



JYVÄSKYLÄN YLIOPISTO
UNIVERSITY OF JYVÄSKYLÄ

CAREER SERVICES for **JYU**

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[Career services – University of Jyväskylä \(jyu.fi\)](https://www.jyu.fi/en/career-services)



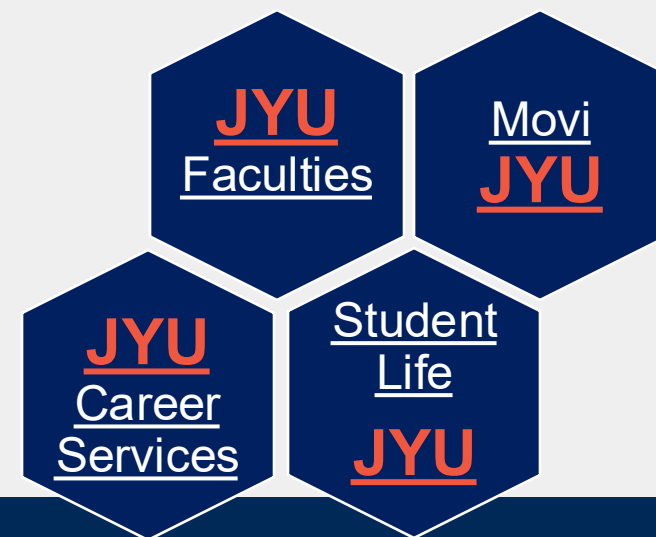
JYU Working Life Path

Developing the working life knowledge, skills, and competencies of the international degree students in JYU

**Prepared for
the future?**

JYU Working Life Path
for building your working life skills,
competencies and networks

1. **Responsible experts with impact** - multidisciplinary studies that respond to the competence needs of today and tomorrow
2. **Recognized skills and competencies** – students as well as employers have an insight on the knowledge, working life skills and competencies students develop during their studies
3. **Working life contacts, knowledge, skills and competencies** - opportunities to build working life contacts during the studies, as well as insight into working life and employment opportunities, and support in finding jobs
4. **Language and communication** – academic communication competence enabling the development of multilingual expertise
5. **JYUnity** - The university community develops the prerequisites for successful studies and students' well-being



JYU Working Life Path for International Students



LEARNING



Knowledge &
skills

COMPETENCE



Working life
contacts, internship,
and project studies

EXPERTISE



Thesis,
research and
development
projects

GRADUATION



EMPLOYMENT

ENTREPRENEURSHIP

CONTINUOUS
LEARNING

Post graduate studies
Lifelong learning



JYU Working Life Path

Developing the working life knowledge, skills, and competencies of the international degree students in JYU

Orientation into your new life at JYU

- Tips on the sources helping you to orient to your new life in the JYU, Jyväskylä and Finland.

Building the base and gaining the knowledge, skills and competencies

- Introduction to JYU working life studies

JYUunique expertise developing and enhancing your expertise

- You can apply the knowledge you have gained during the studies to practice during an internship or project studies.

JYUunity and networks during your studies

- Integrating into the community, both the academic community of JYU and the surrounding society, is not just a necessity but a gateway to personal growth and development.

JYUunique study paths

- Every study path is unique, reflecting your future goals

JYU after graduation – lifelong learning, alumni and doctoral studies

**Prepared for
the future?**

JYU Working Life Path

for building your working life skills,
competencies and networks

Responsible experts with impact

Studies that respond to the competence needs of today and tomorrow



LEARNING



Knowledge &
skills

Students, as well as employers, have an insight into the knowledge, skills, and competencies JYU students develop during their studies

Recognized skills & competencies

- Multipoint guidance – JYU faculties, Career Services, and Student Life
- Working life studies, career courses and lectures across disciplines, and in EduJyväskylä collaboration: [Working life studies](#), [Studies in Entrepreneurship](#), and [EduJyväskylä studies](#)
- Curriculum development in collaboration with JYU faculties
- Employer collaboration in the region and at national and international levels

Pathway to employment

Working life contacts, knowledge, skills and competencies



COMPETENCE



Working life contacts, internship, and project studies

Opportunities to build working life contacts during the studies, as well as insight into working life and employment opportunities, and support in finding jobs

Internship

- You can include a 1 – 3-month internship period in your studies
- JYU Internship Voucher encourages employers to offer internships to JYU international degree students

Study & thesis projects

- Team&Client www.jyu.fi/projectcourse - work in a project team realizing a development project for a real client for 3 months (5 ECTS)
- Project thesis - thesis as a workplace project

JobTeaser recruitment portal

- Career portal for students and graduates – a place to find internships and jobs

JYUnity

prerequisites for successful
studies and career planning



EXPERTISE



Responsible
experts with
impact

In addition to Career Services, faculties and departments have a central role in' developing the working life knowledge, skills, and competencies in JYU

Career Planning

- Career guidance is most effective as a part of the individual study guidance, as study planning is career planning
- Personal Study Plan done at the beginning of studies is the basis and start of the student's career planning in JYU
- Faculties and departments have discipline-specific knowledge, networks, and expert insight on
 - essential skills and competencies in your field of study
 - employment, employers, and employer expectations
 - job descriptions and market
 - career opportunities

CAREER SERVICES for JYU

For students

Career courses,
lectures and
workshops

Jobteaser –
recruitment portal

Career Guidance

Connections to
working life (project
courses, networking
events & employer
collaboration)

Erasmus+, internship
and travel grants

Studies, guidance
and support for
entrepreneurship
(self-employment)

Development,
coordination and
information services

Expert lectures

Curriculum
development

Career courses,
lectures and
workshops

Connections to
working life –
employer &
stakeholder
collaboration

For faculties

For employers

Contacts to
future talents

Recruitment
services

Interns, thesis
and project
course
collaboration

Development
project
collaboration

Career Services for JYU Newsletter



CAREER
SERVICES
FOR JYU.



A monthly Career Services newsletter for all JYU students

[Click here to read an example of a Career Services newsletter!](#)



Yritystehtaan Ideasparrit 27.9.



Dreams+Inspiration (3 op)

Pop-up career guidance for international students |
University of Jyväskylä (jyu.fi)

**POP-UP CAREER GUIDANCE
AND
COUNSELLING SESSION
FOR JYU
INTERNATIONAL STUDENTS**

Monthly at Mattilaniemi campus Agora

Next session
Sep 17th 2025
in Agora

Check details
here



JYU Internship Voucher

- International degree students studying at JYU
- To Internships included in the degree studies
- Only paid internships - 1000 euros/month full-time internship or 500 euros/month part-time (50%) internship. The voucher is paid to the employer after the internship period (max 2000 euros/student).
- Voucher is paid to the employer after the internship
- Detailed information and instructions [JYU Internship Voucher - introduction and criteria](#)



Recruitment portal for JYU!



- Finnish universities collaborate in organizing a joint recruitment service for students, postgraduate students and employers interested in recruiting graduates, offering internship placements, or thesis collaboration
- You can find the job postings and internship advertisements or publish your CV in Jobteaser
 1. Register to the service with your student.jyu.fi email in here
 2. When registering to the service, select in the COURSES section at least one field of studies
 3. Browse through job vacancies and internship opportunities with your search profile or by selecting your search criteria
 4. Questions on JobTeaser contact jari.t.penttila@jyu.fi



Counselling for job-hunt



- Do you know what kind of work you could apply for or how to approach employers?
- You can visit us and discuss with our career specialists the matters that puzzle you most when you are graduating and searching for job opportunities
- For whom? Master's degree or postgraduate students in the graduation phase (no more than twelve months of studies left).
- Contact: Jari Penttilä jari.t.penttila@jyu.fi





CAREER COURSES

Developing your skills, competencies, and ideas in JYU

What are working life studies?
– University of Jyväskylä (jyu.fi)

Career-, Entrepreneurship- and Project Courses in EduJyväskylä collaboration

- Many of the career-, entrepreneurship- and project courses are organized in EduJyväskylä collaboration - [EduJyväskylä online course catalogue](#)
- › JYU students can access the courses organized in our neighboring educational institutes, [Jamk](#) University of Applied Sciences and [Gradia](#), through EduJyväskylä - collaboration and vice versa
- [StartUp Factory](#), an in-house company (owned by the City of JKL, JYU, and JAMK) offers startup and business idea development services and courses
- [K-S Yritysidea](#) provides entrepreneurship workshops and information on self-employment



JYVÄSKYLÄN YLIOPISTON
TYÖELÄMÄPALVELUT

VINKKEJÄ
URALLESI?

-TIPS FOR
YOUR
CAREER

URAM003 Creating Careers (1 op)

- Helps you to understand the mechanisms of modern working life, employment, and job search
- Career study and event platform in Moodle
- About a dozen expert lectures, workshops, or events to choose from
- Enrollment in [Sisu](#)

How to market
your skills and
competencies

CV-
workshop

Mega-trends
in future
Finland

Social
networks
and
networking
in working
life

Hidden jobs
and how to
find them?

Self-
employment
and
entrepreneur-
ship

URAM003 Creating Careers (1 ECTS)



- The course includes
 1. Basic expert and working life lectures and webinars (online materials and lecture recordings available at any time during the course)
 2. Events with specific dates (both online and traditional events) and separate enrolment (not recorded or available after the date)
 3. Workshops (e.g., cv-workshop) with specific dates (both online and traditional classroom workshops) and separate enrolment (not recorded or available after the date)
- The lectures, events, and workshops provide basic information on employment, job search, working life, and work culture in Finland. In the course, students will have an opportunity to improve their job market skills by recognizing personal interests, skills, potential, and networks.
- Completion method: Self-study seven (7) course sessions and final assignment in Moodle.
- Students can select the sessions from the course program according to personal interests.
- More information: anu.m.ojala@jyu.fi

Online course

about Finnish working life
for international students



Akava



**Register
now!**

Start to Finnish online course on Finnish working life 1 ECTS



Would you like to learn about Finnish working life and its practices?

- This online course is designed for students eager to understand the nuances of Finnish working life, such as work culture, practices, and legislation.
- The course platform offers you five learning modules on different aspects of working in Finland
 1. Features of the Finnish society orientation
 2. When Looking for Work
 3. When Starting Work
 4. When Working
 5. When work ends
- More information and enrollment Join Start to Finnish – an online course on Finnish working life

LEARN IN A PROJECT!

Team&Client (5 ECTS)

-multidisciplinary Business Project

In the Team&Client project course, multidisciplinary student teams plan and execute development projects for real clients. Need more info on the course, just ask!

anu.m.ojala@jyu.fi

Students apply to the course as they would apply for a job with a CV and motivation letter. The next application round opens at the end of the autumn semester of 2025. The course starts on February 2026.

CAREER SERVICES | READ MORE: www.jyu.fi/projectcourse

URAA1001 Team&Client (5 ECTS)



The multidisciplinary business project course offers you an opportunity to

- apply and develop your skills and competencies in a business project for a real client
- gain professional work experience
- boost your expertise and learn how to market your skills and competencies
- work and network with business professionals and students from other fields of study
- improve your project management skills

After the course, you will have

- an insight on how you can apply your studies and learn in practice
- a better understanding of the variety of the career choices available to you
- a project certificate and work experience, which you can include in your CV or work portfolio

A woman with long dark hair, wearing a dark crop top and a long, flowing, light-colored skirt, stands in a misty forest. She is surrounded by falling white stars and brown leaves. The background consists of many bare, light-colored tree trunks.

eduJyväskylä®

Dreams+Inspiration! (3 ECTS)

**Would you like to learn
to define your skills better?
What do you dream about?
How to create your own future?**

Course starts 29.10.2025!

Ask more:

JYU: Reija Häkkinen, reija.a.hakkinen@jyu.fi

Gradia: Liisa Marin, liisa.marin@gradia.fi

JAMK: Suvi Salminen, suvi.salminen@jamk.fi

**Suitable for students
in all fields of science!**

Dreams+Inspiration! (3 Ects)



In the course, you will

- Get inspired by employing yourself in a constantly changing working life
- Outline different opportunities for self-employment
- Identify the paths toward your professional dreams
- Get motivated to work responsibly and respectfully with people from different fields and backgrounds.

Dreams + Inspiration! -course builds your inspiration, career, and employment plans. During the course, you will further your professional dreams and get excited about professional opportunities.

Enrollment in SISU: [URAP005 Dreams+Inspiration!](#)

More information reija.a.hakkinen@jyu.fi

ENTREPRENEURSHIP FOR STUDENTS IN JYVÄSKYLÄ

Entrepreneurship paths for
students at University of
Jyväskylä



Growth Entrepreneurship

- StartUp -incubator (Yritystehdas)
- Unifund (JYU)
- Venture Capital -networks
- Business Jyväskylä -services
- Kasvu Open -services
- ELY Centres -services

Support for my business or business idea

- Idea to Business -coaching (Startup Factory)
- Business coaching (Startup Factory)
- Commercialization research results (JYU)
- Keski-Suomen Yritysidea

K-S YRITYSIDEA



Small step entrepreneurship

- JA Junior Achievement -program
- IDEA JKL (JES)
- Discovery Tuesday (JES)
- Product development funding (Startup Factory)
- StartupLab (JYU)



Developing entrepreneurial mindset

- Dreams+Inspirations! -course (EduFutura)
- Spotlight (JES)
- Stage (JES)
- High school entrepreneurship -path (Gradia)
- Basic Studies in Entrepreneurship (JYU)
- Future Factory Projects (JAMK)
- Team&Client -projects (JYU)
- Demola -projects (Startup Factory)
- InnoFlash (JAMK)



A broad array of entrepreneurship studies from different fields and faculties!

GRADIA

jamk



JYVÄSKYLÄN YLIOPISTO

Yritystehdas
The Startup Factory





Vuosi yrittäjänä

**Kokeile yrittäjyyttä JYU:ssa ja
Jamkissa Nuorten yrittäjäyys
ja talous NYT Vuosi Yrittäjänä
-ohjelman kautta!**

Mukaan pääsee läpi lukuvuoden!

JA Company Program

**Try entrepreneurship in
JYU and Jamk through
Junior Achievement
Company Program!**

**You can get into the program
throughout the academic year!**

Kysy lisää/ Ask more:

JYU: Reija Häkkinen, reija.a.hakkinen@jyu.fi

JAMK: Suvi Salminen, suvi.salminen@jamk.fi

edufutura.fi/vuosiyrittajana

URAA1006 JA Company Program



The JA Company Program is a learning program that combines theory and practice, with the goals of developing entrepreneurial skills and attitude. During the program, students set up a JA -company that works alone or in a group with real money, according to their own interests and skills. The program is part of the EduJyväskylä Entrepreneurship studies

JA -companies operate in real markets and offer real products or services to real customers. The course provides an excellent basis for testing your own ideas and skills, creating new types of products/services, and developing the skills needed in business and working life..

- JA Company program is part of [JA Finland - Encouraging young people to find their strengths \(nuortennyt.fi\)](https://www.nuortennyt.fi) and participants can join international JA -final!

Course in Sisu: [URAA1006 JA Company Program](#)

More information reija.a.hakkinen@jyu.fi

Coaching in Yritystehdas – Startup Factory

Idea to Business –coaching (5 ects)

- you will receive effective 10-week coaching for starting a business based on your business idea. This coaching contains a comprehensive package of material related to starting a business, which you can apply in the development of your business idea. Read more: [Idea to business | Yritystehdas](#)

Business Coaching (8 ects)

- Suits for a company whose calculations and basics are in order, and which aims for growth. The 20 most promising companies from JYU and Jamk are accepted for this training every year, and you can come and pitch to the board once a month by filling out the form on Yritystehdas website and asking for a pitching turn; more information: [Business coaching | Yritystehdas](#)



CREATE YOUR OWN WORKING LIFE!

Take a step closer to make your business dream come true in **IDEA TO BUSINESS -course** (5 cr)!



find out whether your idea has business potential



receive support and sparring from the expert coaches



create a concrete plan based on your idea, so you can, for example, apply for a start-up grant

NEXT IDEA TO BUSINESS -COURSE STARTS 25th OF SEPTEMBER!



Read more:
bit.ly/idea-to-business-yritystehdas

VAUHDITA BISNESTÄSI

YRITTÄJÄVALMENNUKSESSA!



Kehitä liiketoimintaasi: saat sinulle räätälöityä, henkilökohtaista valmennusta 12 kk ajan



Nopeuta kasvua: Saat käyttöösi ammattilaisten rakentamia työkaluja ja valmentajan tuen



Kanavat rahoitukseen: Löydä yrityksellesi kanavia rahoitukseen

Yrittäjävalmennukseen on jatkuva haku!

Tutustu valmennukseen:
bit.ly/yrittajavalmennus-yritystehdas



Lisätietoja: mari.suoranta@jyu.fi

DEVELOP YOUR COMPANY

THROUGH BUSINESS COACHING!



Develop your business: You will receive customised, personal coaching for 12 months



Accelerate growth: You will have access to proven tools built by professionals and accelerate the growth of your company



Channels for financing: You will find suitable funding channels for your company

You can apply to Business Coaching continuously!

Explore the coaching:
bit.ly/business-coaching-yritystehdas



More information: mari.suoranta@jyu.fi



JYVÄSKYLÄN YLIOPISTO
UNIVERSITY OF JYVÄSKYLÄ

COLLABORATION AND NETWORKS for **JYU**

Working together to make things work



Co-funded by
the European Union

Have you heard about FORTHEM Alliance?

**FORTHEM Alliance offers a wide
variety of possibilities for
internationalization to students,
researchers and staff members!**

forthem.



University of
Burgundy (France)

University of
Valencia (Spain)

University of
Johannes Gutenberg
Mainz (Germany)

University of
Opole (Poland)

University of
Agder (Norway)

The Lucian Blaga
University of
Sibiu (Romania)

University of
Latvia (Latvia)

University of
Palermo (Italy)

University of
Jyväskylä (Finland)

FORTHEM Alliance



Co-funded by
the European Union

Apply for mobility!
FORTHEM collective and short term mobilities

Study in a virtual platform!
FORTHEM Digital Academy

Apply for an internship in schools or organizations!
FORTHEM Internships

Learn in project work!
FORTHEM Civic Engagement Projects

Develop your working life skills!
FORTHEM Skills and Competences

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Website: forthem-alliance.eu



Facebook: FORTHEM Alliance



Instagram: [forthem_alliance](https://www.instagram.com/forthem_alliance)



LinkedIn: FORTHEM Alliance

Read more:
JYU.FI/FORTHEM



forthem.

Towards better, internationally diverse workplaces



Enhance the functionality, safety and productivity of your workplace through improved interactions

Gain confidence and tools for embracing workplace diversity and boosting the attractiveness of international talent through coaching, training sessions, trials, and informative sessions offered by the KOHTAUTUS project. Together, we'll develop skills, innovate practices, and raise awareness to ensure Central Finland's vitality.

More information
anu.m.ojala@jyu.fi

More about
KOHTAUTUS
project
jamk.fi/kohtautus



KOHTAUTUS Goes Rekry 2025

September 23 & 25, 2025

KOHTAUTUS Goes Rekry 2025 is a two-part event designed to connect international students and jobseekers with employers in **Rekry 2025** recruitment, career, and education fair held at **Jyväskylä Paviljonki**. The event includes a preparatory workshop and guided tours to the **Rekry 2025** recruitment, career, and education fair held at Jyväskylä Paviljonki on **September 25th, 2025**. Both events are free of charge.

Pre-Event Workshop: How to Prepare for a Recruitment Event? (In English)

September 23, 13:00–15:00 Jamk Campus

•**13:00–14:00** | Tips and insights on how to prepare for a recruitment fair and make the most of the experience.

•**14:00–15:00** | *Meet & Ask*: Career specialists and advisors from the University of Jyväskylä, Jamk University of Applied Sciences, and International House Jyväskylä will be available to answer questions and offer guidance on job search, application documents, etc.



KOHTAUTUS Goes Rekry **2025** | [Register/Enroll here!](#)

2. Guided Tours to Rekry 2025 Fair

September 25 at Jyväskylä Paviljonki

Two tours **13:00–14:00** and **14:30–15:30**

Join career advisors from the University of Jyväskylä, Jamk University of Applied Sciences, and International House Jyväskylä for a guided tour of the Rekry 2025 event. This is an excellent opportunity to explore job, career, and education possibilities in Central Finland.

Guided tours are available in English, Russian and Finnish



Career Services for JYU

We support the development of responsible expertise by developing students' working-life competencies, entrepreneurial skills, and working-life cooperation in collaboration with the university community and surrounding society

JYU Career Services Team

Anu Ojala, anu.m.ojala@jyu.fi

**International Students & Employer and Stakeholder
Collaboration**

Reija Häkkinen, reija.a.hakkinen@jyu.fi **Entrepreneurship
and FORTHEM -collaboration**

Jari Penttilä, jari.t.penttila@jyu.fi
JobTeaser and Erasmus+