



Dogs on campus as part of the student well-being actions – KnowHau™



JYU Staff week

9.6.2026

Peppi Taalas + Loke
University of Jyväskylä

peppi.taalas@jyu.fi

MOVI

Monikielisen
akateemisen
viestinnän
keskus





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<https://movi.jyu.fi/knowhau>



Care and reading dogs on campus

- Planning started in 2017 and the actual activities in May, 2018
- One way to relieve student stress and promote student wellbeing
- Partners in the activities are:
 - / Movi – The Centre for Multilingual Academic Communication
 - / Student Life – student wellbeing initiative
 - / Student union JYY
 - / Care and reading dogs assessed by the Finnish Kennel Club (voluntary work)
- Dog rooms specially designed for the purpose





The objectives of the KnowHau™ activities

- **Wellbeing**
 - The main objective is to support the wellbeing and academic study skills of our students and help them cope with various hinders on their study paths
- **Sustainability**
 - The network-type of structure is important for maintaining and sustaining the activities
- **Access**
 - In Finland reading dogs typically visit schools and libraries and care dogs in turn visit hospitals, care institutions and the like, young adults do not have access to these types of visits systematically
- **Pedagogical development**
 - research is part of the activities and the focus is developing and understanding what kinds of teaching situations and pedagogies help the students most and advance learning
- **Value base**
 - The fact that this is based on voluntary work is an important message to the students and sets an example

Who are the dogs?

- Care dogs from the region
/ Part of their visiting programme
- Reading dogs from the region
- Kennel Club assessed dogs owned by the uni staff
/ Two training and assessment weekends arranged for staff
/ 16 staff owned dogs at best, now after the pandemic there are about 4



	Tiedot / Facts	Ohjaaja / Instructor
	Max lukukoira / Reading Dog villakoira-schapendoes työhuone / office: MaA104	Anna
	Loke kaverikoira / Care Dog kääpiövillakoira työhuone / office: MaA104 @lokegogo	Peppi
	Svante kaveri- ja lukukoira / Reading and Care Dog keskikokoinen villakoira työhuone / office: MaA104	Peppi
	Nardo kaveri- ja lukukoira / Reading and Care Dog chihuahua työhuone / office: MaA104 Videoesittely: https://youtu.be/13M11YKM1qE	Ulla
	Obi lukukoira / Reading Dog kääpiövillakoira työhuone / office: MaA104	Mara

<https://movi.jyu.fi/fi/kehittamistyö/knowhau/koirat>

Dogs before work starts



Dog rooms



Main campus, building Oppio - Language Lounge



Mattilanniemi – the other campus (no longer in use)





Dogs on campus in four ways

- Drop-in, casual meetings, two times per month, five-six dogs and 2x15 students in 30 minute slots
- Integrated in course work, 2-3 dogs, 12-20 students and the teacher for two hours
- Student Life – group counselling, 2-3 dogs and 6 students and the counsellors
- Student-initiated activities: course integration, participation in different student events



Drop-in



Drop-in



On a course



On a course





Keijo Hämäläinen
@KeijoHamalainen

Tämä pitää kokea itse jotta ymmärtää miksi opiskelijamme @uniofjyvaskyla ovat totaalisen hulluna lukukoiriimme @JYU_Movi. Stressitasot laski alas ja kukaan ei ole koskaan kuunnellut niin intensiivisesti horinoitani. Kiitos @ptaalas #JYUnique



7:02 PM · Oct 21, 2019 · Twitter for iPhone

From a weird initiative to the whole university thing

JYUNITY FEST

@ SEMINAARINMÄKI 4/9/2019



16.00 Maljan nostaminen
> lukuvuodelle ja piknik



16.30-17.30 Kaverikoirat
> päärakennuksella



Staff picnic



TEKSTI JA KUVA VIIVI KOIVISTOINEN

Kaverikoira Loken seurassa hiljainen innostuu ja levoton rauhoituu

Kasvo | 23.04.2019

JYLLKÄRI
JYVÄSKYLÄN YLIOPIPPILASLEHTI



Loken pitää vielä harjoitella itsenäisyyttä.

Uni's annual report



15.5.2018
KOIRAT TULVAT KAMPUKSELLE

Kielikeskus toi luku- ja kaverikoirat kampukselle toukokuussa. Koirat tapasivat vuoden aikana yli 600 opiskelijaa. Kokemukset olivat positiivisia: koirat auttavat stressin hallinnassa, rauhoittavat kiireistä opiskelupäivää ja madaltavat kynnyksiä muiden ihmisten tapaamiseen. Koirat olivat mukana kielikeskuksen kursseilla auttamassa opiskelijoita esiintymiseen ja uuden kielen opettelemiseen liittyvissä tilanteissa.

Experiences so far



- Over a thousand students met since the start in 2018
- Reaction has been overwhelmingly positive
- There is a two month queue to the Drop-in sessions
- Four MA thesis done on the Knowhau activities
- More dogs needed to meet the demand
- More research needed to really understand the impact and effect of the dog presence on student and dog wellbeing
- New forms being developed: exam preparation, study circles, oral presentation practice and so on
- The possibilities are endless



Kiitos! Thank you!

Questions? Comments?