

A Novel VR Task for Poststroke Visuospatial Neglect: Co-Design & Early Experiences

Andrew Danso

Centre of Excellence in Music, Mind, Body and Brain (MMBB)

Department of Music, Art & Culture Studies

University of Jyväskylä

andrew.a.dansoadu@jyu.fi



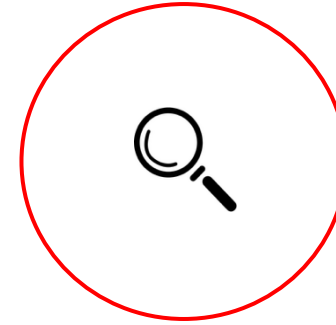
Why VR: Systematic Reviews & Meta Analysis / Miksi virtuaalitodellisuus: systemaattiset katsaukset ja meta-analyysi



An effective tool for
assessment &
rehabilitation.



Effective vs.
conventional rehab
for walking, speed,
balance & mobility.



Meta analysis shows
significant benefits
for VR +
conventional rehab
for upper limb
training.

Solution: Co-Designing a Patient-Centred Tool



Premius
KUNTOUTUS

Original Paper

Development and User Experiences of a Novel Virtual Reality Task for Poststroke Visuospatial Neglect: Exploratory Case Study

Andrew Danso¹, PhD; Patti Nijhuis¹, PhD; Alessandro Ansani¹, PhD; Martin Hartmann¹, PhD; Gulnara Minkkinen², MA; Geoff Luck¹, PhD; Joshua S Bamford¹, PhD; Sarah Faber^{3,4}, PhD; Kat R Agres⁵, PhD; Solange Glasser⁶, PhD; Teppo Särkämö^{1,7}, PhD; Rebekah Rousi⁸, PhD; Marc R Thompson¹, PhD

¹Centre of Excellence in Music, Mind, Body and Brain, University of Jyväskylä and University of Helsinki, Jyväskylä and Helsinki, Finland

²Department of Music, University of Jyväskylä, Jyväskylä, Finland

³Simon Fraser University, Burnaby, Canada

⁴University of Toronto, Toronto, ON, Canada

⁵Centre for Music and Health, Yong Siew Toh Conservatory of Music, National University of Singapore, Singapore, Singapore

⁶Melbourne Conservatorium of Music, The University of Melbourne, Melbourne, Australia

⁷Cognitive Brain Research Unit, Department of Psychology, Faculty of Medicine, University of Helsinki, Helsinki, Finland

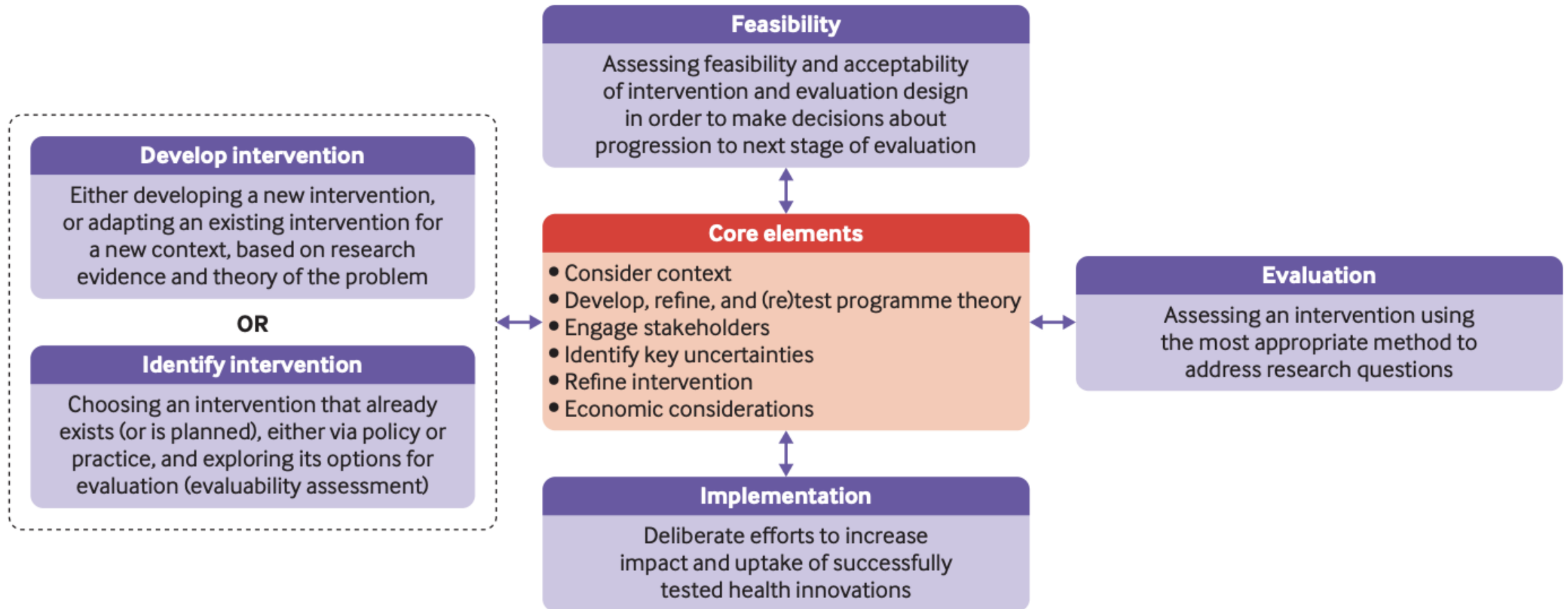
⁸School of Marketing and Communication, Communication Studies, University of Vaasa, Vaasa, Finland

Corresponding Author:

Andrew Danso, PhD
Centre of Excellence in Music, Mind, Body and Brain
University of Jyväskylä and University of Helsinki
Seminaarinkatu 15, Jyväskylän yliopisto
Jyväskylä and Helsinki PO Box 35, FI-40014
Finland
Phone: 358 406643034
Email: andrew.a.dansoadu@jyu.fi

Uuden virtuaalitodellisuustehtävän kehittäminen ja käyttäjäkokemukset aivohalvauksen jälkeisen visuospatiaalisen neglectin kuntoutuksessa: eksploratiivinen tapaustutkimus

Medical Research Framework for complex interventions



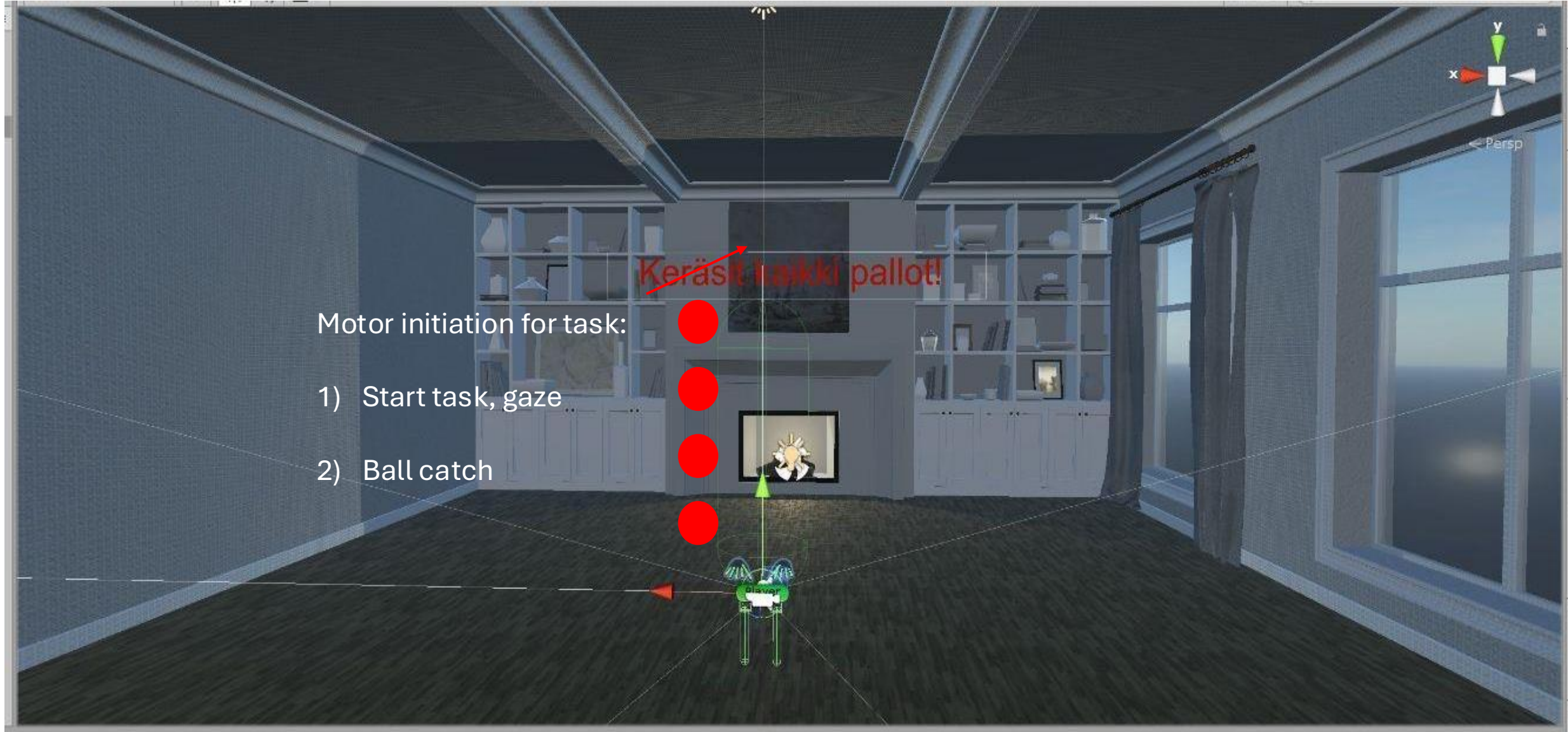
Unity 3D Virtual Room Design



Unity 3D Virtual Room Design



Unity 3D Virtual Room Design



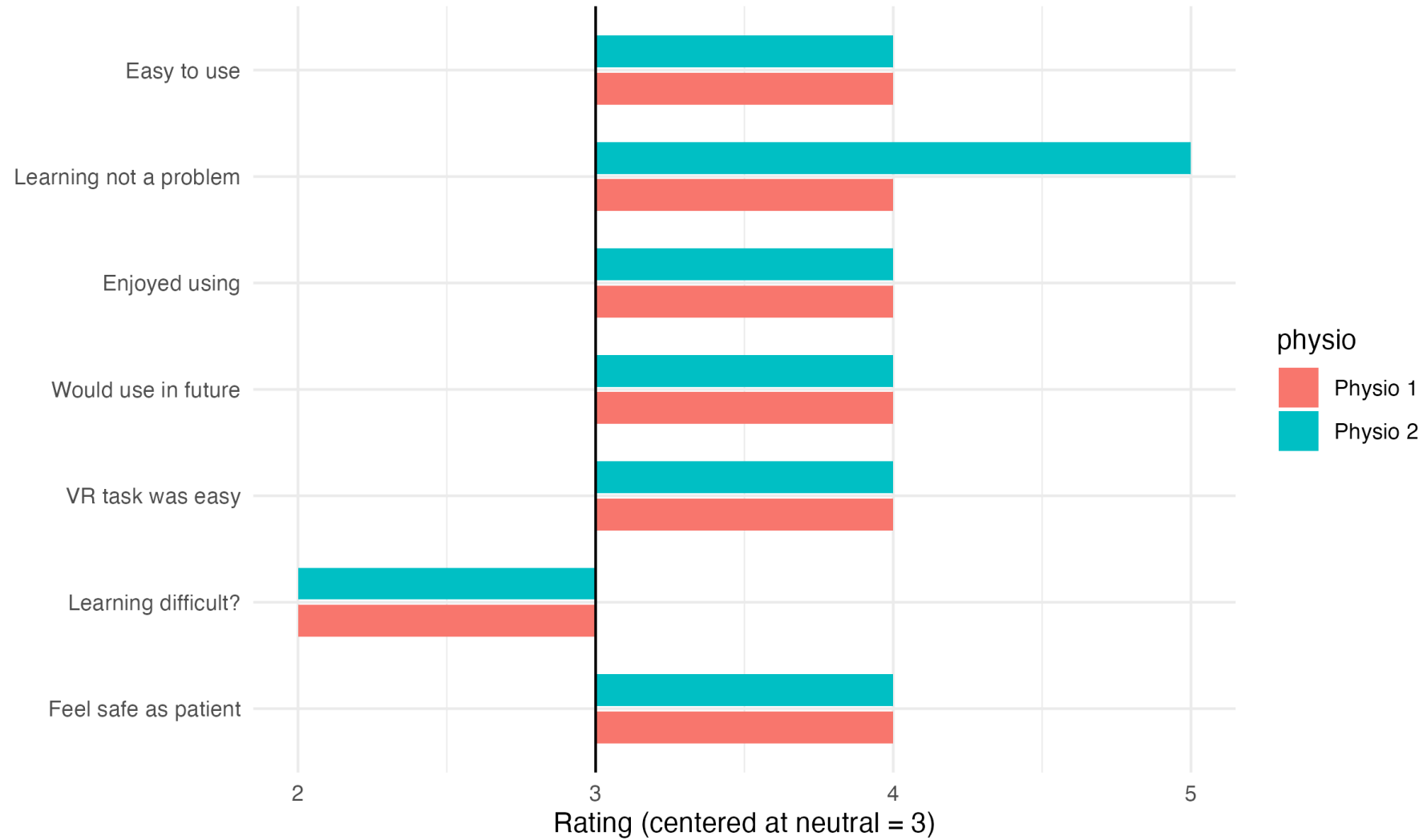
Directional Cues / Suuntaavat vihjeet

Cue / Suuntaavat vihjeet =



Initial usability results with Premium physiotherapists'

Questionnaire results from 2 trainee physiotherapists.



Likert rating 1 – 5

Patient Test Results

Patient A

Male

46 Years old

Visuospatial Neglect, received VR Intervention 1 year after the stroke (in 2022).

Functional capacity:

Mobile with an electric wheelchair or manual wheelchair.

Toimintakyky:

Liikkuu sähköpyörätuolilla tai manuaalisella pyörätuolilla.

Activities of Daily Living Score = 70

Patient B

Female

37 Years old

Neglect symptoms, received VR Intervention 4 years after the stroke (in 2022).

Functional capacity:

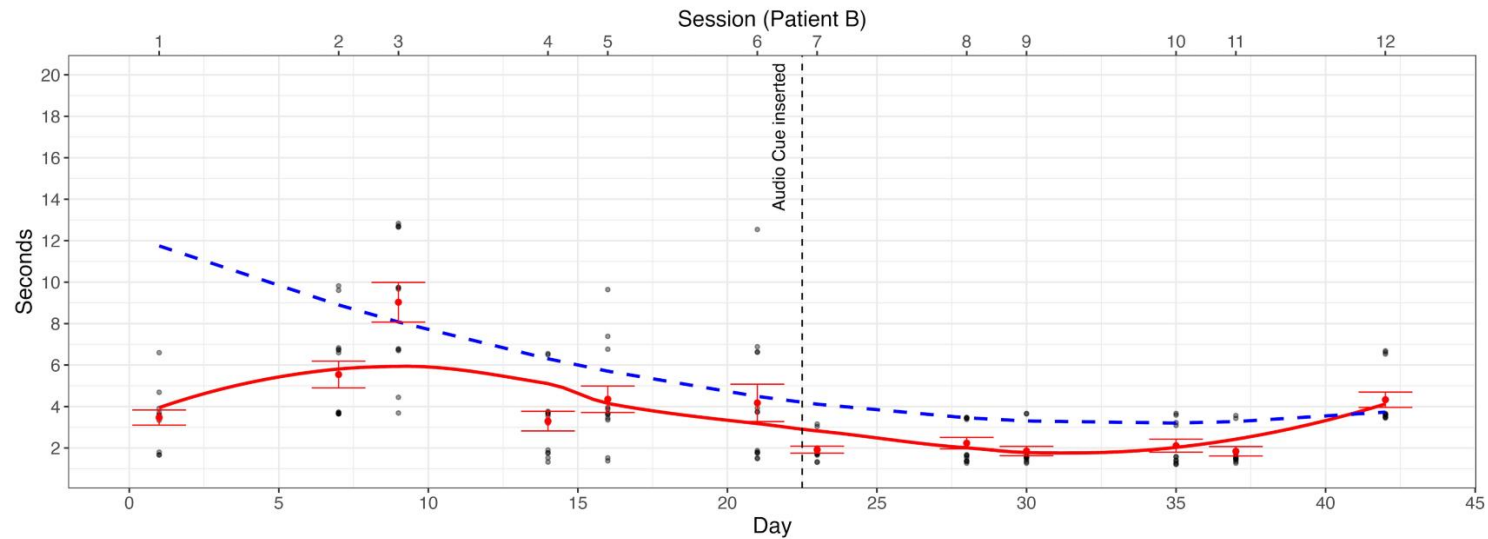
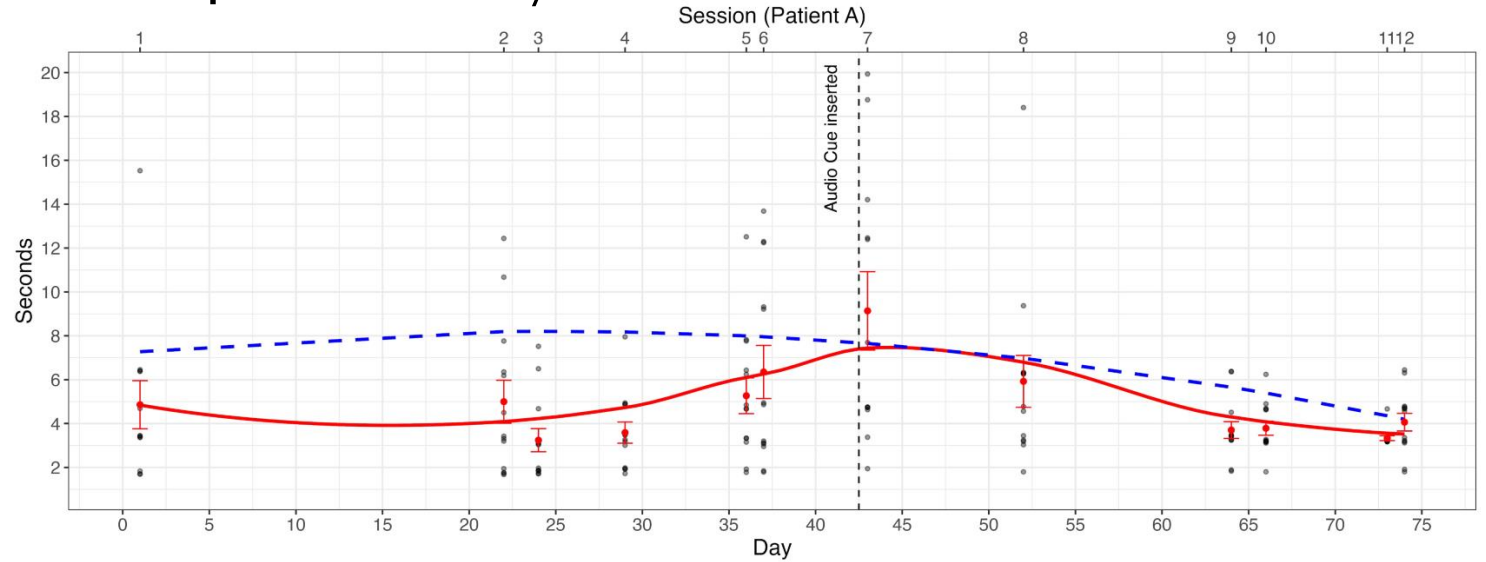
Fully mobile and walking with a walking stick.

Toimintakyky:

Täysin liikuntakykyinen ja kävelee kävelykepin avulla.

Activities of Daily Living Score = 95

Patient VR Task Completion Time / Potilaan virtualitodellisuustehtävän suoritus aika



Blue: Quadratic model prediction | Red: LOESS smoother

Patients' Subjective Experience / Potilaiden subjektiiviset kokemukset

Patient A / Potilas A



“No difference in my condition”

“The VR task was fun and interesting”

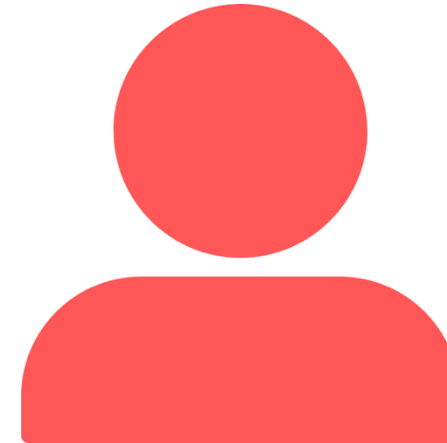
“The rehabilitation experience was different from my normal physiotherapy experience”

“Tilassani ei ollut eroa.”

“VR-tehtävä oli hauska ja mielenkiintoinen.”

“Kuntoutuskokemus oli erilainen verrattuna tavalliseen fysioterapiakokemukseeni.”

Patient B / Potilas B



“Shifting weight to the left at the end of the period was easier, and slightly more successful”

During this period, I started walking without support, without a walking stick”

“Walking has become more confident”

“Painon siirtäminen vasemmalle jakson lopussa oli helpompaa ja hieman onnistuneempaa.”

“Tänä aikana aloin kävellä ilman tukea ja ilman kävelykeppiä.”

“Kävelemisestä on tullut varmemman tuntuista.”

Future Directions

A healthcare professional in a black uniform is assisting a patient in a blue floral-patterned gown. They are in a bright, modern clinical or hospital setting with large windows in the background. The professional is holding the patient's arm, possibly demonstrating a procedure or providing support. The overall atmosphere is professional and caring.

The system was feasible and safe to use.

Both patients reported a positive experience.

Unintended benefits: The audio cue provided a calming effect.

Future Directions

One size does not fit all patients: A story of 2 different trajectories.

Patient profiles matter: Different outcomes between Patient A & B may influence outcomes from VR-based training.

Large scale testing, full scale RCT or crossover, comprehensive functional measures.

Objective eye-tracking measures.

References

Danso, A., Nijhuis, P., Ansani, A., Hartmann, M., Minkkinen, G., Luck, G., Bamford, J. S., Faber, S., Agres, K. R., Glasser, S., Särkämö, T., Rousi, R., & Thompson, M. R. (2025). Development and User Experiences of a Novel Virtual Reality Task for Poststroke Visuospatial Neglect: Exploratory Case Study. *JMIR XR and Spatial Computing*, 2, e72439–e72439.
<https://doi.org/10.2196/72439>

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Reel-Example: Hemineglect: https://www.youtube.com/watch?v=FII7GsBHok8&ab_channel=InstantNeuro

Skivington, K., Matthews, L., Simpson, S. A., Craig, P., Baird, J., Blazeby, J. M., ... & Moore, L. (2021). A new framework for developing and evaluating complex interventions: update of Medical Research Council guidance. *bmj*, 374.

Virtual Reality in Physical Therapy by Neuro Rehab VR - Clip from the show Information Matrix TV:
https://www.youtube.com/watch?v=xGfsAnWu5os&ab_channel=NeuroRehabVR