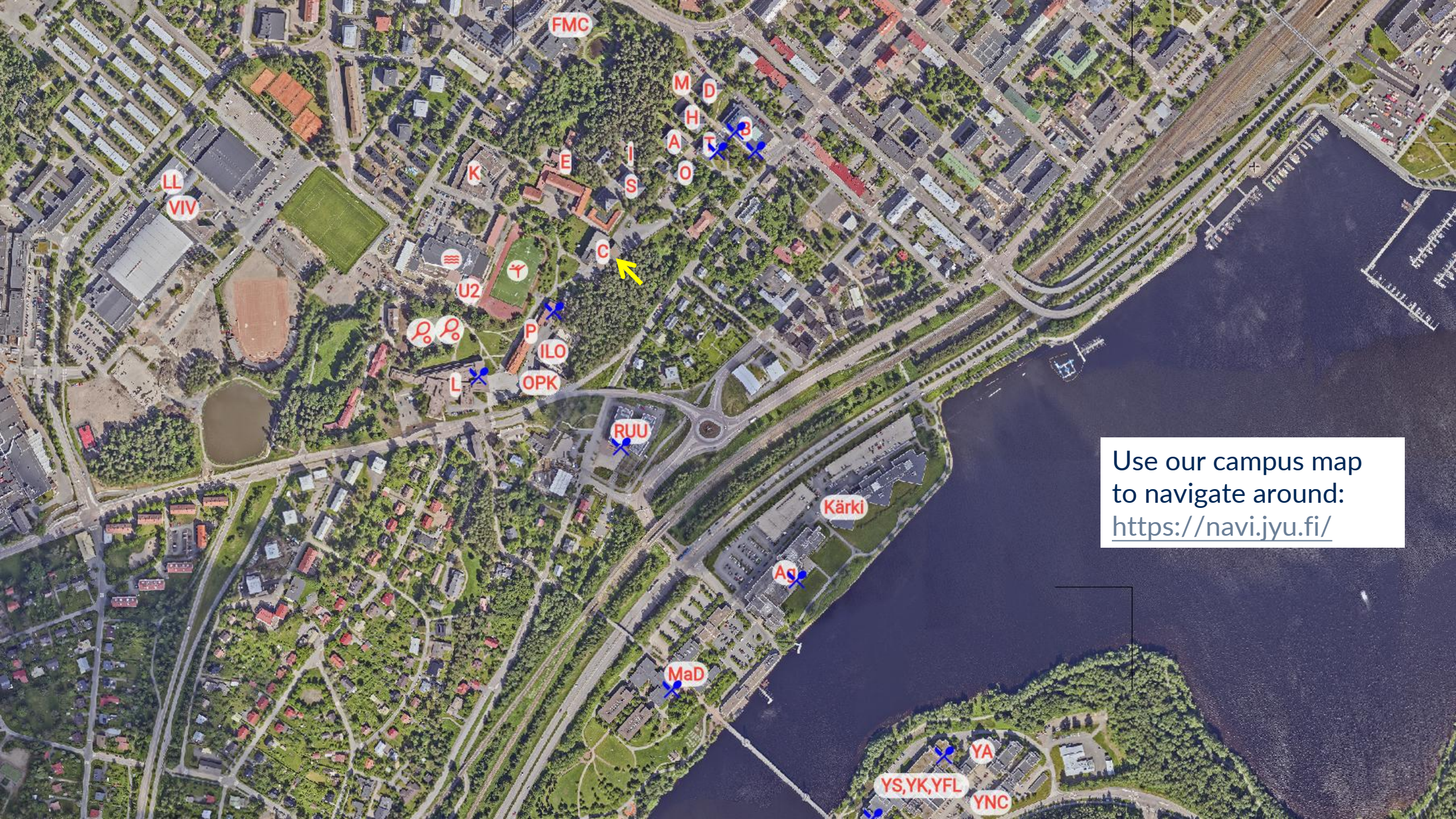
- **Laura Laamanen** International coordinator: ISEP & Nordlys exchanges
- **Tiina Savela** International coordinator: Bilateral & Erasmus+ International Credit Mobility exchanges
- **Riina Hietanen** Trainee at the International Office: support tasks and Info Desk
- **Emilia Lakka** Specialist in International Affairs of the Student Union JYY: Student tutoring, advocacy work
- **Ville Härsilä** International coordinator: Incoming Erasmus+ students, arrival service, student tutoring
- Contact information of the International Office

Go to www.menti.com and use
the code: 4599 6589



Campus areas and the city of Jyväskylä





FMC

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ILO

OPK

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RUU

Kärki

Ag

MaD

YA

YS,YK,YFL

YNC

Use our campus map
to navigate around:
<https://navi.jyu.fi/>

Campus restaurants 1/2



- Piato in Agora
- Maija MaA
- Uno in Ruusupuisto
- Ylistö in building YFL
- Lozzi in building P (main campus)
- Syke in building L (main campus)
- Taide in building B (library)
- Ilokivi in building ILO (main campus)
- Rentukka in Kortepohja Student Village

Menus: Food & Co & Semma & Ilokivi,
also found in MyJYU app



Campus restaurants 2/2



- **Student priced meal for exchange students: 3.10 euros.**
 - meal price includes: one main course, drink (water, juice, milk), bread
 - vegan/vegetarian options always available!
- Tap water (cold) is drinkable in Finland (bring your own reusable bottle to campus)
- **Certificate of student status** (downloaded from SISU) can be used for the first few weeks to get student priced meals, after that:
 - Slice student card (digital or plastic) that can be acquired after becoming a member of the Student Union
 - KELA meal subsidy card that can be collected from the International Office Info Desk

A close-up, shallow depth-of-field photograph of a person's hands writing on a white postcard. The person is wearing a dark green and grey patterned sweater. Their right hand holds a black pen, writing on the postcard which lies on a polished wooden table. Their left hand rests on the table to the right of the postcard. The background is blurred, showing a window with light coming through. The text "Greetings from Jyväskylä!" is printed at the bottom of the image.

Greetings from Jyväskylä!

JYU SINCE 1863.



Practical information

Identification



- All students need to be identified. The identification is necessary to activate your JYU user account and credentials, so that you can register to courses and access university systems and services
- Ways of identification:
 1. Not in Jyväskylä yet: through the Signicat service/manual electronic identification
 2. Already in Jyväskylä: visit Helpdesk of the Digital Services at the Library building Lähde, 3rd floor, room B315, from 10:00 to 14:00. Remember to take your European ID card / passport with you!
- Further info: [Activate your JYU username](#)
- Questions, problems? Contact [Digital Services Helpdesk](#)

Activating your JYU user account



- After successful identification, you will receive a username and a temporary password. Log into <https://account.jyu.fi> (Oma - personal information management system), and do the following:
 - accept IT usage policy
 - **change your password**
 - fill in any missing contact information & add your Finnish address if you already know it
 - **select your default email** (JYU student mail strongly recommended)
 - activate Microsoft Office 365 services (from services page)
 - **save all the changes**
- Remember to save all changes. If you do not change password nor set your default e-mail, you will not get access to JYU digital services and your ser account will be locked in a few days.

Printing quota for new students



- The university pays the student a quota of 5 euros for printing per academic semester.
- **The printing quota is added to your JYU account soon!**
- Printers can be found around campus, and you can log in with your JYU username and password.
- You can buy additional printing quota from the University Printing Services (located in Cygnaeuksenkatu 3, [contact information and exact location here.](#)
- [More information about JYU Printing services.](#)

Registration at the Digital and population data services agency (DVV) - Finnish personal ID code



- According to law, universities must collect Finnish personal identity codes from all students. This applies to all international students regardless of nationality.
- Student can acquire Finnish personal identity code by registering in the population information system at DVV or Migri.
 - DVV organises a pop-up at the C-building on 19.1. and 2.2. for exchange students.
 - Visit the pop-up to get your Finnish personal identity code and have it added to the university systems / submit it via [HelpJYU](#).
- Please note that the personal identity code issued by student's home country is not valid.
- Your address of residence in Finland is also registered in the population information system, meaning that you can start receiving mail. If address is not registered, mail is not delivered to you.

**Discuss with a fellow student
closest to you:**

**What are your goals (academic
and not) for your exchange?**

Where to find answers



New Student Handbook & MyJYU app



- [New student handbook](#) is the quickest way to search and find answers to frequently asked questions
 - includes information about orientation, university services, studying, campus life, etc.
 - make sure to bookmark the website in your browser for easy access
 - keep in mind that instructions for degree students and exchange students can differ
- MyJYU app is designed to make your student life easier with having study calendar, campus restaurant menus, study space reservations, and university news all in one place
- [Download MyJYU app to IOS and Android devices in app stores](#) or use these QR-code:



Student tutors



- Every student has been assigned with a tutor. Each tutor has a tutor group consisting of 4-6 exchange students.
- Exchange tutors are trained degree students of JYU, who will help you settle in a new study and living environment, and share information - don't hesitate to contact them if you have any questions!
- Tutor's main tasks:
 - contacting students via email in advance
 - meeting students on arrival in Jyväskylä and escorting to student apartment
 - advising students and helping with practical issues (course registration, library use, student cafeterias)
 - organizing meetings for the tutor group and facilitating group formation
- In Learning Agreement- and study-related questions, contact your faculty-level international coordinator instead of tutor
- If you have questions about tutoring or encounter any shortcomings, contact intl-tutoring@jyu.fi

Info desks



- **International Office Info Desk**

- Signature of arrival/departure certificates, guidance about student mobility.
- Tuesday 10:00 – 11:00 and Thursday 12:00 – 13:00 University Library Lähde, 1st floor, room [B154 Kuvasto](#)
- Telephone: +358 40 805 4345, Monday-Friday 10:00-15:00 PM

- **Student Service Desk**

- Course registration and SISU matters. Student Services can also enter your Finnish identity code into the study register.
- Thursday 12:00 – 13:00 University Library Lähde, 1st floor, room [B154 Kuvasto](#)
- Telephone: +358 40 805 4345, Monday-Friday 10:00-15:00 PM

- **Digital Services' Help Desk**

- JYU digital services and systems, identification, issues related to user account.
- Service hours: Monday-Friday 10:00 - 14:00 PM, University Library Lähde, 3rd floor, room [B 315](#)
- Telephone: +358 29 441 8030, Monday-Friday 9:00 – 15:00

Contacting us

- When you have a question related to your studies, documents or certificates, or you have problems with course registration, please contact us via [this HelpJYU form](#).
- When you submit the form, it is automatically sent to the right person based on the topic you have selected.
- Make sure not to send confidential or sensitive information in the form.



Student exchange at JYU (1-2 semesters)

Ask about studying at JYU as an exchange student (1-2 semesters)



With this form, you can ask about applying to JYU as an exchange student, about your studies at JYU and about the support services offered to exchange students. This form is for long-term exchange students (1-2 semesters). We have a separate form for short-term mobilities (5-30 days).

Please see further information at: [Student Exchange at JYU](#) and [New Student Handbook](#).

Kindly note that during holiday periods (July and December) our response times are longer. Thank you for your patience!

In order to access more forms and view your previous requests, register or log in. If you log in, some fields will be automatically filled in to make sending the request easier.

* First name

* Phone

* Last name

* Email

Note! Please use an email address that you have access to, as notifications about your request will be sent to this email address. If you can not access your JYU email or do not have one, use your personal email address. Please double check spelling!

* Home university

* Field of study at home university

* Select the topic of your question or request

* Subject of your question or request

* Describe your question or request in detail

When you submit this form, your personal information will be saved onto the HelpJYU service. The information must be saved in order for us to contact you concerning your request. Afterwards you can log in to view your previous requests.

Submit

Add attachments

Questions? Thank you for listening!

