

MUSIC@NNEX

Jyväskylä, 22 - 24 September 2026

PROGRAM

Spoken Presentations

Tuesday Sept 22		
10:00-11:00	Keynote: Prof. Katrina McFerran (Room C1)	
11:00-11:15	Break	
	Room C1	Room C4
11:15-12:15	Session 1A <i>Socio-emotional development</i>	Session 1B <i>Musical emotions - theoretical and psychometric approaches</i>
	Chair: TBA*	Chair: TBA
	Group-based music interventions for social-emotional development and the need for common conceptual and methodological frameworks Alicia Lucendo-Noriega	Are we ready for hypothesis-driven musical chills research? Addressing a weak "derivation chain" Scott Bannister
	Conceptualizing and measuring young people's social-emotional development through music: Scoping review Dana Swarbrick	An empirically derived lexicon of powerful positive music experiences Guoqing Zhu
	The musical bridge: A music-based program for promoting emotion understanding for autistic adolescents Celia Redondo Pedregal	Proper measurement of emotional episodes: Theoretical perspectives and methodological insights Connor Kirts
	From aesthetic experience to empowerment: Rethinking multimodal music education Maria Argyriou	When everyone scores high: Ceiling effects and limited discriminative power in the MMR scale Andela Milošević
12:15-13:15	Lunch	
13:15-14:15	Session 2A <i>Music performance</i>	Session 2B <i>Self-regulation through music</i>
	Chair: TBA	Chair: TBA
	Creative musical improvisation increases emotional alignment and cardiac synchrony in performer-listener dyads: A physiological investigation Ioanna Zioga	Listening to music for sleep: Results from an ESM study Rory Kirk
	Multifactor model of vocal self-expression in music performance Genia Volovikova	Age and music mood regulation: Declines in strategy use but stability in their underlying functions Catherine Tan
	The role of visual imagery in communication between teachers and students during music performance teaching Kexin Qi	Music for crises: Effects of crisis dynamics on coping strategies Niels Chr. Hansen
	Shared understanding in live string quartet Tiannan Ye	Music as a laboratory of time: Emotional dynamics, self regulation, and bodily spiritual integration Lukasz Sawicki
14:15-14:30	Break	
14:30-15:30	Coffee served (Lobby)	Poster session 1, hybrid presentations (Lobby)
15:30-15:45	Break	
15:45-16:45	Session 3A <i>Neurocognitive mechanisms and applications</i>	Session 3B <i>Musical meaning making</i>
	Chair: TBA	Chair: TBA
	Indian music as therapeutic intervention for wellbeing: A perceptual and neuro-cognitive study Medha Basu	From difficult memories to generational experiences: How Finnish adolescents and young adults conceptualise and experience scary music Katariina Henttonen
	Pre-stimulus vibroacoustic stimulation modulates oscillatory brain activity during music listening Nandhini Natarajan	Basslines, bodies, and beehive haircuts: What do people think when they listen to music? Hazel Aileen Van Der Walle
	Music-induced modulation of corticospinal excitability depends on timing relative to the beat Juha Gogulski	Self-reflection in children's musical meaning making: Insights from a qualitative study Caroline Owen
	Are you processing me?!: A neural marker of social bonding in joint movement improvisation Patti Nijhuis	Music graduate students' diaries: A hermeneutic-poetic interpretation of identity, emotion, and relationships Ana Lúcia Louro

16:45-17:00	Break
17:00-18:00	MUSICONNECT Panel: Introducing the conference hosting program - "Music as youth empowerment: Creating connection to self and others" Suvi Saarikallio and MUSICONNECT team
18:00-19:30	Reception and concert (Choir Rumjai) * (Lobby)

Wednesday Sept 23		
09:00-10:00	Keynote: Prof. Hauke Egermann (Room C1)	
10:00-10:15	Break	
	Room C1	Room C4
10:15-11:45	Session 4A <i>Movement, synchrony, and bonding</i> Chair: TBA Dance like you're not alone – The influence of others on individual dance in clubbing context Luca Matsukawa How does music training influence movement synchrony in social bonding processes? Gabriela Sarmiento Bodies in motion: Reflexivity, the fifth E of cognition Douglas Scott Trait empathy facilitates rhythmic entrainment and interpersonal synchrony Jonna Vuoskoski Why do we use music during exercise? Developing the MPAMS for physical activity contexts Andrew Danso Sing together, cooperate together: Daily choral singing as a driver of social and cognitive development Cédric Hubert	Session 4B <i>Music and well-being across the lifespan</i> Chair: TBA The role of music in alleviating later-life loneliness Ceren Ayyildiz Social interaction enhances the pleasurable urge to move to music in people with Parkinson's disease Jan Stupacher Psychological well-being among youth choir singers: The role of age and affective states Jovana Blagojević Impact of music engagement on mental health and quality of life in an Asian context Kat Agres Leisure activities and adolescents' wellbeing: A secondary analysis of German household data (SOEP) Gunter Kreutz Everyday music listening, mental wellbeing, and aural diversity – A survey study Adelaide Beckwith
11:45-12:45	Lunch	
12:45-13:45	Session 5A <i>Music programs and interventions</i> Chair: TBA Developing musical self-regulation in emerging adulthood: A neurodevelopmental framework for digital self-help interventions Tatiana Zbořilová Intercultural music education and cultural flexibility: West Asian traditions among Finnish youth Farshad Sanati Making and breaking connection: Modelling musical agency with the TED Model in restrictive settings Sandra Sinsch Bridging practice and theory: Community music therapy and trauma-informed approaches in work with displaced youth Samuel Gracida	Session 5B <i>Concerts and experiences of connection</i> Chair: TBA Moving together, feeling Connected: How audience movement relates to pro-group thinking at live music events Maren Hochgesand Effects of listener-responsive visuals and bespoke composition on social connection in a Western-classical concert setting Dan Baczowski Attending concerts in-person: Connecting to the audience and artists Margarida Baltazar From absorption to connection: Self and social bonding in live video game music concerts Natalie Miller
13:45-14:00	Break	
14:00-15:00	Coffee served (Lobby)	Poster session 2, in-person presentations (Lobby)
15:00-15:15	Break	
15:15-16:15	Session 6A <i>Social bonding across listening contexts</i> Chair: TBA Solitropic and sociotropic tendencies as predictors for individual and social music listening Alessandro Ansani Music signaling and social bonding as two sides of the same coin Piotr Podlipniak Choral singing and social connection: From embodied synchrony to gregorian chant Serena Allegra Live music fosters collective effervescence and leads to lasting positive outcomes Nicole Koefler	Session 6B <i>Musical skills</i> Chair: TBA Formulating a gifted screening test by integrating musical elements: Aligning expert validation and student experiences Jais Ismail Md Rhythmic skills of Brazilian expert pianists: Developing a complex repertoire of temporal sensorimotor combinations Lina Assumi Abe Manipulating timing but not task difficulty: Investigating the role of hand used and auditory feedback Shannon Wright
16:15-16:30	Break	

16:30-16:45	Youth Band Concert (Lobby)
16:45-18:30	Free time
18:30-24:00	Conference dinner at Viilu Restaurant * (Harbour, Jyväsjärvi lake, Satamakatu 10)

Thursday Sept 24		
10:00-11:00	Keynote: Prof. Elizabeth Margulis (Room C1)	
11:00-11:15	Break	
	Room C1	Room C4
11:15-12:15	Session 8A <i>Music and relationships</i>	Session 8B <i>Identity and connection</i>
	Chair: TBA	Chair: TBA
	Examining communal, focused music listening experiences Amanda Krause	Asafo rhythmic practices and developmental connection: A music psychology approach in Ghanaian music education Ebenezer Flintwoode-Brace
	In tune or out of sync? Music preference similarity in couples and relationship outcomes Julia Vigl	Ageing musical identity and music-supported social attachments: A qualitative study with older adults Heini Siltainsuu
	Reorientation through connection, reflection, and renegotiation of identity: The role of music after a bereavement Elizabeth Fair	What do music students mean by personal expression? Motivation and implications for self-connection and wellbeing Odd Torleiv Furnes
	Music and military uniform: Effects on women's attraction to men Naomi Ziv	Music and membership: Applying the social identity approach to music identities Anthony Moles
12:15-13:15	Lunch	
13:15-14:15	Session 9A <i>Digital, Virtual, and AI Music</i>	Session 9B <i>Everyday life music listening</i>
	Chair: TBA	Chair: TBA
	Online music engagement enables discovering appropriate music for identity construction and social connection in youth Henna-Riikka Peltola	Emotion regulation strategies used while listening to music: MusiConnect to HARMONIC William Randall
	Emotional and listener-specific properties of music interact to influence episodic memory for immersive virtual scenes Safiyah Nawaz	Predicting emotional outcomes in everyday music listening: An evaluation of listener, contextual and listener features Anastasios Mavrolampados
	Human, AI, or both? How composer identity shapes the way we connect with music Petrus Sillanpää	Everyday music listening fosters connectedness in youth Lotta Kourilehto
	"Is this even real?" Discourse and engagement dynamics of AI-generated music across social media platforms Gianmarco Tonelli	Music in everyday life: How daily musical experiences shape mood, emotion, and social feeling Agnieszka Siry
14:15-14:45	Closing remarks	

* Notes	Session chairs: To be announced (TBA).
	Presentations in pink: in-person.
	Presentations in blue: online.
	Reception is included in the conference fee. The dinner requires preregistration. If you have not registered for the dinner and would like to attend, please contact the information desk or find someone who is no longer able to attend.
	Program subject to changes. We keep the version in the website up-to-date.

Posters

Tuesday Sept 22	
Lobby and online	
14:30-15:30	Understanding how people share musical experiences Eun Ji Oh
	Music and wellbeing: Perceptions and experiences of teenage students in a Technology Institute in Brazil Diana Santiago
	Investigating practice diary use and its influence on musicians' self-regulated learning and practice behaviors Peter Weinert
	Dancing the score: How Balanchine's choreography shapes musical perception and performance Giulia Persi
	Negotiating identity and fostering intercultural understanding through culturally diverse musical practices in primary classrooms Ilein Bermúdez Campos
	Voice induced affective empathic processes in the anterior insula Veeda Kala
	Who, where and how in acquiring social-emotional competencies for musical success: Young musicians' perspective Dejana Mutavdžin
	Podcast-mediated musical engagement: An empirical study of audience connection and digital impact in classical music Tea Gorič
	"Hear My Voice": Adolescents' implicit theories of emotional regulation through music listening Anđela Milošević
	Aesthetic music experiences (AMEs): Musical sophistication, self-understanding and orientation in the world Landon Peck
	The effects of synchronous and asynchronous rhythmic interactions on creativity and emotional expression Lanuel Tiran Tishby
	Creative competencies among teachers at primary-level music schools: Declared creativity versus the reality of pedagogical Natalia Trzupek
	Singing before birth: A prenatal music therapy programme to support maternal-foetal connection and early bonding Selena Bricco
	The development and usability of 'YourTUNE', a digital music-based cognitive tool to bridge the diagnostic gap Netchanok Singhey
	Is it just in my head?: Imagining music in childhood Sneha Jain
	Maternal singing enhances interaction quality but not perceived emotional closeness Zehra Karademir
	Music-based mood regulation: Links to emotional responses to the climate crisis Friederike Koehler
	Tango across Generations (TAG): Movement, connection, and wellbeing Patti Nijhuis
	When does music foster prosociality and reduce prejudice? A multi-study project Agnieszka Siry
	Altered attention states during musical engagement: Self versus social experiences Deniz Duman
	Construction of entrainment in a school-wide music lesson in middle school Anne Schürmann

Wednesday Sept 23	
Lobby	
14:00-15:00	The effects of earplug use on music listening in noisy recreational settings: A systematic review Sam Allonby
	Exploring the functions of music in the everyday lives of children: A qualitative study Anne Cabildo
	Cha Cha Cha Mania: Participatory fandom and transnational social bonds beyond Eurovision Renata Lisowski
	How does prior musical training shape emotion cognition in listeners? Medha Basu
	"Perceptual awareness" in the training of instrumentalists and vocalists: Selected aspects Małgorzata Kądziera
	Adaptation of the Absorption in Music Scale (AMS) to Brazilian Portuguese: Preliminary study Maxciel Zortea
	Music-based interventions in post-intergroup conflict settings: A systematic review Gabriela Sarmiento-Cabrera
	What does the Speech-to-Speech Synchronization Test actually measure? Carlos Magallanes-Aranda
	Harmonizing healthcare: Connecting medical and music students through interprofessional experiential learning Nannapat Jeamanukoolkit
	From leisure to labor: Do professional musicians benefit less from active music-making than amateurs? Clarissa Konzett
	Solo or together? How music making context shapes need satisfaction and well-being Laura Wechner
	Personal music listening and emotional regulation amongst US college adolescents Nikhil Rughwani

	Community music and service-learning in higher education: Pilot study in music education pedagogy in Romania Daniel-Alex Milencovici
	Grief schema and the iso principle: Individual differences in music regulation after romantic loss Ling-Yao Chien
	Psychophysiological synchronization between performer and audiences in an acoustic concert Kazuaki Honda
	Can we hear a listener's age in the music they find meaningful? Ibilla Burunat

This conference is hosted by the project MUSICCONNECT, which received funding from the European Research Council (ERC) under the European Union's Horizon Europe research and innovation programme (grant agreement No 101045747) for 2022-2027. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them."



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