

PRACTICAL GUIDE FOR INTERNATIONAL VISITORS IN JYVÄSKYLÄ



Information checked on 12th of October 2026 – Always verify schedules before travelling

TABLE OF CONTENTS

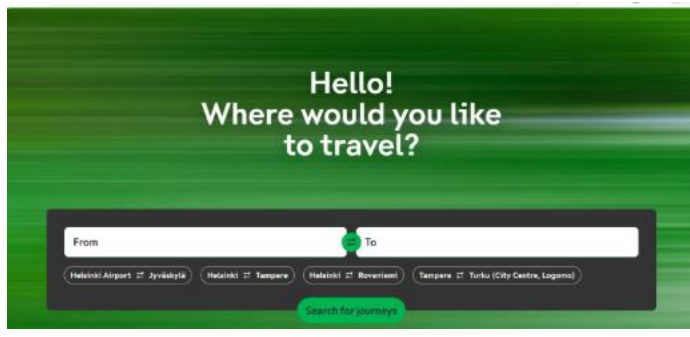
1. Important note on Location
2. Travelling by Train in Finland
3. Arriving in Jyväskylä
4. Getting Around [Insert City] and the Surrounding Area
5. Accommodation Options for Project Partners
6. Workspaces and Study Areas in Jyväskylä
7. Currency and Power Plugs
8. Where to eat and drink well
9. Things to do around the city
10. Key contacts and Assistance
11. Emergency Contacts & Health
12. JYU credentials/logins

1. Important note on location

When planning your travel and booking accommodation, please make sure your destination is Jyväskylä, Finland. Our faculty is located in Alvar Aallon katu 9, Jyväskylä.

2. Traveling by train in Finland

- The Finnish train service is called VR.
- You can buy tickets on their website vr.fi (Finnish/Swedish/English) or download their app called VR Matkalla. You manage without the app, since the bought tickets will be sent to an email address you choose. With the app you can manage your reservation directly from your phone.



Screenshot from the vr.fi-website

How to Use the VR Matkalla App:

[Step 1. Download & Register:](#) Download the app VR Matkalla from the App Store or Google Play and create a free account.

[Step 2. Search & Purchase:](#) Enter your departure and arrival stations and pay securely using credit cards, MobilePay app or a Finnish bank account.

Digital validation is automatic. The tickets are controlled during the trip, and you will be asked to present your ticket from the app or from the link in your reservation verification.

3. Arriving in Jyväskylä

DESTINATION: Jyväskylä main station (trains and buses) is called Jyväskylän matkakeskus. Address is Hannikaisenkatu 20.

Map: Open “Jyväskylän matkakeskus” in Google Maps.

Quick overview:

Starting point	Recommended route	Typical journey	Changes
Jyväskylä Airport (JYV)	Taxi	25 min	0

Helsinki Airport (HEL)	InterCity Train	3,5-4 hours	1-2
---------------------------	-----------------	-------------	-----

From Jyväskylä Airport

Jyväskylä Airport is located on the outskirts of the city, and it is not easy to reach the center of Jyväskylä from there by public transportation. A taxi from the airport to downtown costs about 70–100 euros.

Taxi companies:

Menevä Taxi

JY TAKSI

From Helsinki Airport

Helsinki-Vantaa airport is located in Vantaa, the neighboring city of Helsinki.

Very often there are connecting flights from Helsinki to Jyväskylä. You can check that when booking flights. You can also arrive to Jyväskylä by train or bus. The train is a simpler option.

When traveling by train, the most direct route is to travel from Helsinki Airport to Tikkurila station with a regional train (17 minutes), where you can get to a train to Jyväskylä. You can book the trip at once from vr.fi by selecting Helsinki Airport as your place of departure.

4. Getting Around Jyväskylä and the Surrounding Area

Walking:

The Jyväskylä centrum area is quite compact, so it is easy to walk if you are staying in the city center. However, there are a lot of hills.

Local City Buses/Trams:

For longer trips, use the urban network Linkki. You can access the **route planner** here: <https://jyvaskyla.digitransit.fi/??locale=en&setTime=true>

(You can change the language by clicking the selection icon with three parallel lines in the top right corner.)

The easiest way to buy a **ticket** is via **contactless payment** on the bus. The price is **2,70 €**, when the trip is within a single zone. The whole Jyväskylä urban area belongs to the same zone (A). It is possible to buy the ticket with cash, but the price will be 4 €.

You also purchase a travel card and download a season ticket (60 € for 30 days). If you plan to do over 25 trips during your stay, a monthly card will save you money. It is also possible to download money to the travel card to pay for single tickets. This will not be any cheaper than paying with a debit card. You can purchase the travel card from Linkki customer service center in Forum shopping centre (first floor, address Asemakatu 7).

More information on the public transport website: <https://linkki.jyvaskyla.fi/en/liput-ja-hinnat/ticket-sales-and-top-locations>

Note: Remember to wave to the bus, so the driver knows to stop.

Taxis:

Taxis do not usually cruise around the streets looking for passengers. Find taxi stands outside the main station or call

[Menevä Taxi](#)

[JYTAksi](#)

5. Accommodation Options for Project Partners

Short-Term Stays near Jyväskylä centrum

- **Hotel Alba:** Conveniently located near Ruusupuisto Campus.
Address: Ahlmaninkatu 4, 40100 Jyväskylä
Website: <https://www.hotellialba.fi/>

Long-Term Stays

University apartments

The University of Jyväskylä has a limited number of [guest apartments](#) near

the University campus. The price of the apartments varies from €850–1450 per month. All apartments include furniture, cleaning, and utility bills. The University's guest apartments are very popular, so making an early reservation is recommended.

You can inquire about availability from the International [Staff Services](#)

Forenom

Forenom offers a variety of one to four room apartments in the center of Jyväskylä and the surrounding area. All apartments are completely furnished with kitchen items and linens. Rent includes utilities, internet, and cleaning on arrival/departure. Furnished apartments, hostels, and aparthotels - Forenom accommodation

Kotimaailma

Kotimaailma offers a variety of one to three room apartments in the center of Jyväskylä and the surrounding area. All apartments are completely furnished with a well-equipped kitchen as well as linens, laundry, and bath supplies. Apartments have a clothes washer and a dishwasher. Rent includes utilities, internet, home insurance, and cleaning on arrival/departure. Furnished Apartments - Kotimaailma

Airbnb

You can also check Airbnb. In Jyväskylä, there is no general concern of rents rising because of short-term renting etc., so Airbnb can be recommended as an option. You can contact us if you need help deciding whether a certain neighbourhood or location is suitable for you.

6. Workspaces and Study Areas in Jyväskylä

1. **University's reservable working spaces:** You can reserve spaces yourself in Ruusupuisto campus, with university's guest credentials that when we order you. Your hosts can also reserve you a working space. Address: Alvar Aallon katu 9.

2. **University library Lähde:** Located in Seminaarinmäki Campus. The university library has good opening hours. There are spaces to work with your laptop or

with a university computer or even connect your own laptop to a display and keyboard. The library has an open floor plan, so it is not the quietest during the daytime. There are also quiet study/working spaces. There are a university restaurant and a café in the building. Address: Seminaarinkatu 34.

3. City library: Different working spaces on several floors. There is a cafeteria in the building. Address: Vapaudenkatu 39-41.

7. Currency and Power plugs

Currency: The official currency is the Euro (EUR)].

Card vs. Cash: Credit and debit cards (Visa, Mastercard) are widely accepted in most shops, restaurants, and transport systems. In general, card payment is preferred over cash. It is still not a bad idea to carry a small amount of cash with you.

Tipping: Tipping is not mandatory or necessary in Finland. In some restaurants, the payment terminal might ask you if you want to leave a tip. If you want to tip, 5-10% is sufficient.

Plug Type: Finland uses type F plugs and sockets. Plug types C and e are also compatible with type F socket.

Voltage: The standard voltage is 230 V and the standard frequency is /50 Hz.

8. Where to eat and drink well

Quick Lunch Near Campus: Semma's university restaurant all around the campuses. Affordable and usually offering several options.

Traditional Local Restaurants:

- Pöllöwaari: food from seasonal ingredients.
- Sataman Viilu: restaurant and sauna world.

Coffee & Pastries:

- Valkoinen Puu: delicious cakes. Also serves pizza.
- Bistro Kirkkopuisto a restaurant and a café.

Groceries/Supermarkets: Finland in general has three main supermarket brands: S-market, K-market/K-supermarket and Lidl. All three have a store in the city center. In addition to that, there are smaller stores owned by S-market group called Sale.

S-market and Lidl are cheaper than K-market. K-market on the other hand might sometimes have more specialties.

There are also bigger “hypermarkets” outside the city center called Prisma and Citymarket.

9. Things to do around the city

City sightseeing:

Harju ridge and Vesilinna tower. Harju is a pop of green forest right next to the city centre. Vesilinna observation tower, located on top of Harju, offers a beautiful view over the city. There is also a natural history museum in the building. Free entrance. Address: Ihantolantie 5.

Don't miss Jyväskylä Harbor, which offers beautiful view to the Jyväsjärvi lake.

Outdoor and relaxation:

Kirkkopuisto is a beautiful green park perfect for a walk or relaxing after work.

Rantaraitti street is a paved walking route around Jyväsjärvi.

Tourujoki nature trail and Haukanniemi nature trail offer forest views and a chance to enjoy the Finnish nature.

Going to the sauna and swimming are practically a must in Finland. Almost every home has a sauna, but there are also public saunas in Jyväskylä. The Lampila Sauna World is located near the Laajavuori ski slopes and outdoor area. At Lampila, you can enjoy the sauna and swim year-round. Address: Hikipolku 12, <https://saunalampila.fi/en>

Swimming hall Aalto-Alvari, designed by architect Alvar Aalto, also has a sauna opportunity. Address: Pitkäkatu 2.

Sports and culture:

Ice hockey is one of Finland's most popular sports. Jyp, the pride of Jyväskylä, plays in the SM-liiga, which runs from September well into the spring. You can find tickets to Jyp's games at <https://www.jypliiga.fi/ottelut/>

Pesäpallo (finnish base ball) is Finland's national sport. In Jyväskylä, the Kirittäret play in the women's top division. The season runs from spring to fall. The pesäpallo stadium is located near the university campus. You can find tickets at: <https://www.kirittaret.fi/liput/>

Lutakko is one of Finland's most iconic concert venues. All the top names in the Finnish music scene, as well as some international artists who perform in Finland, play at Lutakko. There are shows held several days a week throughout the year. Check out the concert calendar and buy tickets here: <https://www.jelmu.net/>

Museums and galleries:

Keski-Suomen museo. Alvar Aallon katu 7.

Craft museum of Finland. Kauppakatu 25.

Jyväskylä art museum. Kauppakatu 23.

Architecture:

Seminaarinmäki campus. Unesco World heritage site. Part of Aalto Works world heritage series consisting of works of Alvar Aalto.

The Aalto Works also includes the Säynätsalo town hall and the Muuratsalo experimental house, which are located outside the city center but can be reached by bus."

10. Key contacts and Assistance

Eevi Pulkkinen, research assistant

- Email: eevi.ae.pulkkinen@jyu.fi
- Phone: +358504760646

Elina Vaara, project researcher

- Email: elina.m.vaara@jyu.fi
- Phone: +358504210415

Najat Ouakrim-Soivio, vice professor

- Email: najat.n.ouakrimsoivio@jyu.fi
- Phone: +358505966025

11. Emergency Contacts & Health

General Emergency Number: 112 (Police, Ambulance, Fire).

Nearest Hospital / Urgent Care: Sairaala Nova, Hoitajantie 3.

Pharmacies: Look for the green cross sign. The nearest pharmacy to the campus/centre is Yliopiston apteekki, Kauppakatu 20.

12. JYU credentials/logins

We will order university guest credentials as well as a keycard for our I-Civic guests. With the keys you can access our building and our offices. With the JYU guest credentials you can reserve working spaces for yourself (more below). You will have to get the physical key from Facility services' office and the credentials from Digital services' office. We can assist you with this.