

Guidebook of the 2nd European Biblio/Poetry Therapy Conference 2025

Exploring new dimensions of biblio/poetry therapy

2 - 4 October 2025



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Welcome!

Dear Conference Participant,

We're excited to welcome you to the **2nd European Biblio/poetry Therapy Conference**, hosted by the University of Jyväskylä. The conference will take place on October 2nd-4th in Jyväskylä, Finland. Enjoy the conference! We hope you make new connections, expand your personal and professional networks, and catch up with dear colleagues and close friends. Please visit the Conference Website for further information: www.jyu.fi/poetrytherapy2025

E-mail: poetrytherapy2025@ju.fi

Conference participation guidelines

Before the conference

You may enroll in **two workshops**. The registration for the workshops will open on **September 29th** on the conference web pages: www.jyu.fi/poetrytherapy2025

How to get there

The conference will take place on the University of Jyväskylä campus, near the city center. You can arrive in Jyväskylä by train, bus, or airplane. Please note that if you arrive by plane at Tikkakoski Airport, there is no public transportation available. You can order a taxi beforehand: <https://jytaksi.fi/en/> or download the JYTAKSI app or Uber app.

For parking on JYU campuses, the **eParking** application is used. You can find more information about parking areas and prices on our campuses as well as instructions for using the application from the university's website <https://www.jyu.fi/en/about-us/maps-and-visitor-information/parking-on-jyu-campuses>.

Useful websites

- You can find information about the campus and how to get there: <https://www.jyu.fi/en/about-us/maps-and-visitor-information>
- The official travel guide of the Jyväskylä (hotels, restaurants etc.): <https://visitjyvaskyla.fi/en/>
- Public transport in Jyväskylä, *LINKKI*: <https://linkki.jyvaskyla.fi/en>
- Taxi: You can book your taxi either by phone +358 0100 6900 or with the *JYTAKSI* mobile app: [App Store](#) or [Google Play](#)
- Trains: long-distance and local in Helsinki (tickets etc.): <https://www.vr.fi/en>

Destinations from Seminaarinmäki (Main Building and Seminarium) by walking:

- to City Centre 1 km
- to Jyväskylä Travel Centre (railway station) 1.5 km
- to Vesilinna 1 km
- to Agora building 1 km
- to Hotel Alba 1 km (next to Agora and Mattilanniemi Campus)
- to Hotel Milton 1.4 km

Conference venues

The conference will take place in three buildings:

- **Agora (Ag)** – Mattilanniemi Campus (**opening ceremony**)
- **Main Building (C)** – Seminaarinmäki Campus
- **Seminarium (S)** – Seminaarinmäki Campus

The Main Building and Seminarium are located near each other. Agora is approximately 2 km from the city center. **Bus number 5** runs between the city center and Agora. You can check the bus timetable here:

www.jyvaskyla.digitransit.fi

Conference registration & information desk:

Please don't hesitate to reach out to the staff at the registration and information desk for any inquiries about venue facilities, the conference programme, social events, or general questions or issues. The information desk provides information and material related to the conference (maps, conference program etc.). There is always a conference assistant available at the information desk. Our team is here to ensure that your attendance at the conference is a pleasant and rewarding experience. The information desks and registration are available:

- **Oct 2, 2025: Agora (Ag)**
- **Oct 3, 2025: Main Building (C)**
- **Oct 4, 2025: Seminarium (S)**

During the conference

During presentations, we kindly ask that all attendees refrain from entering or leaving the session room once the presentation has started and to remain in the room until the presentation has concluded. If you need to leave, we suggest doing so during the presenter changeover to minimize disruption. It's important to be punctual for all sessions, and if you need to have a conversation, we ask that you step out of the room to avoid disturbing the presenter or other attendees. Additionally, we request all participants to keep their cell phones on silent mode. If you must take or make a call, we ask that you kindly step out of the room to minimize distractions for others.

Conference assistants are ready to answer questions and help you with practical matters. You will recognize them from **blue T-shirts** with the University of Jyväskylä logo on them.

The conference provides a wireless network. Login info is available in the session rooms.

Non-smoking and fragrance-free workplace policies: Avoid using fragrances. JYU fosters a healthy work and study environment and promotes the well-being of the members of the university community by encouraging everyone to follow the non-smoking and fragrance-free workplace policies. Everyone can limit their use of different fragranced products, for example, by reducing the use of perfumes and after shave lotions.

Finnish tap water: Finland is known for having some of the highest quality tap water in the world. Studies have found that the tap water in Finland is not only completely safe but also remarkably clean, often

surpassing the quality of bottled water. As a result, it is safe and enjoyable to drink tap water throughout Finland.

Weather in Finland in October: October temperatures range from **5–15°C** and weather can change rapidly. It may be rainy, so dress in layers and check the forecast each morning.

Guidelines for participating the sessions

You will find signs to the conference rooms, and the name of each session is on the door of the room.

Presentations will last **20 minutes** and there will be **10 minutes** for questions. Please arrive at the latest **5 minutes** before the session starts.

The workshops last **90 minutes**. Please arrive at the latest **10 minutes** before the workshop starts. The workshops require registration beforehand. **If the workshop you'd like to attend is full, you may go to the room 5 minutes before the session and ask the facilitator whether there have been cancellations.**

Speaker and presentation guidelines

Each **paper session** will comprise two to four papers, which will be thematically grouped by the organizing committee. **Please double-check your presentation time from the programme.** Each paper will be allocated 20 minutes for presentation and 10 minutes for short discussion for each paper. In each room, in which paper sessions will take place, a computer, digital projector, and internet access will be provided. **Please send your presentation in PDF or PowerPoint format to Lotta Enroth (harjoittelija-mutku@jyu.fi) by September 28th.** Student volunteers will upload the presentation onto the session room's computer in the morning of the presentation day. Please arrive at the session room at least 10 minutes before the start of the session.

Guidelines for workshop facilitators

Workshops sessions are scheduled for 90 minutes. **Please double-check the time of your workshop from the programme.** The maximum number of participants is 17 people. Student volunteers will be available in workshop rooms to assist with your arrangements. Please arrive at the session room at least **10 minutes** before the start of the session so that we can customize the tables for your needs. Each workshop room has a computer, whiteboard, pens and paper. **If you would like the workshop instructions or other materials to be projected onto the screen for participants to see, please send them in PDF format to Lotta Enroth (harjoittelija-mutku@jyu.fi) by September 28th.** Student volunteers will upload the material onto the workshop room's computer in the morning of the presentation day. If your workshop requires a reduced group size or certain special requests, for example coloured pencils or other utensils, please contact the organizing committee poetrytherapy2025@jyu.fi as soon as possible.

Session chair guidelines

Each session will have a chair. Before the session chairs may ask the presenter to send a short introduction of themselves.

At the beginning of the session, the chair is expected to provide a brief introduction, stating the session title and duration. The primary responsibilities of the session chair include:

- Introduce the speakers by name and then announce the talk title.
- Ensure smooth sessions.
- Keep the schedule according to the overall program.

Before starting the session, the chair should:

- Confirm with the assistant that the device is working properly. If you encounter any issues, please don't hesitate to approach the assistants stationed near the conference rooms. They are readily available to provide assistance and support to help resolve any problems that may arise.
- Invite the speakers to sit in the front row to facilitate a quick handover.

At the end of the session, the chair should:

- Thank all the participants and the audience, and formally announce that the session is closed.

If you are a chair for a session, it's important to review the conference programme to confirm the time and place of your session. Please arrive at least 10 minutes before the scheduled start time. It's crucial to adhere to the published schedule and ensure that presentations stay within the allotted time. Assistants will manage timekeeping using **1-minute** and **3-minute** warning signs. After each presentation, allow **10 minutes for questions**, or **30 minutes** for all at the end.. These notes are intended to signal to the presenter when the final minutes of their speaking slot are approaching. At the end of each presentation there will be 10 minutes' time for questions, or 30 minutes for all presentations at the end of the session. Questions should primarily come from the audience. However, as the chair, it's recommended that a couple of questions be prepared in case no audience questions are raised. Please refrain from asking questions if the presenter has used all their time.

Reception, lunch and dinner

Lunch

- Friday's lunch buffet will be available at the Tilia restaurant (T building). You will be given one lunch ticket for Friday. The ticket must be presented to the restaurant at the time of payment. The lunch menu will feature a variety of healthy meal options. See the lunch menu below:
 - [Ravintola Tilia - Semma.fi](#)
- On Saturday, the only restaurant open in the campus area is Tiede restaurant in Lähde library (B). There are lots of other restaurants nearby outside the campus area.

Welcome reception

- The welcome reception is set to take place on Thursday, October 2nd at Agora building (Ag). The event will kick off at 19:15 and conclude at 21:00.

Conference dinner

- The conference dinner will be held on Friday October 3rd from 19:00 to 21.30 at Vesilinna restaurant (Ihantolantie 5). **If you'd like to walk to the dinner together, meet in front of the Main Building (C) at 18:40, and we will walk to Vesilinna as a group.**

Code of conduct & safety

The conference is committed to provide the best possible circumstances in which participants can positively and safely share their research and exchange their ideas. We value and respect all people. Each participant has the right to equal, non-discriminating and respectful treatment, regardless of their age, origin or nationality, language, religion, beliefs, culture, opinions, political activity, trade union membership, family relations, health, disability or functional capacity, sexual orientation, gender, gender identity, gender expression, or other factor related to their person. The conference will not tolerate vilification, abuse, or harassment in any form. Anyone asked to stop unacceptable behaviour is expected to comply immediately.

The conference and University of Jyväskylä complies with valid national laws and decrees, as well as the regulations, guidelines and agreements that apply to our operations.

We expect all participants to follow this Code of Conduct during the conference. We are aware that cultural or any other differences may cause misunderstandings, but we do expect all participants to be both polite and proactive, and to ensure a pleasant conference experience for everyone.

In the unpleasant situation you feel unsafe or harassed, notice that someone else is being harassed, or have any other concerns, contact our Safe Conference Care Team by email poetrytherapy2025@jyu.fi

The health and safety of everyone who attends the conference is our top priority, and the conference will be held in a safe and clean environment. We are carefully tracking all the latest health and safety regulations, guidelines, and recommendations. The general emergency number in Finland is **112**. When the question is about a life-threatening situation, react quickly and immediately call the emergency number **112**. You can call this number if you need an ambulance or police or help in case of a fire, traffic accident or other accident. Get familiar with the most important first aid instructions of the Finnish Red Cross.

Thank you for contributing to a safe conference!

Map of the Campuses

