

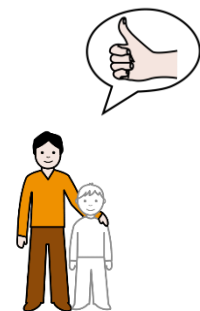
Information about the study



Researchers from the University of Jyväskylä and JAMK University of Applied Sciences are conducting a study on motor skills and well-being.



Your parent or guardian has said that it is okay for you to take part in the study.



Taking part in the study means that...

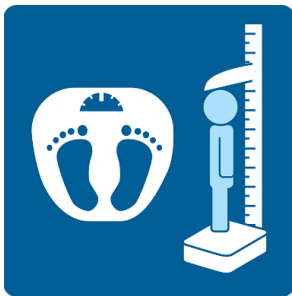
- ✓ You do not need to be able to do everything. The most important thing is that you try your best.
- ✓ You will get to do different activities and tasks together with a researcher (see the pictures below)



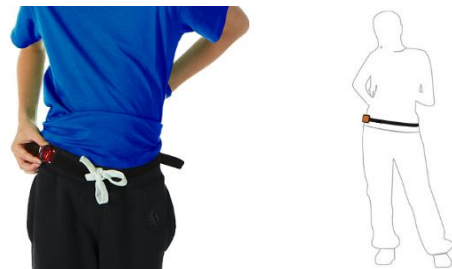
Functional ability measurements



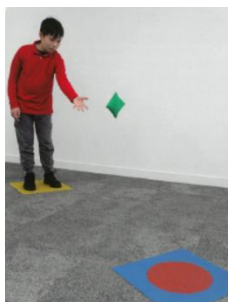
Physical fitness measurements



Height and weight measurements

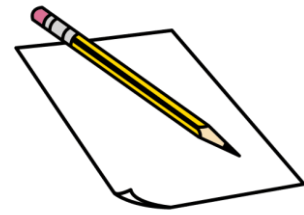


Wearing an activity monitor for one week (ActiGraph) for some participants



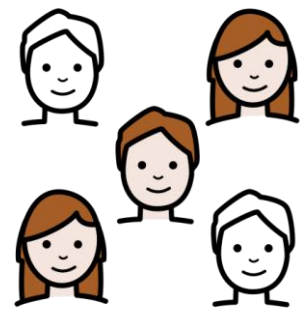
A motor skills assessment for a small number of participants who will be invited separately

The researchers would also like to learn about how you are doing and what kind of things you enjoy. To do this, you will be asked to complete questionnaires during a school lesson.



If participating in the study causes any problems or discomfort, you can stop taking part at any time.

Your information will be handled very carefully. No one except the researchers will be able to see your research data.



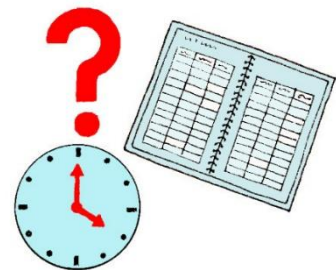
At the end of the study, the researchers will write reports and scientific publications about the results.



You cannot be identified from any published results.



In the future, several years from now, you may be asked whether you would like to take part in a follow-up study.



THANK YOU FOR YOUR HELP!



Sources of the images, in order of appearance:

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC

ActiGraph GT3X+ / Jouni Kallio / Liikkuva koulu

Y-FIT / https://www.youtube.com/watch?v=RAuE5Uwu_T8

KTK3+ / <https://www.youtube.com/watch?v=sV2HDz6BAUc>

Henderson & Barnett / MABC-3 Test manual.

Papunet.net: Sclera, muokkaus Tapa-projekti, Savas ja Mainostoimisto Ad Kiivi Oy

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC

Papunet.net: Sergio Palao / ARASAAC, muokkaus Papunet

Papunet.net: Elina Vanninen

Papunet.net: Sergio Palao / ARASAAC, muokkaus Papunet