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Faculty of English

Investigating speech rhythm and utterance fluency from a multilingual perspective: insights from production studies on L1 Polish – L2 English – L3 Norwegian learners

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Roadmap

- ADIM project introduction
 - Study on speech rhythm
 - Study on fluency
 - Pedagogical implications
 - LnNor Corpus
 - Podcast: When languages meet
-



ADIM (GRIEG-1) project

- **Funding:** Norway grants
- **Title:** Across-domain investigations in multilingualism: Modeling L3 acquisition in diverse settings (ADIM)
- **ID nr:** DEC-2019/34/H/HS2/00495
- **Period:** Dec 2021- April 2024 (28 months)
- **PI:** Magdalena Wrembel, Marit Westergaard





Polish-Norwegian project collaboration



UiT The Arctic University of Norway



Project logo and website





Project scope

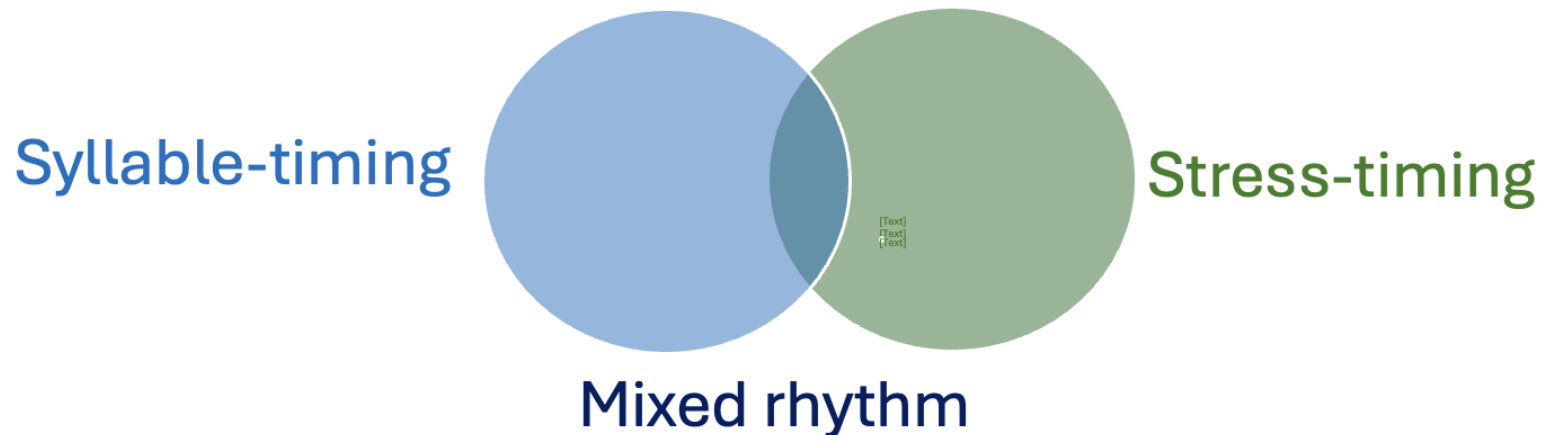
- **Multilingual** perspective: Acquisition of an additional foreign language (L3)
 - after having learned two languages (L1, L2)
- Acquisition **across different language domains**
 - Phonetics/phonology, syntax, semantics, sociophonetics
 - General patterns vs. language-specific
- **Different settings** and stages of acquisition
 - Naturalistic vs. formal instructed setting
 - Initial vs. more advanced stages
- **A range of methodologies**
 - Offline and online tasks



Study 1: Speech rhythm

Speech rhythm

- Classification of languages into rhythmic classes (Pike 1945)
- Rhythm is a perceptual phenomenon (Allen 1975)
- Based on a number of phonological elements (Dauer 1983)





Bilingual speech rhythm

- Identifying differences between native and non-native languages
 - Vowel-based differences (Algethami & Hellmuth 2023)
 - Slower speech rate (Ordin & Polyanskaya 2015)
 - Tempo normalized metrics are better (Ordin & Polyanskaya 2015)



Multilingual speech rhythm

- Establishing sources of cross-linguistic influence in L3
- Gabriel et al. (2015) and Gut (2010)
 - A limited number of participants with different language repertoires
 - Difficult to draw conclusions
 - CLI attested in rhythmic patterns
 - proficiency level – a major influencing factor



Study aims

- To investigate rhythmic patterns in the entire linguistic repertoire of L1 Polish/ L2 English/L3 Norwegian multilinguals
- To analyse cross-linguistic influence (CLI):
 - In the foreign languages L2/L3
 - L1 drift
- Speech mode: text reading

Participants

- L1 Polish, L2 English, L3 Norwegian (N=26)
- 23 F, 2 M and 1 non-disclosed gender
- Mean age 21.16 years old ($SD = 2.18$)
- Students of Norwegian studies at a Polish university

Language	Type of instruction	Age of onset	Level of proficiency
L1 Polish	native acquisition	at birth	native
L2 English	formal	7.88	B1 to C1
L3 Norwegian	formal	19.64	A1 to B1

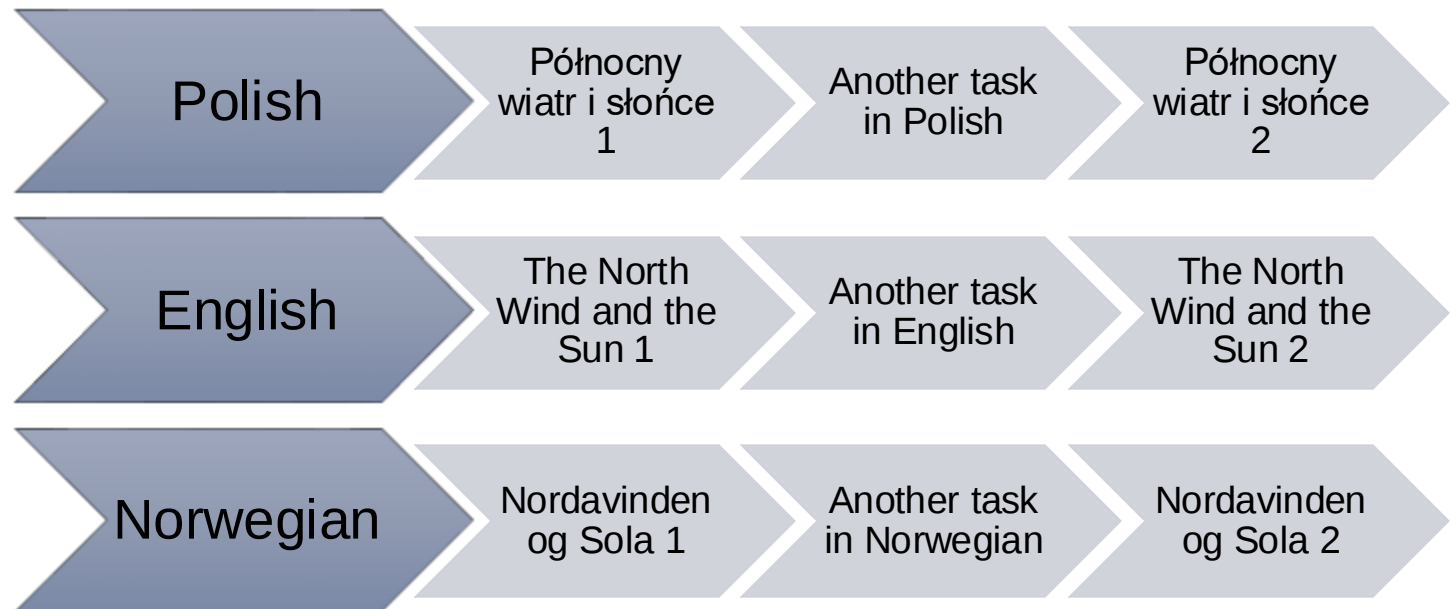


Control groups

- Polish control group
 - L1 Polish (L2 English speakers), N=22
- English control group
 - L1 English speakers (with minimal foreign language exposure), N=18
- Norwegian control group
 - L1 Norwegian (L2 English speakers), N=18

Procedure

- Language blocks: Reading 1, Another task, Reading 2



- Equipment: Shure SM-35 unidirectional cardioid head-worn condenser microphone and a Marantz PMD620 recording device, sampling frequency of 16kHz



Procedure

- Language History Questionnaire (LHQ) (Li et al., 2013)
- Standardized placement tests in English and Norwegian



Procedure: Data

- Reading task
 - Extracted from the second reading
 - Excerpts of 20sec from the beginning of the text



Procedure: Extraction

- Forced alignment by means of BAS WebService (Kisler et al. 2017)
- Manual correction by two trained phoneticians
- Filled and unfilled pauses, hesitations and false starts annotated and excluded from the rhythm analysis
- Duration data extracted by means of PRAAT scripts (Lennes 2002)



Research questions

- RQ1 : Are there differences in speech rhythm patterns produced by multilinguals when compared to controls for each language?
- RQ2: What are the sources and manifestations of cross-linguistic influence in L3 Norwegian?
- RQ3: What are the sources and manifestations of cross-linguistic influence in L2 English?
- RQ4: Do the speakers experience L1 drift?

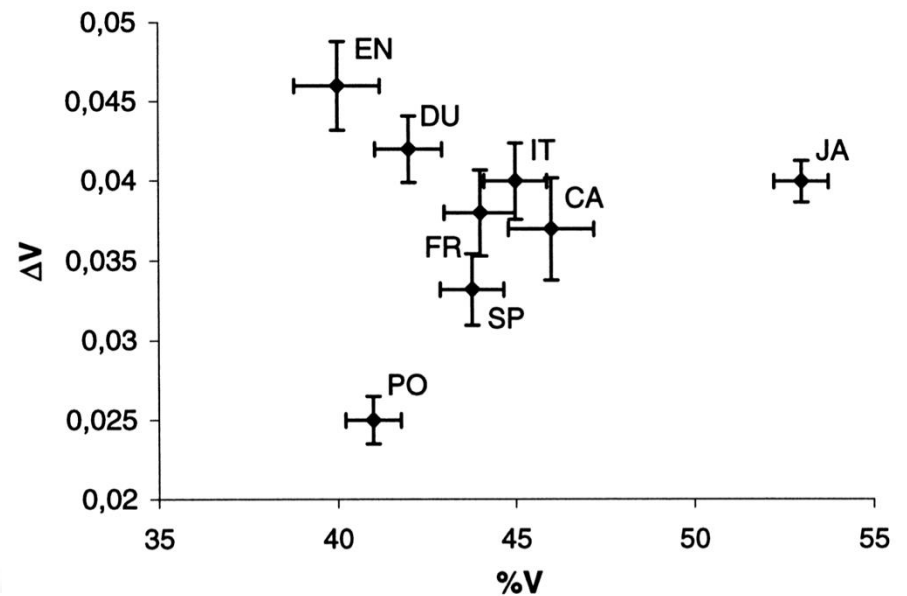
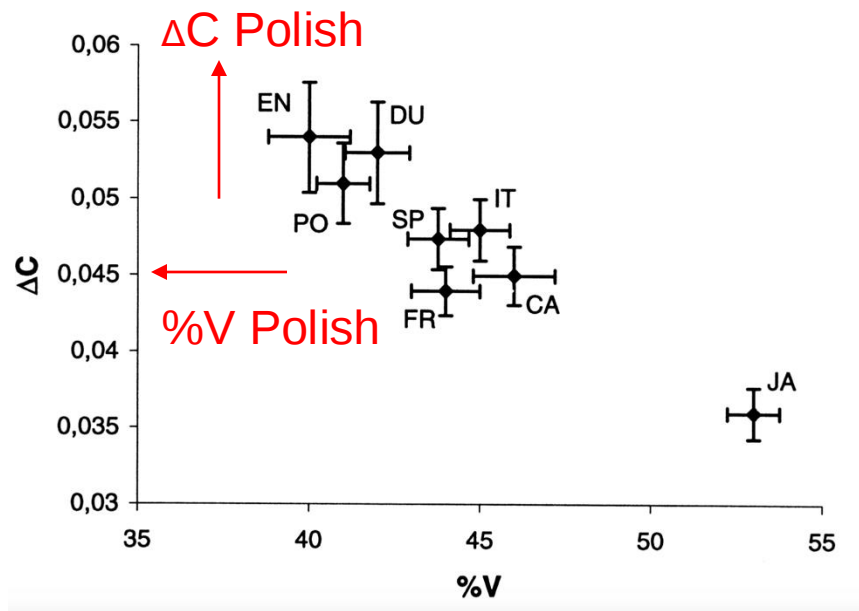
Segmentation protocol

Element	Rationale
Prepausal intervals	Arvaniti (2012)
Word- and utterance-final syllables	Contrary to Algethami & Helmuth (2023); following Grabe & Low (2002), White & Mattys (2007)
Vowel-initial glottal stops included in the CI in utterance- and word-medial contexts	To capture CLI
Creaky voice included in the VI	To capture CLI
Post-vocalic glides included in the CI	To capture CLI
The interval for initial voiceless stops was started at burst in both phrase- and word-initial contexts	To avoid capturing stop occlusion

Rhythm metrics

Rhythm metric	Definition	Reference
%V	Percentage of the total duration of VI	Ramus et al. (1999)
ΔV	SD of the duration of VI	Ramus et al. (1999)
ΔC	SD of the duration of CI	Ramus et al. (1999)
VarcoV	SD of the duration of VI divided by mean duration of VI and multiplied by 100	White and Mattys (2007)
VarcoC	SD of the duration of CI divided by mean duration of CI and multiplied by 100	Dellwo (2006)
RateOfSpeech	Number of actually pronounced phonemes per second	Van Dommelen (2006)

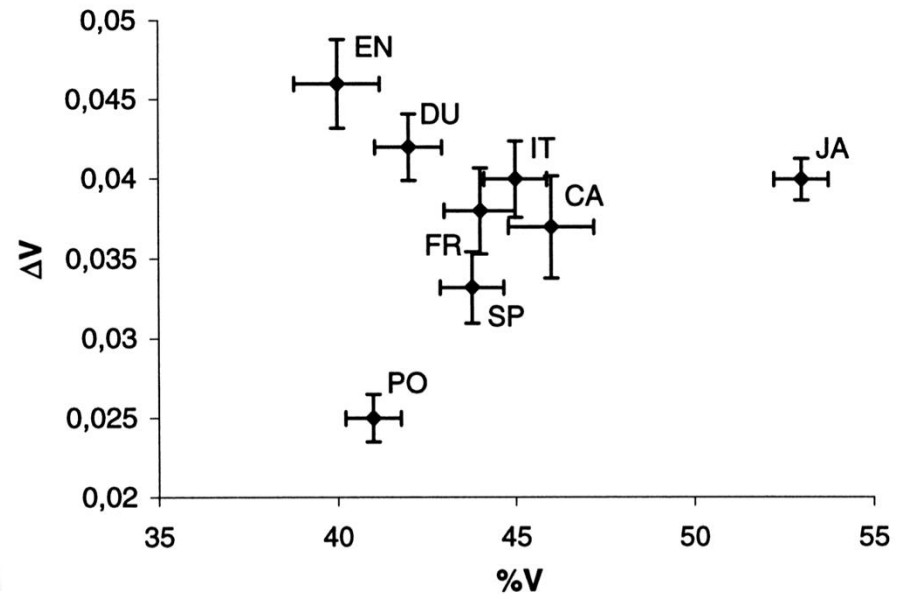
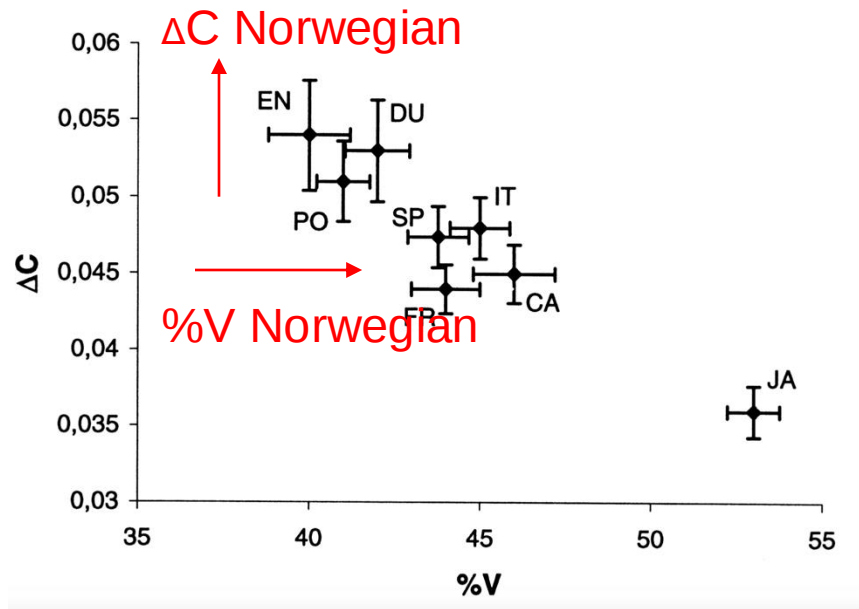
Rhythm in Polish and English



Ramus et al. (1999)

Mairano (2011)

Rhythm in Norwegian



Ramus et al. (1999)

Other Scandinavian languages in Mairano (2011)

Predictions

Cross-linguistic influence

- Compared to controls

Rhythm metric	L1 Polish	L2 English	L3 Norwegian	
%V	= ↑	= ↓	= ↓	Non-rate normalized
ΔV	↑	↓	↓	
ΔC	= ↓	= ↑	= ↓	
VarcoV	↑	= ↓	= ↓	Rate normalized
VarcoC	= ↓	= ↑	= ↓	
RateOfSpeech	= ↓	↓	↓	

Rhythm metric	Syllable-timed	Stress-timed
ΔV , ΔC , VarcoV, VarcoC	lower	higher
%V	higher	lower

Ramus et al. (1999)
Mairano (2011)

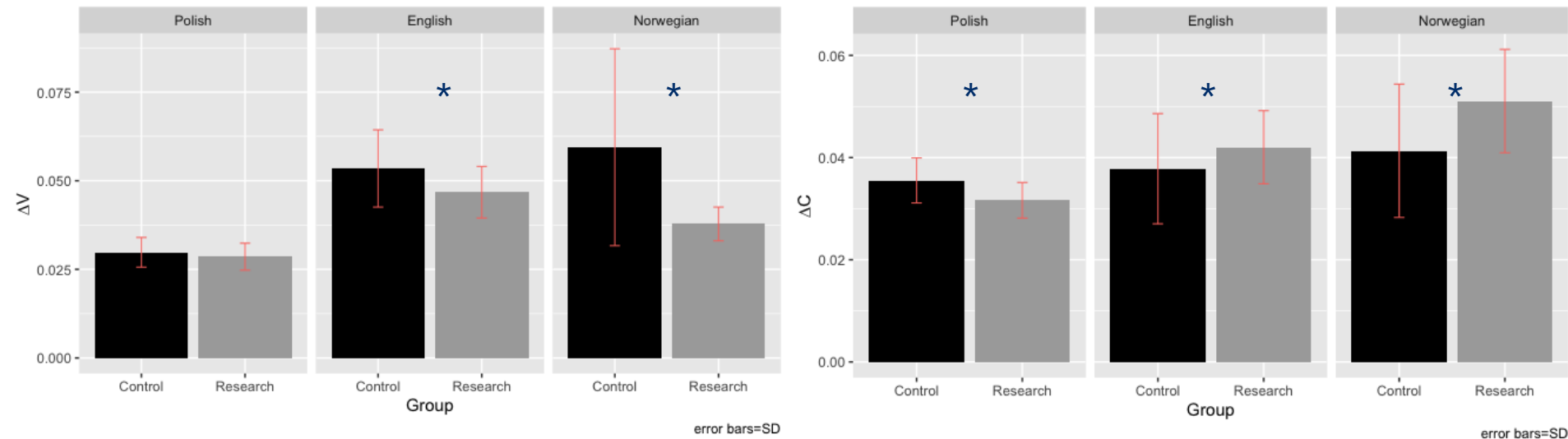


Statistical analysis

- Non-normally distributed data
- Mann-Whitney U tests

Results: ΔV and ΔC

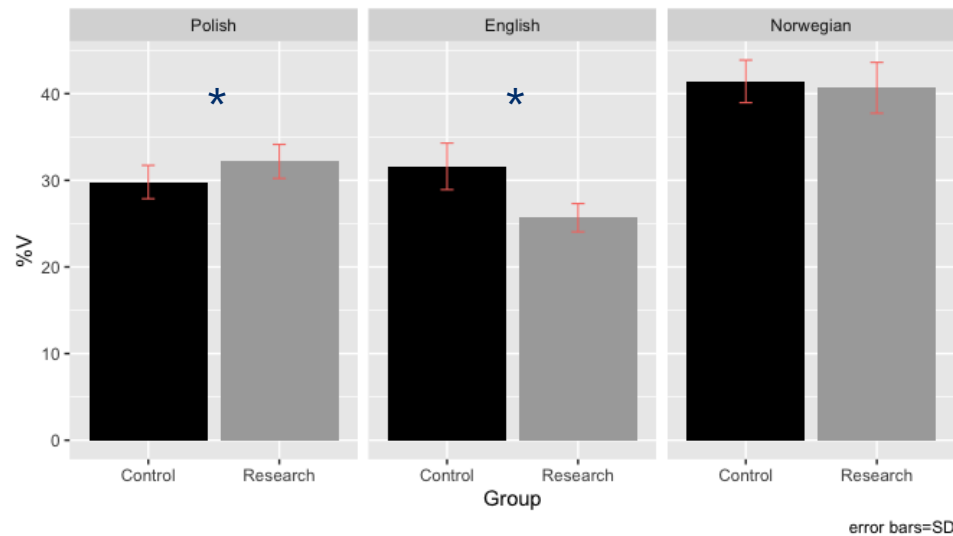
Rhythm metric	L1 Polish		L2 English		L3 Norwegian	
	Prediction	Result	Prediction	Result	Prediction	Result
ΔV	↑	=	↓	↓	↓	↓
ΔC	= ↓	↓	= ↑	↑	= ↓	↑



* <0.001

Results: %V

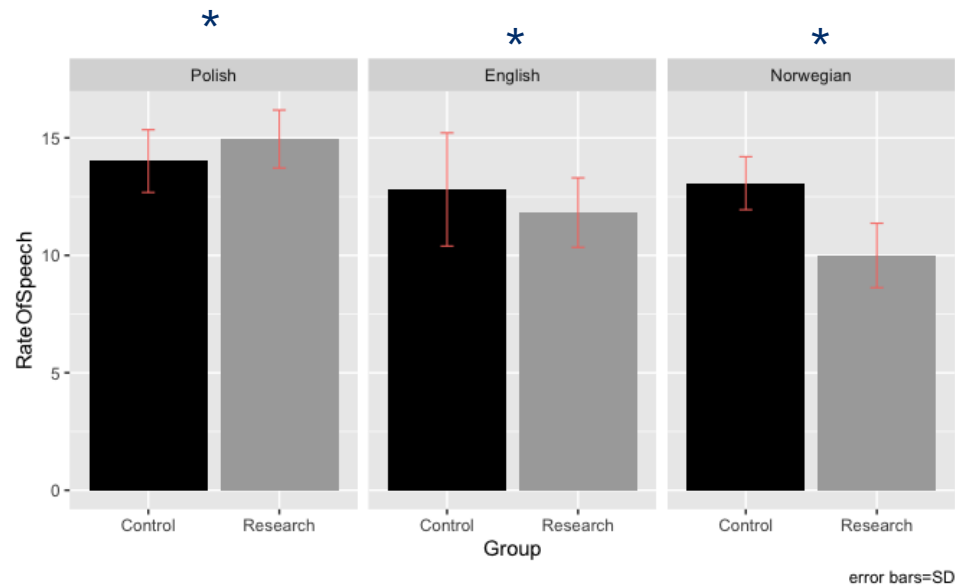
Rhythm metric	L1 Polish		L2 English		L3 Norwegian	
	Prediction	Result	Prediction	Result	Prediction	Result
%V	= ↑	↑	= ↓	↓	= ↓	=



* <0.001

Results: rate of speech

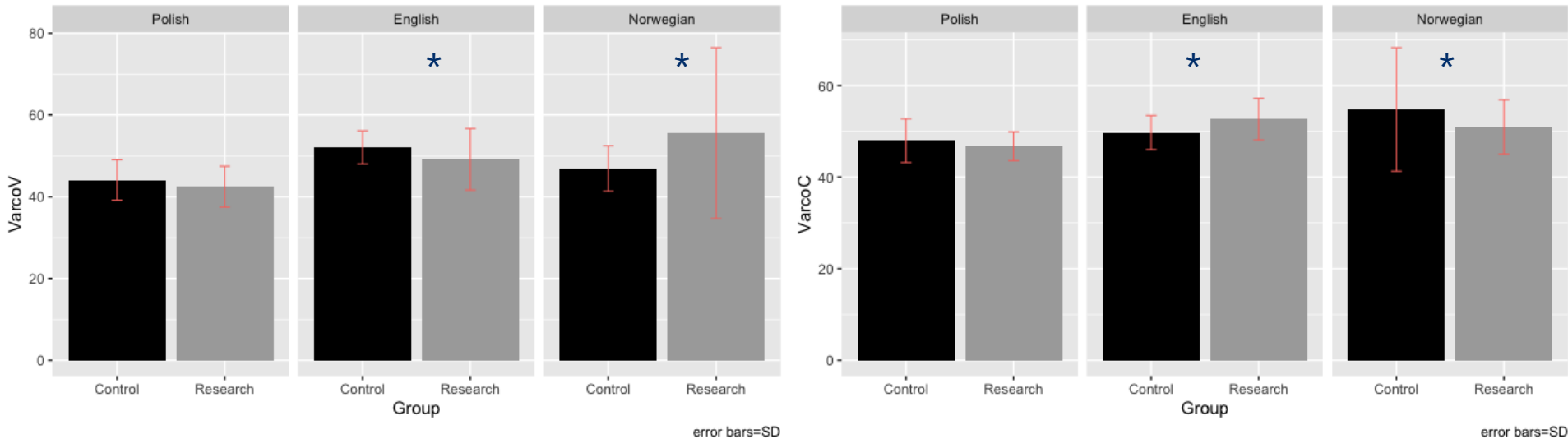
Rhythm metric	L1 Polish		L2 English		L3 Norwegian	
	Prediction	Result	Prediction	Result	Prediction	Result
RateOfSpeech	=	↓	↑	↓	↓	↓



* <0.001

Results: VarcoV and VarcoC

Rhythm metric	L1 Polish		L2 English		L3 Norwegian	
	Prediction	Result	Prediction	Result	Prediction	Result
VarcoV	↑	=	= ↓	↓	= ↓	↓
VarcoC	=	=	= ↑	↑	= ↓	↓



* <0.001



Discussion

- RQ1 : Are there differences in speech rhythm patterns produced by multilinguals when compared to controls for each language?

YES but only for the foreign languages



RQ2: What are the sources and manifestations of cross-linguistic influence in L3 Norwegian?

- **L3 Norwegian**
 - ΔV is lower and ΔC is higher than in the controls
 - slower rate
 - VarcoV and VarcoC are lower
 - %V is similar to the controls

} Different from L2 English
- Multilinguals do not vary vowel length as much as the controls
- Multilinguals may have problems with pronouncing some consonantal intervals -> sound-letter correspondences
- Although rate is slower, there are other reasons for different results.



RQ3: What are the sources and manifestations of cross-linguistic influence in L2 English?

- **L2 English**
 - ΔV is lower and ΔC is higher than in the controls
 - %V is lower than in the controls
 - slower rate
 - VarcoV is lower and VarcoC is higher
- Multilinguals **do not vary vowel length** as much as the controls
- They take more time to produce consonantal intervals -> %V is lower
- Although **rate is slower**, there are other reasons for different results.



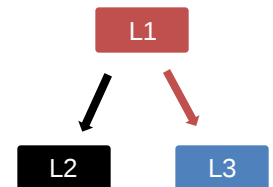
RQ4: Do the speakers experience L1 drift?

- **L1 Polish**
 - no differences in Δv
 - ΔC is lower than for the controls
 - %V is higher than for the controls
 - faster rate
 - rate normalized metrics don't show differences
- A lot of the differences are due to rate
- Consonantal clusters are articulated in a shorter time frame because of the faster rate -> greater %V
- No signs of L1 drift.

Study 1: Conclusions

- Differences in the speech rhythm patterns of each foreign language of the multilinguals when compared to the controls
 - less variation in vowel length
 - slower speech rate
 - L2 English more time to pronounce consonantal intervals
 - L3 Norwegian problems with sound-letter correspondences
- L3 Norwegian
 - L1 Polish influence in vowel length variations
- L2 English
 - L1 Polish influence in vowel length variations
- No L1 drift

CLI vs. L2/L3 target form





Study 2: Fluency

Previous research

- Body of research on similarities between L1 and L2 fluency (see Gao & Sun, 2024)
- **Peltonen and Lintunen** (2022) the only investigation into fluency in multilingual speakers
 - Pausing and speed fluency in L1 Finnish, L2 English speakers and Finnish-Swedish bilinguals speaking L3 English
- No statistically significant differences between the groups in their L1 Finnish and English
- The bilingual group produced more repetitions in L1 Finnish than the trilinguals
- Variability in Swedish in speech rate, articulation rate, silent pauses -> due to difference in proficiency level



Fluency study design

- The same group of multilingual speakers
- The same recording procedure
- Two tasks:
 - text reading
 - 20 sec of *The North Wind and The Sun*
 - extemporaneous speech
 - 20 seconds of impromptu speech

Aims

- To investigate **utterance fluency** across three languages of multilingual speakers in terms of breakdowns and speed
 - find correlations across languages
 - compare to native speakers of the languages
- To analyse the **effects of language** (L1, L2, L3) and **task** (text reading and extemporaneous speech)
 - focus on characterising (dis)fluency in the two foreign languages of the multilinguals



Extraction

- Pauses included filled and unfilled pausal elements
- Cut-off point for the pause duration established at 100ms (Goldman-Eisler 1961; Riazantseva 2001)
- Segment and pause durations extracted with the use of PRAAT scripts

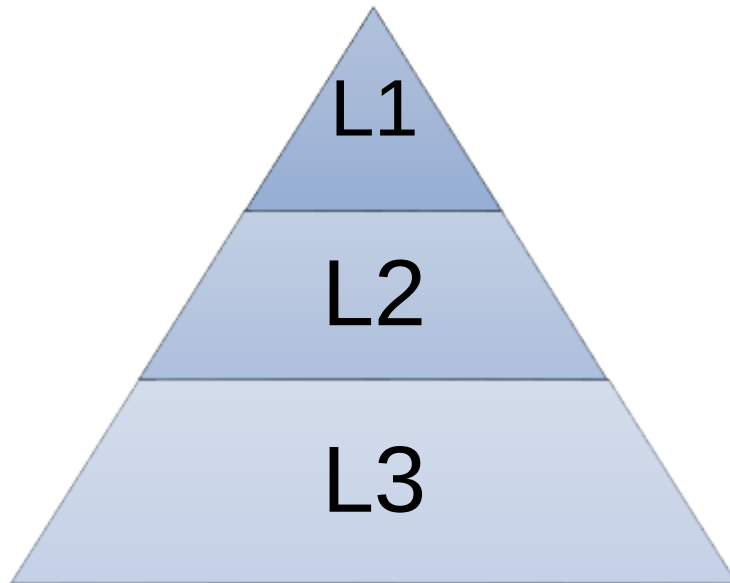
Fluency measures

Fluency measure	Operationalization
Mean length of run	Mean duration of speech measured from pause to pause
Rate of speech	Number of actually pronounced phonemes per second
Mean duration of pauses	Mean duration of pauses from the speech sample
Pause to speech ratio	Duration of pauses divided by the total duration of speech sample
Number of pauses per second	Number of pauses divided by the total duration of speech sample

Research questions and predictions

RQ 1: Are there differences in fluency across the languages of multilingual speakers?

language status ($L1 > L2 > L3$)



Fluency measure	Prediction
Mean length of run	$L1 > L2 > L3$
Rate of speech	$L1 > L2 > L3$
Mean duration of pauses	$L1 < L2 < L3$
Pause to speech ratio	$L1 < L2 < L3$
Number of pauses per sec	$L1 < L2 < L3$

Research questions and predictions

RQ 2: Are there differences in fluency across speaking tasks in multilingual speakers?

Fluency measure	Prediction
Mean length of run	TR>E
Rate of speech	TR>E
Mean duration of pauses	TR<E
Pause to speech ratio	TR<E
Number of pauses per sec	TR<E

TR - text reading; E - Extemporaneous

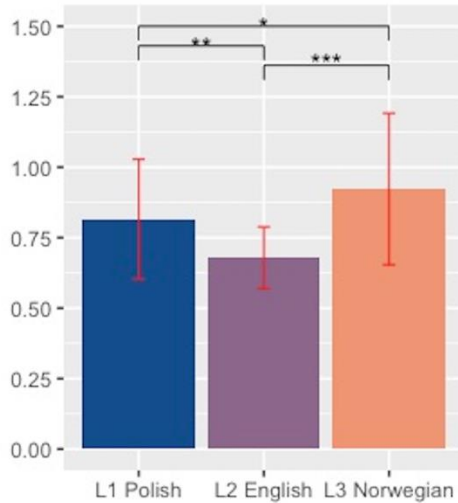


Statistical analysis

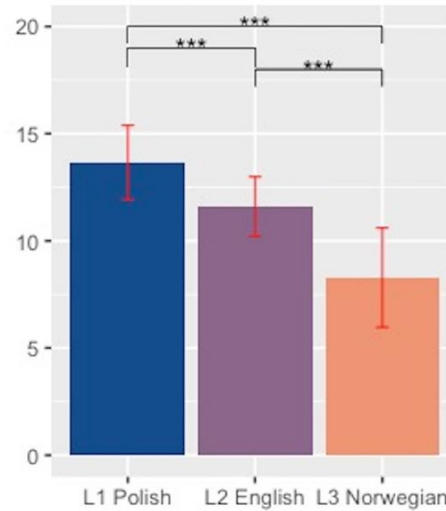
- Linear regressions
- Independent variables: task, language
- Dependent variable: fluency measure
- R Studio (2023) version 2023.6.1.524
- Post-hoc tests using the emmeans package (Lenth 2023)
- Effect sizes η_p^2
- Correlations
- Comparisons to controls

Results: Language effect

Mean length of run

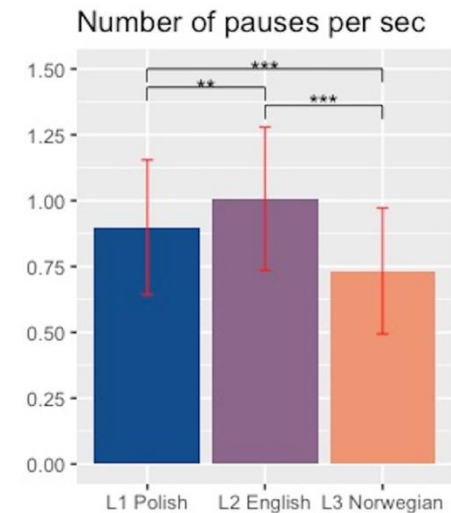
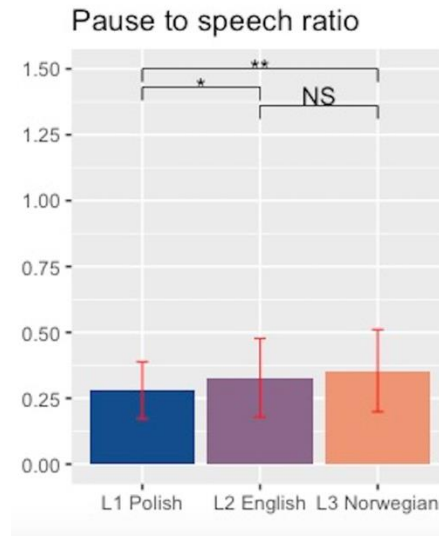
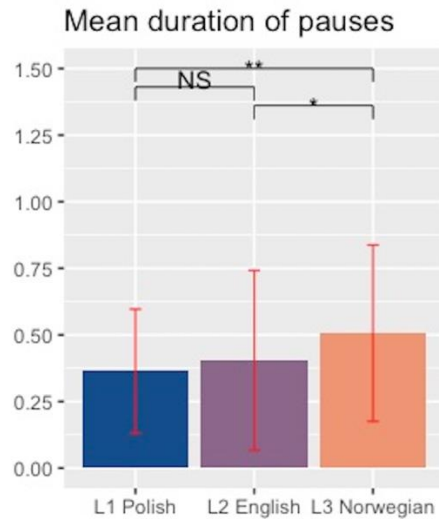


Rate of speech



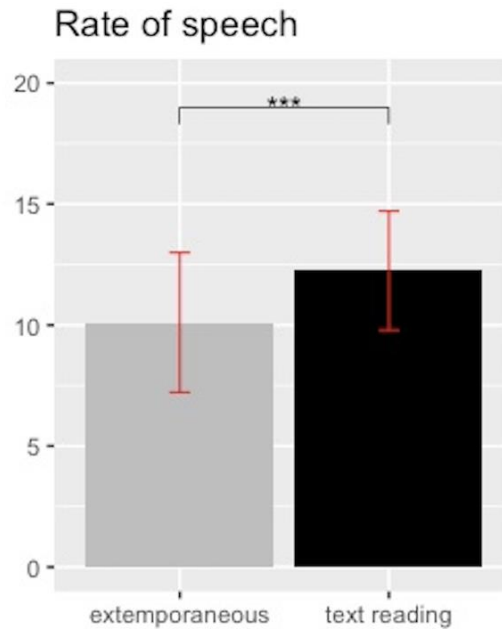
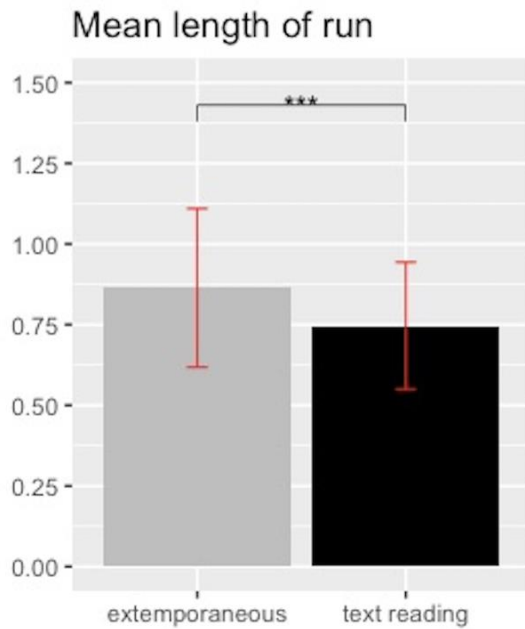
Fluency measure	Prediction	Result
Mean length of run	L1>L2>L3	L3>L1>L2
Rate of speech	L1>L2>L3	✓

Results: Language effect



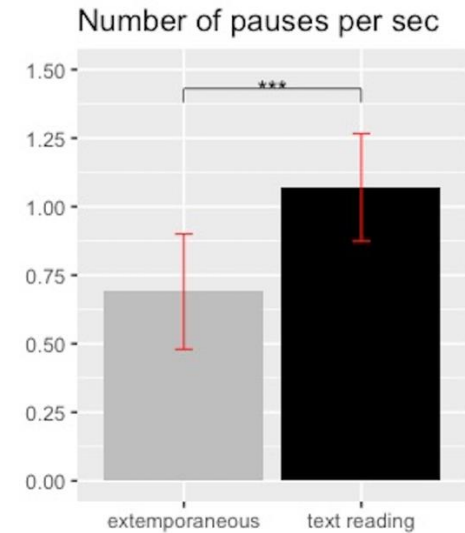
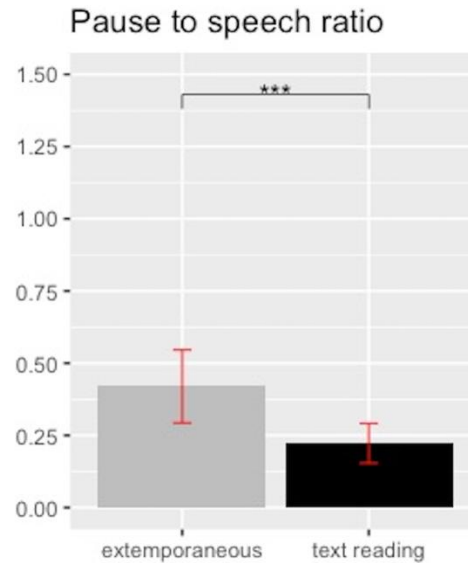
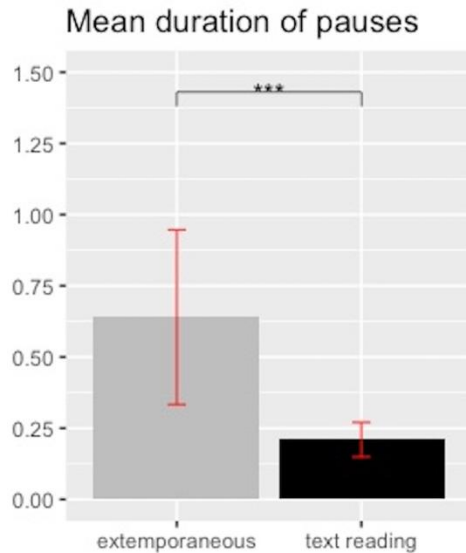
Fluency measure	Prediction	Result
Mean duration of pauses	L1<L2<L3	✓
Pause to speech ratio	L1<L2<L3	✓
Number of pauses per sec	L1<L2<L3	L3<L1<L2

Results: Task effect



Fluency measure	Prediction	Result
Mean length of run	TR>E	E>TR
Rate of speech	TR>E	✓

Results: Task effect



Fluency measure	Prediction	Result
Mean duration of pauses	TR<E	✓
Pause to speech ratio	TR<E	✓
Number of pauses per sec	TR<E	E<TR

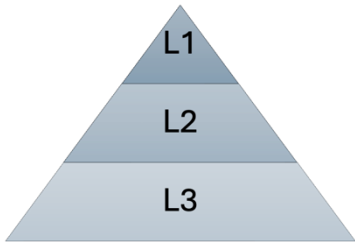


Discussion: Language effect

- Mean **duration of pauses** and pause to speech ratio **increased** with language status ($L1 < L2 < L3$)
 - the shortest pauses in L1 and the longest pauses in L3
 - more speech in the same time frame in L1 than in both foreign languages
- **Rate of speech decreased** with language status ($L1 > L2 > L3$)
 - the fastest speech in L1, the slowest in L3
- Mean **length of run** $L3 > L1 > L2$
 - the longest stretch of speech before making a pause in L3 and the shortest in L2
- **Number of pauses per sec** $L2 > L1 > L3$
 - fewer pauses in L3 than in L1 and L2

Discussion: Language effect

- Multilingual speakers demonstrate **different patterns of fluency** performance in their three languages
- Special status of L1
 - Multilinguals had the shortest pauses, produced the most speech in the given time frame and spoke the fastest in their native language when compared to their two non-native language
 - The shortest conceptualization and formulation stages in L1 and the speech production process is the most efficient
- Different configurations of fluency measures for the two foreign languages
 - An indirect relationship between fluency measures and language status for the foreign languages



Discussion: (Dis)fluency profiles



- (Dis)fluency profile for L3 Norwegian
 - a very long mean length of run and fewer but longer pauses
 - more preparation time and production of longer chunks prepared ahead or because they spoke slower
 - the lowest rate of speech and pause to speech ratio
 - the formulation and encoding of the preverbal message was difficult and less efficient in L3 Norwegian compared to the other two languages
 - low efficiency of the entire speech production process in the L3
- (Dis)fluency profile for L2 English
 - shorter mean length of run with many shorter pauses
 - the rate of speech was greater and the pause to speech ratio was lower in comparison to L3 Norwegian
 - shorter preparation time and shorter chunks of speech produced at a faster rate than L3 Norwegian

Discussion: Task effect

- Mean **duration of pauses** and **pause to speech ratio** were lower in TR than in E
 - shorter pauses while reading
 - more speech in the same time frame while reading
- **Rate of speech** was greater in TR than in E
 - reading was faster than the impromptu speech
- Shorter **mean length of run** with longer pauses for TR compared to E which is contrary to previous reports (e.g. Gut 2009)
 - Choice of text
 - Fable with short verses
- **TR** – text reading; **E** – extemporaneous speech

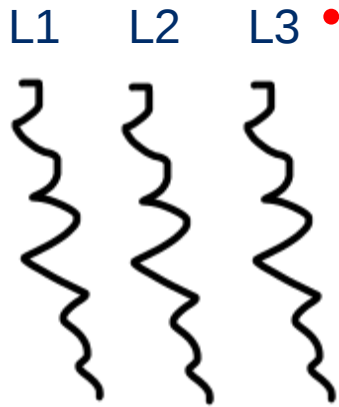


Discussion: Task effect

- Pausing has different purposes depending on the **mode of speech**
 - syntactic pausing in reading that reflects punctuation (Campione et al., 2002)
- Pausing behaviour reflects differences in the nature of speech production for different modes of speech
 - E requires time for conceptualization and formulation of the speech content than TR thus lower speech rate, longer pauses and higher pause to speech ratio (Eren et al. 2020)

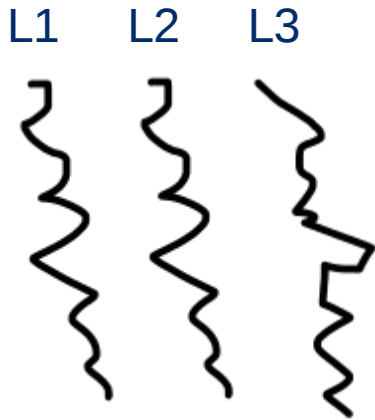


Fluency: relationship across all languages in a repertoire



- **Text reading:**

- a correlation for *pause to speech ratio* and *rate of speech* across all three languages
- **reading speed** is universal regardless of language (**speaker-specific**)



- **Extemporaneous speech:**

- correlations across L1 & L2: *number of pauses* and *mean length of run*
- correlations across L2 & L3: *pause to speech ratio* and *mean duration of pauses*
- **fluency** in extemporaneous speech is more **language-dependent**



Fluency: influence of L3 Norwegian on L1/L2

- Comparison to native speakers of Polish, English, Norwegians



- In **L1 Polish and L2 English** most measures for multilinguals are different than for controls
- In **L3 Norwegian** there is more similarity between multilinguals and controls
- L1 Polish and L2 English reveal influence of L3 Norwegian
 - apart from *rate of speech* and *pause to speech ratio*
 - but these two are more speaker-specific
 - they are less likely to undergo cross-linguistic influence

Pedagogical implications



Implications from fluency research

1. Implications for teachers/caretakers/learners:

- **foreign languages may have different disfluencies**
- **speaker-specific elements of fluency:** pause to speech ratio and speech rate are **universal** across languages in reading regardless of language
- reading is a speaker-specific ability -> boost reading skills
 - a) children
 - a) all languages starting with the native language
 - b) positive outcomes in the future and for all languages



Implications from fluency research

2. Implications for teachers and learners:

- **extemporaneous speech is overall less fluent** than reading in foreign languages and is more dependent on the language (less speaker-specific)
 - focus on extemporaneous speech in class
 - make space/room, provide conditions for students' own productions
 - also in classes of other languages than English



Implications from rhythm study

1. multilinguals with a syllable-timed L1 have a **difficult time with L2/L3 vocalic interval durations**
 - **incorporate phonological elements into curricula**, bearing in mind particular features of the foreign language and the native language
 - long/short vowel distinctions
 - unstressed vowel reductions
2. multilinguals have problems with sound-letter correspondences
 - **practice reading consonantal clusters**

Selected references

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LnNOR Corpus



LnNor Corpus

A spoken multilingual corpus of non-native and native
Norwegian, English and Polish



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Anna Balas, Kamil Kaźmierski, Sylwiusz
Żychliński, Justyna Gruszecka

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Repositories

AMURd repository
WA server

DOI

<http://dx.doi.org/10.60629/pmrh-p471>

<http://dx.doi.org/10.60629/bvw4-dd31>



LnNor Corpus: Statistics

Part 1 2021-2022



1056
annotated files



78
speakers



34
hours of speech

Part 2 2023-2024



1727
annotated files



164
speakers



67
hours of speech



Tutorial

<https://www.youtube.com/watch?v=4KpfrliuKeg>

LnNor Corpus

a step-by-step guide to using the data



ADIM

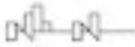
Across-domain Investigations in Multilingualism



MultiBridge

Center for Language Acquisition

Iceland
Liechtenstein
Norway grants



Norway
grants



Dziękuję! Thank you!

Tusen takk!



Norway
grants



Iceland
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WHEN LANGUAGES MEET

A PODCAST FOR
PEOPLE INTERESTED IN
LANGUAGES AND
MULTILINGUALISM

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