

Orientation programme for International Degree students

Tuesday 25.8.2025

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Guidelines for participants

Zoom:

- Keep camera off and mic muted
- Ask questions via the chat

Participants on campus:

- Possibility to ask questions at the end of the session.
- Raise your hand and a microphone will be given to you.

The session is recorded, the slides and the recording will be shared to the Orientation programme webpage.



Orientation programme's timetable

- Orientation on 25- 29 August
- Important information for all new students, be present on campus or in Zoom for the sessions.
- Slides and recordings of the sessions will be published on the same webpage one week after the orientation at the latest.
- Check your Degree programme's own orientation schedule online:

r.jyu.fi/degree_orientation



Programme today

Auditorium C4

- 9:00-10:00: Welcome and practical info
- 10:00-11:00: City of Jyväskylä and International House Jyväskylä

LUNCH break 11:00-12:30

Auditorium C2

- 12.30-13:15: Student Housing
- 13:15-13.45: Introduction to Finnish society
- 13:45-14:30: Intercultural adaptation and intergroup communication
- 14.30-15.00: Personal Safety

Coffee and tea, C-building lobby, 15:00-16:00



Introductions - International Office staff working with degree students







Elizaveta (Liza) Arzamastseva

Introductions continued - Mentimeter



Where are you coming from?



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How are you feeling this morning?





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Talk with a person sitting near you: what are you expectations for the upcoming semester?

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Learning. Meet new people... Experience new things...

semester?		Learning. Weet new people Experience new things	Looking forward to it. Hoping to learn as much as I can
Holiday	SURVIVE	easy holiday	and excel
Learning with fun and friends	Learning new things	Fun, new discoveries, and more networking.	Learning interesting things and also making new friends
Good knowledge, meet new people, and make new	Courses	I am hoping that it won't be too busy and tiresome 🔐	Exploring new horizons
experiences	Started	overalls!	To catch up with my studies and explore around Jyvaskyla
Learning new things; great moments	Learning & meeting new people.	Hee hee, No one is there to talk. Well, Want to study well,	New friends and new life
Any thing comes is good	Excited to learn new things.	enjoy Finland and to learn about Finnish culture. and also want to get to know people from different countries	Create memorable moments with new friends
I'm hoping to learn new things and integrate well.	Learning, experiences and meeting new people	Learn, have fun, explore!	Start a new journey
Studying	Fun, energy, confident	To learn, meet new people and experience another part of the world	Learning new things and meet new people
Learning, meeting new people and get used to the culture and weather	Learn Finnish, learn knowledge specific to our degrees, get to know others & Jyväskylä	Leaening	Settle in well, make new friends and learn a lot about myself
What aremost looking forward to this semester? Have studied subjects before?	learning new things and meeting mew people	Feeling comfortable to study the masters programme in a new country, finding community, settle in	Really excited for the new beginnings at JYU. Will make new friends that will make my survival quite easier and I
	Learn more about my degree program, make new friends (Finnish and foreign!), and explore outside of Jyväskylä	Make new friends and establish a strong community in	can explore the city with them. Also I can get more close to nature here.
Learn new things and get to know and meet new people of other cultures.	make new friends	Jyväskylä. Create a feeling of home here 💗 📽 🤤 🤲 🏫	To try new things and grow in many different aspects:) also be cold

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Welcome to JYU!



JYU in a nutshell

- Almost 15 000 students
- 2 800 staff (teaching and research staff 1700)
- 6 faculties
- 20 English-taught Master's Degree Programmes, two of which Erasmus Mundus Joint Masters
 - First English-taught Bachelor's Degree Programme in Business Innovation and Sustainability starting this year!
- About 150 degree programmes on Bachelor, Master and PhD levels
- Wide selection of courses offered in English
- International Summer and Winter Schools

The University of Jyväskylä has origins in the first Finnishspeaking teacher training college founded in 1863.



City of Jyväskylä – The best place to study

- The seventh largest city in Finland, over 147 000 inhabitants
 - The population with an immigrant background increases from year to year
- Student city, "Athens of Finland" with a long tradition of higher education
 - More than one in three residents holds a higher education degree (37,7%)
- Big enough, yet small enough
 - Cyclable city, everything is near
- Wide range of activities for all interests
 - "The Capital of Sport in Finland"
 - Large variety of cultural activities
- Beautiful nature on your doorstep
 - Lakes, forests and hills within a walking distance of the city centre









Seminaarinmäki



Mattilanniemi



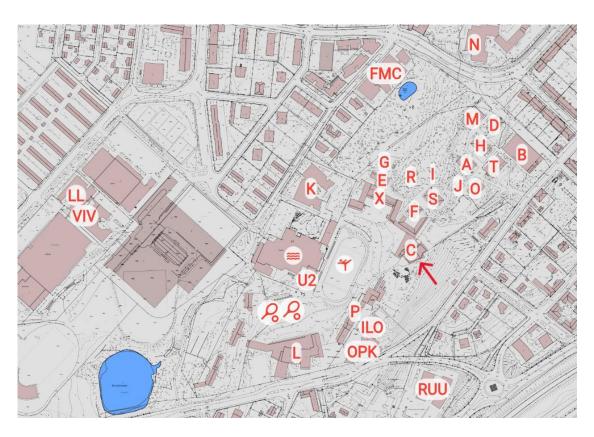
Ylistö

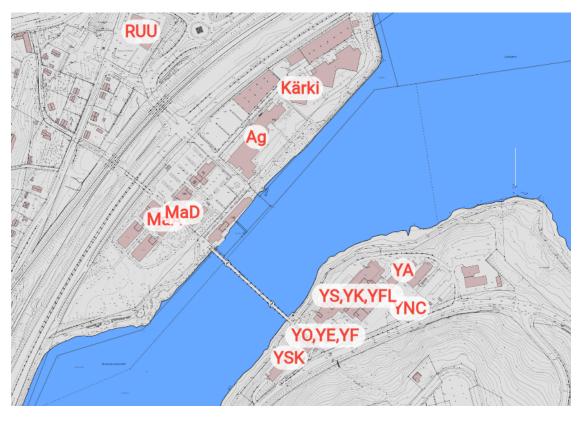
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Three campus areas: Seminaarinmäki, Mattilanniemi, and Ylistönrinne



https://navi.jyu.fi/ or check myJYU app





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Multidisciplinary university Our six faculties and Movi

- Faculty of Education and Psychology
- Faculty of Humanities and Social Sciences
- Faculty of Information Technology
- Faculty of Mathematics and Science
- Faculty of Sport and Health Sciences (the only one of its kind in Finland)
- Jyväskylä University School of Business and Economics
- + Centre for Multilingual Academic Communication (Movi), providing language & communication courses free of charge!





JYU is a member of **FORTHEM Alliance**, a European University Network of 9 institutions

- → FORTHEM for students:
- Wide range of short and long term mobility opportunities
- Internship opportunities in schools, language centres, NGO's, businesses...
- Online platform for shared courses
- Funding and training for civic engagement projects
- FORTHEM Buddy Programme and other networking opportunities























Practical Information





Identification and SISU



Identification of students



All students of JYU need to be identified to receive their university credentials.

Ways of identification:

- 1. Through Finnish online banking credentials at the OMA-service
- 2. Through the Signicat service
- 3. If none of above works follow the instructions for the manual remote identification
- 4. **Recommended if already in Jyväskylä:** visit the <u>Service Desk of the Digital Services</u> at the Library building Lähde, 3rd floor, room B315, from 10 to 14.

Further info: Activate your JYU username

Questions or issues with identification? Contact the Service Desk of the Digital Services

University credentials



Before starting to use your username and password, log into https://account.jyu.fi oma - personal information management system, and complete the following steps:

- change your password
- fill in any missing contact information
- select your default email (JYU student mail strongly recommended, required by some JYU services)
- write your Finnish address
- save all the changes

If you do not change your password and set student email as your default, you will not have access to JYU digital services and the user account will be locked!

Questions or issues with your JYU user account? Contact Service Desk of the Digital Services

Sisu and registration to courses



- With the JYU user credentials, you can log into different university services, such as the course registration system SISU.
- Your faculty or degree programme will guide you through the course registration and study plan creation
 process (remember to check your own programme's orientation schedule to find out when!). You can also ask
 for help from your tutor.
- Instructions online
 - Quick guide to course registration | University of Jyväskylä (jyu.fi)

Technical problems with the Sisu system? Contact Sisu support team



Student card



Student card

- As members of the Student Union JYY, you can purchase/download a student card:
 - Functions as your proof of student-status in Finland
 - Entitles to a wide range of benefits and services, such as discounts on trains, long distance buses, and student priced lunches at student restaurants. More information on JYY's website.



How to get a student card?



- The new student card operator is Slice
- Slice student card is free-of-charge and digital-only. Slice student card can be activated:
 - Go to slice.fi/jyy and fill out the open fields with personal information and add a profile picture
 - "Email address which is known at your education institution" can be checked from Sisu > my profile > personal information > email
 - After filling out the information, you receive an email with login credentials within a few hours activating the account takes some time, so please be patient!
 - You can now download Slice.fi –app from app store and login with the credentials
 - → Please note that you should have completed the identification and paid the JYY membership fee before downloading the card!
- If you want a physical student card, they should contact JYY's member services secretary petro.pitkanen@jyy.fi

No student card yet?

- Download Certificate of student status from our course registration system Sisu
 - Discounts in campus restaurants before your student card is ready
 - Works until first weeks of September

Instructions – How to download a Certificate of

student status from Sisu







MyJYU app & Student restaurants



MyJYU app

- Download MyJYU app to make your student life easier | University of Jyväskylä
- Check your course calendar, built-in campus map, campus restaurant menus, available study spaces, and plenty more from one app

Available from: iOS AppStore / Android PlayStore



Campus restaurants

- Lozzi in building P (Seminäärinmäki campus)
- Ilokivi in building ILO (Seminäärinmäki campus)
- Syke in building L (Seminäärinmäki campus)
- Taide and Wicked Rabbit in building B (Lähde library)
- Uno in Ruusupuisto (Seminäärinmäki campus)
- Piato in Agora (Mattilanniemi campus)
- Ylistö in building YFL (Ylistörinne campus)

Menus: Food & Co & Semma & Ilokivi or MyJYU app / JYU website



Other student restaurants

Campus cafés



- Katriina near KOAS buildings on Kauppakatu
- Fiilu close to KOAS buildings near the Travel
 Center
- Rentukka in the Kortepohja Student Village

- Belvedere (C building)
- Tiede (B Lähde library)

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Who to ask?









Instructions for students

Instructions for Bachelor's and Master's Students

Instructions for bachelor's and master's students including exchange students.

Instructions for continuous learning

Find instructions and guidance on Open University studies, separate studies, and alumni

Instructions for Doctoral Students

Instructions for new doctoral students, instructions related to studies, doctoral dissertation, supervision, study councelling and graduating as a

First, check jyu.fi

Most likely, the answer is already there :)

Instructions for Bachelor's and Master's Students | University of Jyväskylä

New student handbook | University of Jyväskylä

Information for students liable to pay tuition fees | University of Jyväskylä

+ Minerva Chatbot

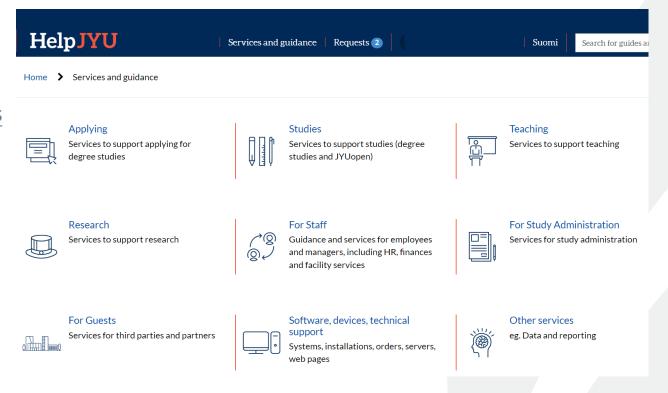
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HelpJYU Service Portal



JYU uses a service portal called HelpJYU, where you can get guidance for any studies or technical-related matters:

- Service Catalog Jyväskylän yliopisto (jyu.fi)
- HelpJYU form for international degree students



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Digital Services Desk

Get help and advice on using IT services and systems, and problems regarding user account.

Open on **Mon - Fri** from **10:00** a.m. **to 14:00** p.m.

University Library Lähde, 3rd floor, <u>B 315</u> Tel. +358 29 441 8030

Service Desk of the Digital Services



Student Service Desk & International Office Info Desk

Service hours on **Tue 10.00-11.00** a.m. and **Thu 12.00-13.00** p.m. University Library Lähde, 1st floor, room B154 Kuvasto

Student Service Desk

Advice and guidance on all matters related to your studies, e.g. registration, and SISU matters. They can also enter your Finnish identity code into the study register.

Tel. +358 29 441 8080, Mon-Fri 12.00-15.00 p.m.

International Office Info Desk

Guidance for navigating and settling in Finland, international matters. Tel. +358 40 805 4345



Tutoring

- If there are any shortcomings or questions about tutoring:
 - o contact **Emilia Lakka**, Specialist in International Affairs of JYY at Emilia.Lakka@jyy.fi
 - Information session about the Student Union on Wednesday 27 August afternoon





Reminders



New Student's Evening & Opening of the Academic Year



- The Opening of the Academic Year is part of the University's academic traditions.
- During the New Students' Evening on 2 September, the university warmly welcomes all new students to the
 academic community.
- On 3 September, the academic year will be officially declared open with traditional opening festivities, including musical performances.
- The Opening of the Academic Year includes a series of events organized by the Student Union JYY at the Ilokivi Venue.
- Registration DL: Thursday 28.8 at 9.00 a.m.!
- Opening of the Academic Year 2025–2026 | University of Jyväskylä

Join the UniBuddy community for new International Degree Students



- You are welcome to join the <u>New JYU students 2025 Community in UniBuddy</u> for students studying in international bachelor's and master's degree programmes at JYU.
- In this group you can ask for advice, look for a flat mate or participants for your research project or find some relevant info about life in Finland as an international student.
- There are three groups:
 - Study at JYU
 - Life in Jyväskylä
 - New International Students: Find company for lunch, sports, travel and other activities. Please make sure to join each channel separately.
- The UniBuddy Community for new students is open until the end of September 2025, after which you will be able to join the JYU International Student Community.
- We share useful information in the Updates channel.









