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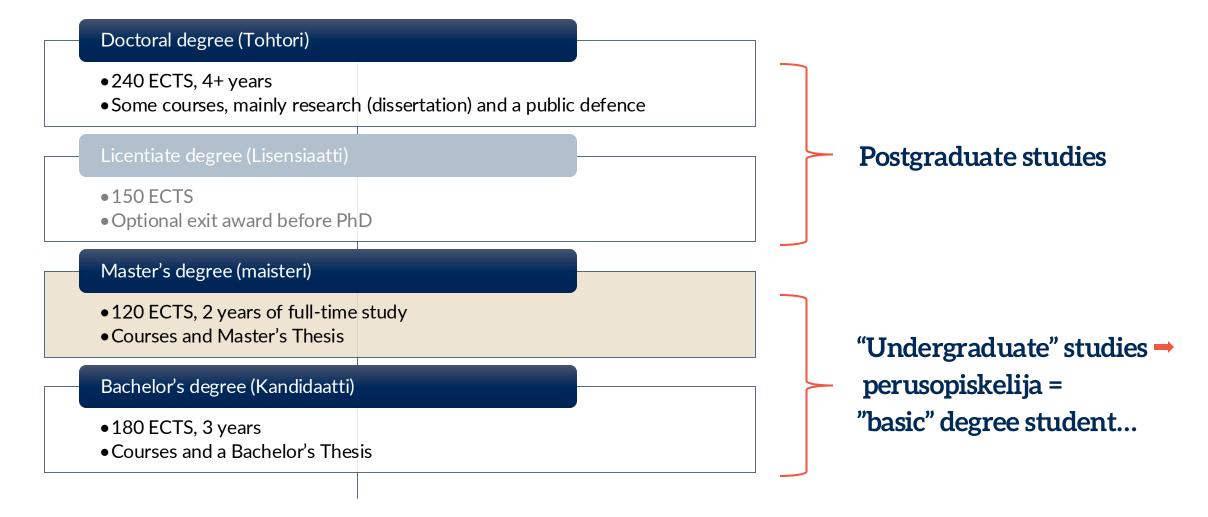
JY. Just add U.

- 1. Basics
- 2. Planning your studies
- 3. Registering for courses
- 4. Modes of study
- 5. Written assignments
- 6. Examinations
- 7. Grades
- 8. Contact with the staff
- 9. Questions



Academic degrees in Finland in a nutshell





Course credits (ECTS) and workload



What is included in a credit?

All the "learning" for the course:

- Contact teaching, e.g. lectures/seminars/demos...
- Group/pair work
- Exams, essays, assignments and the time to prepare
- Any other independent work

For example: a 5 cr course is 135 hrs of work (17 **full 8 hr** working days), including all the work

ECTS = European Credit Transfer and Accumulation System

1 ECTS = 1 JYU credit = opintopiste (op)

= 27 hrs of work

A semester = 30 credits

An academic year = 60 credits

= 1600 hrs of work

Academic calendar



Autumn semester 2025

- I period: 1.8. 26.10.2025
- II period: 27.10. 31.12.2025
 - Christmas break 19.12. 8.1.2025

Spring semester 2026

- III period: 1.1. 15.3.2026
 - teaching starts on 8.1.2025
- IV period: 16.3. 24.5.2026
 - Easter break: 30.3.-6.4.2026
- Summer period: 27.5. 31.7.2026 (holiday; very limited teaching, time for internship!)

- JYU is closed on national bank holidays:
 - Finnish Independence Day (6 December)
 - Christmas (24-26 December)
 - New Year's Day (1 January)
 - May Day, "vappu" (1 May)
 - Ascension Day (14 May in 2026)
 - Mid-Summer's Eve, "juhannus" (Fri 19 June in 2026)
- July: Finland is "closed" (from late June to early August)



1. Planning your studies

- Sisu?
- Personal Study Plan
- Choosing your courses



Sisu?



- (Separate Sisu session)
- The master study data system
- Both in Finnish and in English; choose your language
- For students:
 - Course descriptions
 - Personal Study Plan through "Structure of Studies"
 - Registration for courses (completion methods) and exams
 - Official Transcript of Records and Certificate of Registration
- Keep your e-mail address and other contact information up-to-date!
- Technical problems with SISU → contact SISU support (HelpJYU Service Portal)
- Full instructions: https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/ it-instructions-and-tools-for-students/sisu-instructions

Personal study plan in Sisu



- Your plan for the whole degree in "Structure of studies" in Sisu
- The overall structure of the degree, i.e. the outline and compulsory parts of the Study Plan is already in Sisu. However...
- ... A lot of electives within your major and free optionality too...
 - Electives in your major subject usually from your own Department and/or Faculty
 - Optional courses also from other Faculties and Units, e.g. the Centre for Multilingual Academic
 Communication (Movi)
 - Consider your individual background/interests/career aims etc. when choosing your elective and optional studies
- A tool for you: keep track of which studies are "to do" and which studies have already been completed

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Course codes can guide you



The first 3 digits of the code usually express the host subject (in Finnish), the 4th digit expresses the level of studies:

Example: PSYS1234 = A Master's level Psychology course

Examples of subjects:

- PSY = psykologia (=Psychology)
- TIE = tietotekniikka (= Computer Science)
- XEN = X for Movi, English language

Levels:

- xxxPxxx = Perus = BA/BSc basic (1st year)
- xxxAxxx = Aine = BA/ BSc intermediate (2nd-3rd year)
- xxxSxxx = Syventävä = Master's level (Advanced)
- xxxJxxx = Jatko = Doctoral level

Choosing an optional course



- All courses can be found in Sisu (translated in English) but not all courses are open for you! **Always check** the course info and the **Completion Methods**: is it actually available for you and is it taught in English? Check:
 - Language of learning
 - Subject specific restrictions
 - Level (course code!)
 - Prerequisites?
 - Sometimes teaching is in Finnish but int'l students are allowed to complete the course by independent study in English (alternate year delivery, for example)
- Study Guide: Joint studies curriculum of studies open to all JYU students and Movi (next slide)
- Courses available in English listed at:
 - https://www.jyu.fi/en/apply/student-exchange/courses-for-exchange-students
 - An easy access list of courses delivered in English across Faculties
 - Some courses (clearly marked available to "all") are available to students from other faculties

Joint studies curriculum for all JYU students and Movi



- Joint studies for all JYU students including e.g. Working life studies
 - https://studyguide.jyu.fi/2025/en/degreep
 rogram/yhtop2024/
- Centre for Multilingual Academic
 Communication: start a completely new language or enhance your existing skills!
 - https://www.jyu.fi/en/forstudents/instructions-for-bachelors-andmasters-students/studies-atmovi/communication-and-languagecourse-offerings-at-movi

Structure			
Select all (15+ cr)			
Open Science Center			
Select min. 0 pcs. (0-7 cr)			
LIB1THP Introduction to Information Seeking (1 cr)			
LIB1DATA Introduction to Research Data Management (1 cr)			
LIBEDATA Introduction to Research Data Management (1 cr)			
LIBESIS Systematic Information Seeking (1 cr)			
LIBJ1001 Open Science and Research (1 cr)			
LIBJ2002 Collect, Manage and Publish Information (2 cr)			
University Sports			
Select min. 0 pcs. (0–6 cr)			
YLIY011 Optional Sport Course 2 (2 cr)			
YLIY010 Optional Sport Course (2 cr)			
YLIY012 Sense of Forest – discover your relationship with nature (2 cr)			
Working life studies			
Select min. 0 pcs. (0–36 cr)			
URAP005 Dreams+Inspiration! (3 cr)			
URAA1001 Team&Client Project Course (3–6 cr)			
URAA1003 Ready to start a business? (3 cr)			
URAA009 Employability Enhancing Studies (1–6 cr)			
URAA1011 Demola-project (5–10 cr)			
URAM003 Creating Careers (1 cr)			
URAS001 Narratives of Entrepreneurship (2 cr)			
URAA1006 JA Company Program (1–5 cr)			
Other courses			
Select min. 0 pcs. (0-14 cr)			
JYUM004 International Student Tutoring / International degree programme students (2 cr)			
JYUM005 International Student Tutoring / Exchange and Visiting Students (2 cr)			
IVI IMMOA Childont tutoring 12 cm			



2. Registering for courses

- Course and completion method
- When to register?



How, where, when, what?



- In Sisu
- A course is designed for a full curriculum period for several years (2024-2028) but teaching schedules are decided annually!
 - You register for a certain completion method (of a course) available during that semester
 - Registration may not be open yet for courses delivered during the 2nd period (let alone spring semester)
- Courses may have more than one completion methods
 - Taught and independent option
 - Different completion methods for different groups (e.g. language courses for different programmes)
- A course may have separate registration for lectures/exams/demos!
- Please cancel your registration if you change your plans!

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When to register for courses?



- When your University user license is fully functional and you can access Sisu
- Registration deadlines vary and you may not be able to register yet for courses which start later in the academic year
- Registration period and deadline for a course can be found in the Completion Methods tab of the Course Description in Sisu
- Course registration
 - 1. Include courses in your Study Plan, i.e. Structure of Studies -> schedule
 - 2. Register for those courses which you will be timing for that period/semester
- Study Plan is for the **entire** degree and the course registrations are done as and when the time is to take them!

Separate programme specific sessions on Sisu!

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Important to Notice



- Possibly overlapping schedules; no ready-made timetables for students
- **Do not miss the first lecture**; all the important information is given there! If not possible, please ask!
- Academic quarter of an hour...14:00 or 14:15?
- Attendance requirements vary; check with the lecturer!
- Class sizes vary (10-400)!
- Teaching methods vary!
- Depending on your Faculty, a lot of courses available online, possibly including small group meetings
 - If you have residence permit issues and haven't been able to arrive in JKL, start with online courses!

15 29.8.2025 JYU SINCE 1863



3. Modes of study

Vary from Faculty to Faculty, programme to programme and course to course



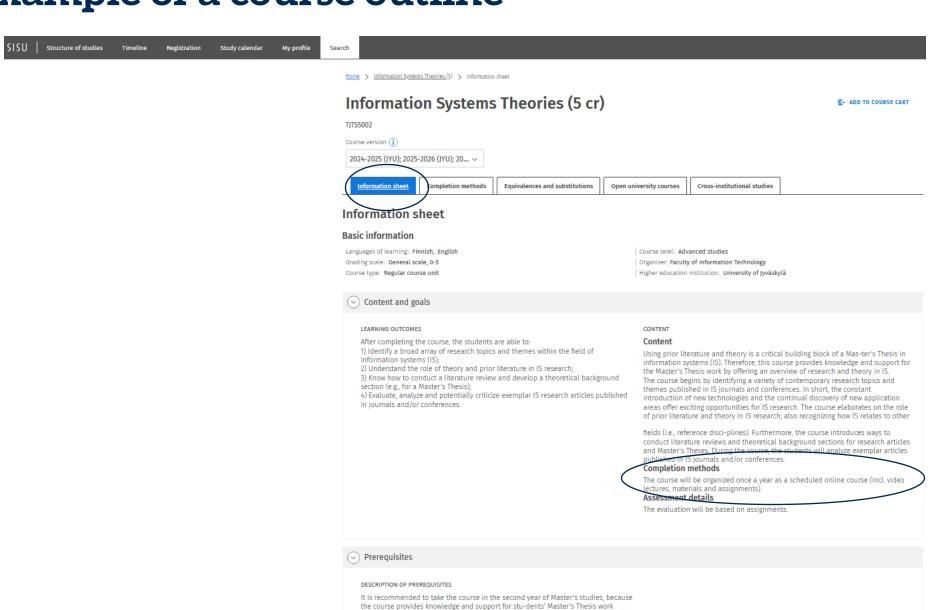
Teaching methods



- Courses can have different completion methods, i.e. how to complete the course (e.g. participating in teaching/independent study)
- Courses may include different teaching methods such as
 - Seminars
 - Demos/labs or practical work
 - Group work, working in pairs
 - Presentations
 - Online teaching/support
 - Lectures
 - Book exams
 - Assignments, essays and reports, learning diaries
- https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/completing-studies

Example of a course outline





(especially regarding the litera-ture/theory section of a Master's Thesis).

Completion method

on self-reflection, peer and instructor feedback. Specific



Structure of studies Timeline Study calendar My profile Search **Integrated Research Communication** XENX009 | Version: 2020-2021 (JYU); 2021-2022 (JYU); 2022-2023 (JYU) > Information shee **Completion methods** Substitutions **METHOD 1** PART OF THE COMPLETION METHOD Online teaching, For IS/COIN students 16.9.2022-28.4.2023 SELECT Small group teaching, DMCC 20.9.2022-10.11.2022 SELECT Small group teaching, EDUMA 5.10.2022-4.5.2023 SELECT Teaching (4-5 cr) Small group teaching, BIF International Master's degree program SELECT 5.10.2022-7.2.2023 Small group teaching 16.11.2022-5.5.2023 SELECT Show more Completion method 1 ASSESSMENT CRITERIA RECURRENCE OF TEACHING Regular attendance, active participation, and successful The teaching is not set to recur completion of all the assignments. Continuous assessment based



4. Written assignments

- Cultural differences
- Plagiarism
- Al



What to pay attention to?



- Great cultural differences on
 - Structure
 - Style
 - Referencing
 - https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/information-seeking-and-research-data-management/library-tutorial/how-to-cite
- Be aware of your own background and differences in academic culture and writing conventions!
- Submission methods may vary but mainly by Moodle
- Check deadlines

Academic misconduct



Fraud means:

- Cheating (e.g. talking!) on an exam;
- Copying an assignment;
- Giving a fellow student your work to present it as their own;
- Taking an exam for someone else;
- Fabricating measurements or other findings.

Plagiarism means:

- Copying someone else's work either directly or in a modified form (incl. summarizing or translations)
 without properly naming the source!
- It must be clear for the reader at all times which part of the text is borrowed, what is the cited publication/material, and to which section of the publication or material the citation refers to (e.g. page numbers).
- REFERENCES!

JYU Code of conduct for academic misconduct...



- Ethical guidelines for studying and the handling of academic misconduct: https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/regulations-and-directives-guiding-studies/dealing-with-academic-misconduct
- Ensure you know how to avoid misconduct!
- Plagiarism detection software is in use

Use of AI



University's general guidelines for the use of artificial intelligence (AI) applications (2023): https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/regulations-and-directives-guiding-studies/using-ai-based-applications-in-studies-jyus-instructions-and-guidelines

- 1. Using Al-based applications to assist in studies is allowed in principle
 - E.g., for making drafts, structuring topics, understanding concepts or to assist in language and text issues for further work by you!
- 2. The teacher gives final instructions on the use of the Al applications
- 3. Al is not a scientific source!
 - Al is not a scientific source! You must always clearly state if you are using text produced by an Al application. You must always refer to the **original source** according to required reference practices. The use of Al must also be indicated in the bibliography.
- 4. The student is responsible for the content of the text they hand in!
 - Be careful if you use Al. It cannot be used in assignments where linguistic presentation is part of the assessment criteria. Directly quoting the text produced by the language model without using references is plagiarism. The plagiarism detection programmes will detect the use of Al.
- 5. If generative AI have been used in completing assignments/theses, the application and how it was used, must be mentioned
 - assignment can be, e.g., an exam answer, an essay, or a thesis. State the use of AI for the text, its topic or language issues in the introduction. If the description is very long, you can also use a separate attachment to report it.
- 6. Further guidelines from your Faculty/programme!



5. Exams

- Lecture exams
- E-exams
- Book exams
- General exams
- No oral exams (excl. languages)



About exams



- Not all courses have exams; subjects vary a lot
- The exam may be just one of the assessment methods during the course or the only assessment
- Retakes are available if
 - you do not pass at first attempt or
 - you wish to raise your grade
- After 2 no-shows/failed exams, you must consult the teacher about the possibility to take the exam
- Only a certain number of books are available in the University library; please plan ahead...
- Different types of exams

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Lecture exams and book exams



Lecture exams (luentotentti)

- A part of the course; for most courses at the end of a course/period
- Dates for exams and re-exams stated in Sisu in the course description
- Registration for Tentti (= exam) in Sisu
- If you cannot attend: discuss with the teacher beforehand!

Book exam (kirjatentti)

- Book exam can be:
 - a) a part of a course with contact teaching or
 - b) the **only mode of studying** of an independent study course, i.e. no lectures, just books to study!
- Can be done in eExam or Moodle, for example

27 29.8.2025 JYU SINCE 1863

eExam and a general examination



eExam

- An electronic exam that you can take independently in an eExam room
- Some (not all) exams can be taken as eExams
- Locations in Agora and Lähde
- You can choose the time for the exam from the reservation calendar
 - Mon-Fri 8:00-20:00 and even on Saturday till 16:00
- Registration in the eExam system
- E-exam Guide

General exam (yleinen tentti)

- Only used in the Faculty of
 - Information Technology
 - Mathematics and Science
 - Jyväskylä School of Business and Economics
- Organized once a month
- Retakes are sometimes organized during "general exams"
- For each general exam date there is a list of exams (courses) you can take that date, registration in Sisu
- https://www.jyu.fi/en/for-students/instructionsfor-bachelors-and-masters-students/completingstudies/general-examinations



6. Grades

Grades within two weeks of submission, results in Sisu

- 1-5 scale
- Re-assessment



Grades



- The full scale 1-5 is used, 3 is literally good
- Failed courses do not show on the ToR
- Some courses may be graded Pass/Fail
- Re-assessment has no effect on the final grade,
 i.e. there are no automatic reductions on grades
 due to a resit

	University of Jyväskylä scale	ECTS grading scale
	5 (excellent)	Α
	4 (very good)	В
(3 (good)	С
	2 (satisfactory)	D
	1 (sufficient)	E
	0 (fail)	FX, F

About grades



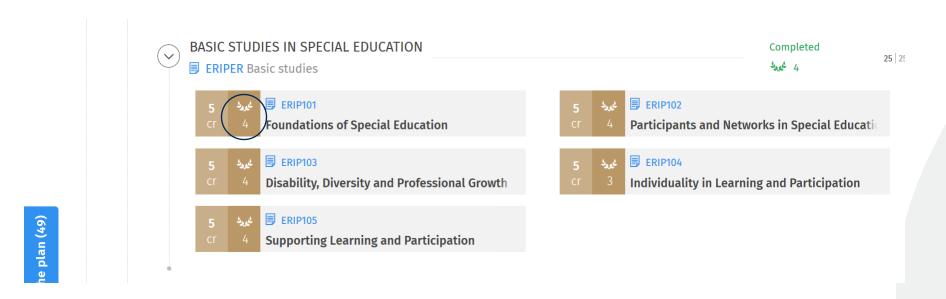
- "Normal distribution" is NOT used, i.e. all students can get a 5, if they do well
- No University level assessment criteria
- **Grades and credits do not have any connection**, i.e. all students will receive the same number of credits for the same amount of work; only the quality work is assessed by different grades
- Students are not compared with each other on the basis of their grades; no "top student" lists or awards
- Students are allowed to improve their grades through reassessment
 - the best grade will prevail

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Where to find the results?



- Results are published within 2 weeks of completing an assignment or exam.
- Results will appear in SISU study plan & in the Completed Credits section (My Profile → Completed credits)



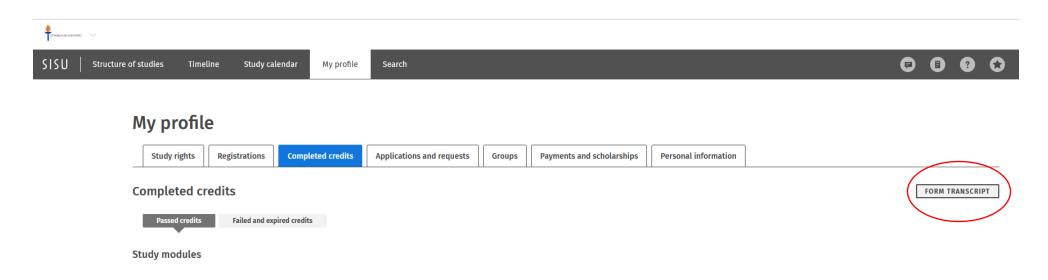
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Transcript of records



- Includes all courses you have successfully completed at JYU
- Includes credit values and grades
- Does **not** include courses you have failed or cancelled

 You can get digitally signed, official ToR at any time by downloading it from Sisu



Graduation and alumni study right



- Graduation is very "low key" compared to many other countries
 - Electronic certificate
 - Graduation dinner, i.e. Publiikki in most faculties (e.g. Faculty of IT: spring following the graduation)
- Alumni study right:
 - For two years after graduation
 - Free of charge
 - Your university user account is valid during the validity of your alumni studies
 - an opportunity to develop and update your knowledge and skills and improve your employment prospects even after graduation
 - Alumni students are not entitled to join the Student Union and pay the Student Union membership fee (not entitled to any student benefits)
 - https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/study-rights/study-right-for-alumni-studies



7. Contact with the staff

- JYU Main page: https://www.jyu.fi/en / Contacts
- All administrative staff through HelpJyu
- Rights and responsibilities
- Please be patient; please do not expect an immediate response



Academic atmosphere



- Low hierarchy: casual but respectful relationship between students and staff
- Students often call their teachers by their (first) names, not by their titles
 - The informal "you=sinä", is generally used instead of the formal address, "You =te"
- You can contact teachers/professors directly
- You can ask for feedback about your performance directly from teacher
- Course feedback from students is collected at the end of each course
- Staff often have weekly appointment hours or appointments are agreed by e-mail
- E-mail/HelpJyu query conduct: be precise (help us to help you!)
 - state the **topic** clearly in the subject field, e.g. mention the code/name of the course or other important details
 - use your first and last name as written in Sisu
 - Use the appropriate HelpJyu form
- Please allow enough time, do not expect an immediate answer

36 29.8.2025 JYU SINCE 1863

Academic freedom and responsibility



- Freedom and right to think and learn and make choices in your studies...and teaching!
- Flexibility in the system
- Responsibility to plan & organise: be in charge!
- No strict control over students
 - ... but this does not mean that there are no rules!
- Expectation of mature and independent behaviour
- Remember to ask if something seems unclear
- With freedom comes responsibility...

7 29.8.2025 JYU SINCE 1863

Regulations and directives guiding studies



- Studies are regulated by national legislation and internal JYU decisions
- RPL
- https://www.jyu.fi/en/forstudents/instructions-for-bachelorsand-masters-students/regulationsand-directives-guiding-studies



Where Can I Find Information? Who Can I Ask?



- Study: https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students
 - all information is readily available online at all times
- HelpJyu Service Portal: https://help.jyu.fi/ Tools tab on the University website
 - Use the appropriate form under Services and guidance
 - Administrative matters, such as exam arrangements, fees, scholarships, certificates...
- Your programme staff, regarding your study plan, esp. Study Advisor
- Course teachers with any questions regarding individual courses



- Your peers in your community
 - Tutors, Student Union (Subcommittee for International Affairs), Subject Associations, IDESCO
 International Degree Student Community of Jyväskylä...

39 29.8.2025 JYU SINCE 1863

Goodies at your service!



- There may be bumps on the road: you're not alone!
- The Goodies, i.e. wellbeing advisers, are there for you when you need someone to talk to
 - Trained members of staff to offer support
 - Come with any issue or problem, "big or small"
 - Always confidential
 - Here to find solutions to your situation together or to just "lend an ear"
 - More about the Student Life concept, the Student Compass and Goodies at:
 https://www.jyu.fi/en/for-students/instructions-for-bachelors-and-masters-students/student-wellbeing
 - Separate session on Student Life!

Keep informed!



- JYU For students: https://www.jyu.fi/en/for-students
 - All guidance from new student handbook to practical training all the way to graduation!
- JYUsletter all the current news/events/general deadlines etc. Read it!
- Mailing lists for international students
- Faculty/Departmental mailing lists for all students
 - Automatic for all degree students, may not be routinely translated and not all information is relevant to you
- Facebook
 - IMDPs
 - IDESCO
 - ESN Jyväskylä...

41 29.8.2025 JYU SINCE 1863



8. Questions

- Ask!
- Get involved!
- Explore!
- Enjoy!



